

Cold + Flu Relief [battles the discomfort of colds and flu]

Relieves temporarily the common symptoms of colds and flu, including:

- o Sinus congestion
- o Achiness
- o Chills
- o Headache and fever

Active Ingredients: Allium cepa 30C, Antimonium tart 200C, Arnica 3X, Baptisia 3X, Eupatorium perf 200C, Gelsemium 200C, Kali bic 200C, Lachesis 200C, Mer iod rub 200C, Sticta 200C, Sulphur iod 200C, Urtica urens 200C. Inactive Ingredients: Glycerin 10% v/v, Organic Alcohol 9% v/v, Purified Water. NDC # 61096-0002-1

The therapeutic benefits of the ingredients described below are from clinical evidence reported in the major homeopathic materia medicas accepted throughout the world.

PRODUCT BENEFITS - SYMPTOMS RELIEVED

- o Sinus Congestion
 - Allium cepa (Red Onion) - eases nasal inflammation
 - Sticta (Lungwort Lichen) - alleviates nasal and throat discomfort
 - Kali bic (Potassium Bromide) - eases nasal congestion; reduces mucous discharge; soothes inflammation of the air passages, throat and nose
 - Sulphur iod (Sulfur Iodine) - provides natural immune system support and moderates lymph swelling
 - Antimonium tart (Tartar Emetic) - anti-inflammatory effect upon bronchial mucous membrane
- o Achiness
 - Sticta (Lungwort Lichen) - reduces chest pain due to coughs and bronchitis
 - Gelsemium (Yellow Jessamine) - alleviates achy eye pain
 - Merc iod Ruber (Mercuric Chloride) - for sore throats and glandular swelling
- o Chills
 - Baptisia (Wild Indigo) - relieves chills and muscle soreness associated with influenza
 - Eupatorium perf (Thorough-wort Boneset) - for chills and discomfort in the limbs and muscles; eases chest soreness
 - Gelsemium (Yellow Jessamine) - relieves chills, especially up and down the back
- o Headache and fever
 - Allium cepa (Red Onion) - relieves headache localized in the forehead
 - Eupatorium perf (Thorough-wort Boneset) - relieves throbbing headache
 - Lachesis (Surukuke, Bushmaster) - relieves hot perspiration

Urtica urens (Nettle) - general anti-allergic treatment; alleviates itchy, feverish skin rashes

Arnica (Leopard's Bane) - helps lower fever and aids sleep