

TravelEase [relieves jet lag]

For use during and after jet travel to relieve the symptoms commonly known as “jet lag,” including:

- o Tiredness
- o Dehydration
- o Feelings of disorientation
- o Sleeplessness

Active Ingredients: Apis mel 200C, Carbo veg 200C, Carduus marianus 3X, Cocculus 30C, Ignatia 200C, Nux vom 30C, Passiflora 2X, Tabacum 6X. Inactive Ingredients: Glycerin 10% v/v, Organic Alcohol 9% v/v, Purified Water. NDC \$ 61096-0007-1

The therapeutic benefits of the ingredients described below are from clinical evidence reported in the major homeopathic materia medicas accepted throughout the world.

PRODUCT BENEFITS - SYMPTOMS RELIEVED

- o Tiredness
Cocculus (Indian berry) - treatment for exhaustion and helps relieve drowsiness
Carbo veg (Vegetable charcoal) - therapy for drowsiness, exhaustion and fatigue
Carduus marianus (St. Mary's thistle) - moderates feelings of fatigue
Nux vom (Poison-nut) - relieves feelings of exhaustion and fatigue
Passiflora (Passion flower) - eases restlessness and wakefulness resulting from exhaustion
- o Dehydration
Tabacum - treats dryness of the mouth and nose and helps ease dry skin
Carbo veg (Vegetable charcoal) - treatment for dryness of the mouth, nose, and throat; eases dry skin
Apis mel - therapy for dehydration and dryness of the mouth, throat, and nose
Ignatia (St. Ignatius' bean) - moderates dryness of nose and skin
- o Feelings of disorientation
Tabacum - treatment for feelings of confusion and vertigo
Carbo veg (Vegetable charcoal) - treats mental confusion; treatment for confusion and vertigo
Carduus marianus (St. Mary's thistle) - helps prevent confusion and making mistakes
Apis mel - treatment for apathy and absence of mind
Nux vom (Poison-nut) - treatment for feelings of confusion and vertigo
- o Sleeplessness
Cocculus (Indian berry) - treatment for sleeplessness and restlessness of the whole body

Tabacum- specific remedy for sleeplessness

Nux vom (Poison-nut) - treatment for uneasiness, anxiety, and sleeplessness

Passiflora (Passion flower) - helps control feelings of sleepiness

Ignatia (St. Ignatius' bean) - moderates sleeplessness