

ON OUR WEBSITE

# DERMASCOPE.com



## FEATURED VIDEO

### DERMASCOPE Interview: One-on-One with Karina-Rachel Geoffroy

“My top beauty secret, I would have to say, is all about balance and health. Skin is all about what is going on within, so if you eat balanced, drink your water, and do the exercise you are supposed to do, it comes through for your skin. I really also truly believe that it’s important to be consistent in your skin care.”

[DERMASCOPE.com/videos](http://DERMASCOPE.com/videos)

## ON THE BLOG



### AVERY GRAHAM SKIN CARE

You may not want to hear it and I hate to say it, but it is true...exercise can seriously age skin. Some of our most active patients, especially men, are the ones who request the most help for skin correction and repair. The key to combatting aging caused by exercise is to understand how different components of a workout affect the skin and what to do to prevent damage! This is what I have noticed and learned over the years...

**3 Ways Exercise Ages Skin**  
[DERMASCOPE.com/blogs/exercise](http://DERMASCOPE.com/blogs/exercise)

## ON FACEBOOK



209 24 comments 183 shares

### DERMASCOPE Magazine

#restraint

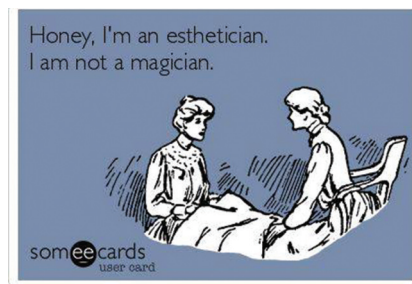
**Caitlin Avolt** I can not concentrate on a conversation if I see one. It's like a beacon.

## ON TWITTER

> **Naturel Collagen** Stopped by to see our good friends and event sponsor @DERMASCOPE #MIAMICongress #NaturelCollagen



## ON INSTAGRAM



171 8 comments

> **dermascope** But you can still work some magic! #estheticiansrock abstagram05 Yaaaaaasssss 🍷 🍷 🍷



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