

Hello my name is Rainbow, I'm a squishy squashy bear.

I'm made for love and cuddles, I have lots of hugs to spare.

So I'm going to spread my hugs around and give my friends a share.

Big Ted, he gets the biggest hug, he's twice the size of me!

We've been friends a long, long time, here's a hug big ted from me.

Next is tiny little Ted, he's my super duper friend.

We love to pass our hugs around, we hope to make a trend.

We know that if you give hugs, it always makes you smile.

It makes your tummy gurgle and feel happy all the while.

On my jumper there's a rainbow, so magical and bright.

It will help you really feel my love, when you squeeze me tight.

So don't forget to give a hug, maybe one or two or three.

With every hug you give away, you get one back for free!

