



veletta

LUXURIOUS, NATURAL SKINCARE

Face Massager

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New Zealand

www.velettaskincare.com

INSTRUCTIONS FOR USE



1

Your Skin should be clean and prepped with Velettà Nourishing Moisturiser, Velettà Youthful Glow Intensive Hydrating Treatment or Velettà Rejuvenating Oil. We want the Velettà facial massager to glide on the skin.

2

Start with the neck, rolling up from the clavicle to the ear (do this five times). Move the roller along and roll it upwards from the clavicle to the jaw (do this five times). Roll the rest of the neck in the same pattern (five rolls in each area). Do not roll the centre of your throat.

3

Place the Face Massage so that your chin is between both rollers. Roll from the chin to the ear (10 times). Then switch sides again, rolling from chin to ear (10 times).

4

Place the bottom roller on your jaw and the top roller in the side of your mouth. Roll outwards (5 times). Switch sides and perform the same movement (5 times).

5

Place your cheekbone between the rollers and roll from your nose to the hairline (5 times). Switch sides and perform this movement again (5 times).

6

Place the rollers on the centre of your forehead just above your nose. Roll up to the hairline and back down. Then tilt the roller and roll on a slight angle, again up the hairline and back down. Tilt the roller again and repeat. Return to the centre and roll the other side of the forehead. Each movement should be repeated five times.

Tips: experiment with different levels of pressure and using the Face Massager with the rollers in front of the handle and then following the handle.