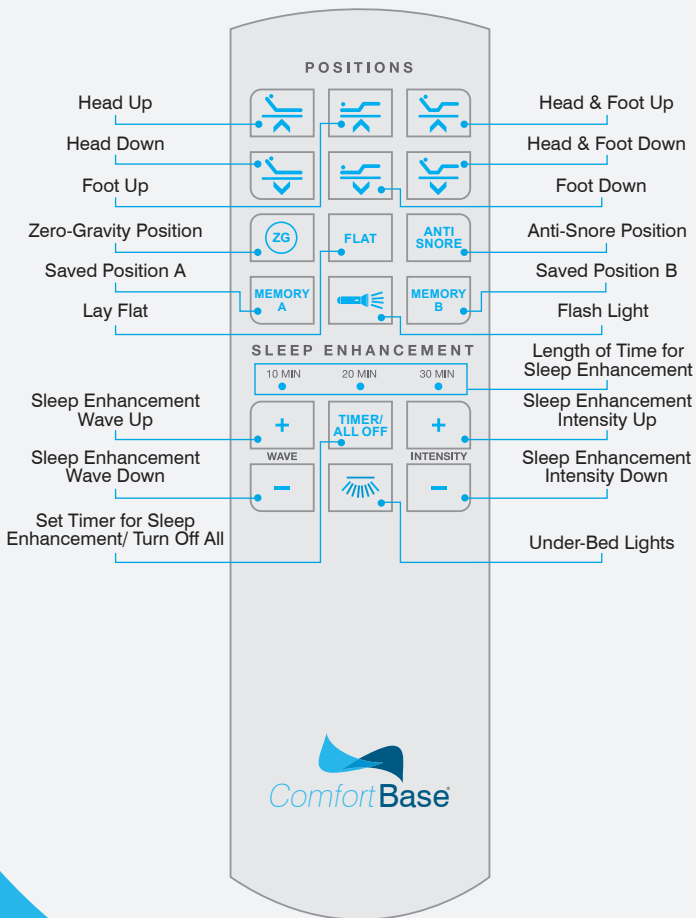


GRAND



REMOTE FUNCTIONS



Zero Gravity Position

When you lie flat on your back you put pressure and tension on your spinal column and back muscles. By laying or sleeping in Zero Gravity position you relieve this tension and pressure, improving circulation and comfort.



Anti-Snore Position

This pre-set position is designed to help reduce snoring, heartburn, sleep apnea, and acid reflux.



Memory Functions

Memory A and Memory B can be programmed to a custom position.

Step 1: Click the "Flat" button to flatten the bed;

Step 2: Adjust the Head and Foot to desired position.

Step 3: Press and hold Timer/All Off button for 3sec, until backlight LED starts flashing;

Step 4: Release "Timer/All Off" button, then click "Memory A" or "Memory B" button before LED stops flashing. The flashing will then stop immediately to indicate that the custom position has been correctly saved.

To return the Memory buttons to factory settings or reset, hold the "Timer/All Off" button for 6 seconds.



LED Under-Bed Lighting

The LED Under-bed lighting will turn off on it's own after 5 minutes.

Tip: Use this to get out of bed without disturbing your partner.

Sleep Enhancement

To turn on the Sleep Enhancement feature, press either of the + or – buttons. Press the "Timer/All Off" button to set the timer or turn completely off. Experiment with the different Wave and Intensity settings to find what is most comfortable to you. The higher the intensity, the more beneficial it will be to your body.

The benefits of the Sleep Enhancement technology are numerous. The pulsation of a single vibrate motor placed in the mid-back area provides an even Total Body Vibration. Studies show medical benefits of Total Body Vibration could include:

- Increased circulation
- Increased muscle strength
- Increased flexibility
- Better range of motion
- Faster muscle recovery after physical activity

Other health benefits could include increased bone density and reduction of the stress hormone cortisol. Higher levels of cortisol increase alertness, making it more difficult to relax into sound sleep.

Total Body Vibration itself eases the body to sleep by relaxing the body's muscles with the repetitive pulsations. In addition, it creates a white noise effect, canceling out other surrounding noises allowing you to fall and stay asleep easier.



Rev-01

Have Questions or Need Assistance?

Call 1-855-581-3095 or email comfortbase@glideaway.com

GLIDEAWAY