

## **Body Balance [FIGHTS ADRENAL EXHAUSTION]**

**Our adrenal glands can become exhausted from chronic stress, worry, overwork or poor nutrition. Relieves these signs of adrenal exhaustion:**

- o Dizziness, fatigue and weakness
- o Mental exhaustion
- o Skin dryness
- o Loss of sense of well being

Directions: For adults only. Two sprays under the tongue three times per day.

Active Ingredients: Aralia quin 3X, Arnica 3X, Avena 3X, Carduus mar 3X, Glandula suprarenalis suis 12X, Nat mur 30C, Phosphoricum ac 200C, Thuja occ 200C

Inactive Ingredients: Glycerin 10% v/v, Organic Alcohol 9% v/v, Purified Water.  
NDC# 61096-0039-1

### **PRODUCT BENEFITS - SYMPTOMS RELIEVED**

- o Dizziness, fatigue and weakness  
Aralia quin (American ginseng) - treats general feelings of weakness; supports increased vigor.  
Avena (Wild Oat) - effective treatment for nervous exhaustion.  
Phosphoricum ac - for feelings of weakness, stiffness, and a general sense of heaviness.  
Arnica (Mountain Daisy) - eases feelings of fatigue.  
Carduus mar - support for proper liver function and detoxification of the liver.
- o Mental Exhaustion  
Glandula suprarenalis suis - natural support for proper adrenal function helping to prevent age-related discomfort and feelings of weakness.  
Thuja occ (Tree of Life) - for low energy, emotional discord and lack of concentration.
- o Skin Dryness  
Natum mur (Rock salt) - treatment for dry skin, especially on the margins of the scalp.
- o Loss of sense of well being  
Aralia quin (American ginseng) - treats general feelings of weakness; supports increased vigor.  
Avena (Wild Oat) - helps with concentration.  
Glandula suprarenalis suis - assists the body's physiological response to stress.

Arnica (Mountain Daisy) - eases discomfort in the joints and limbs.