

HÅG Capisco® &  
HÅG Capisco Puls®



**HÅG**

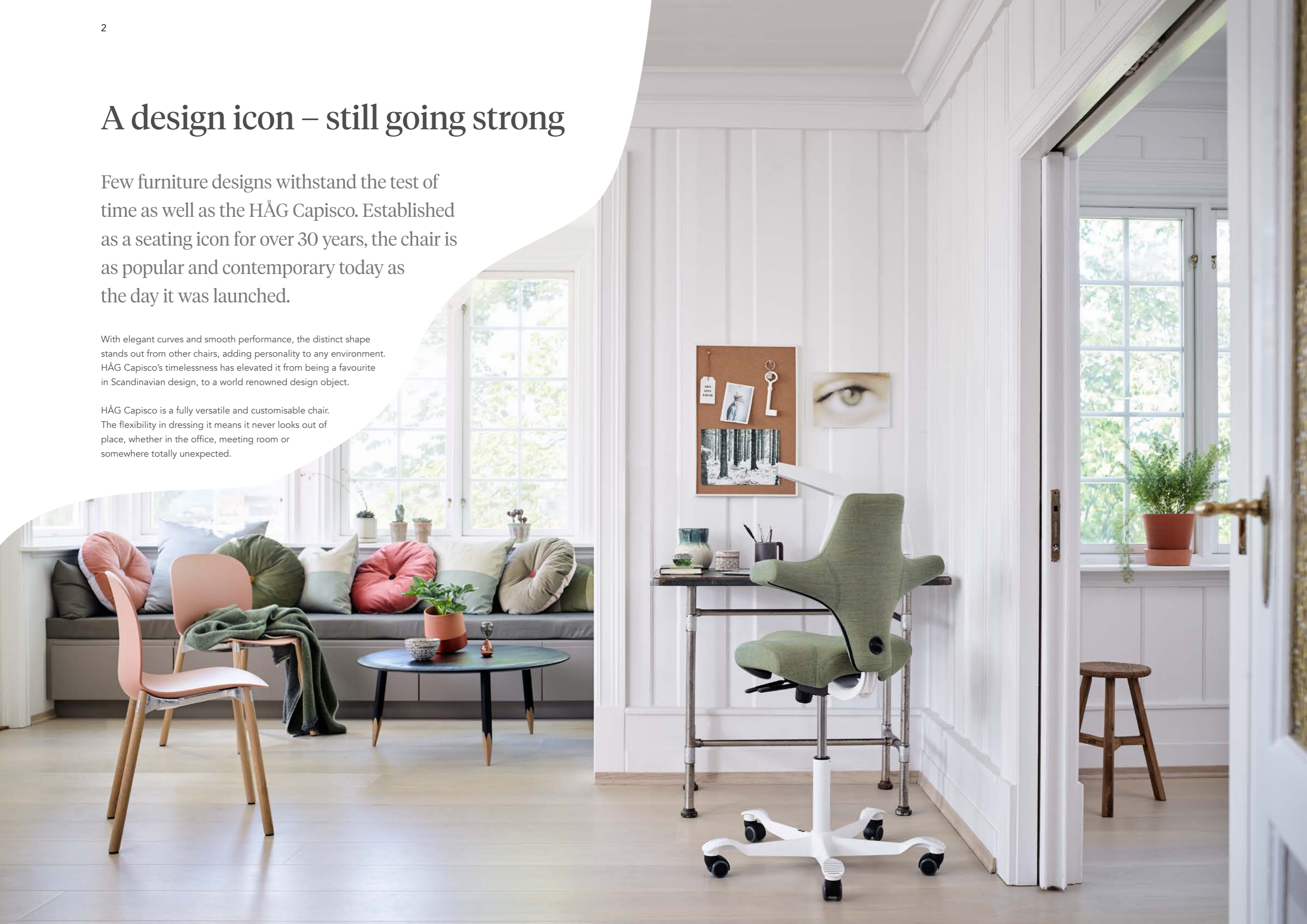
Celebrating movement

## A design icon – still going strong

Few furniture designs withstand the test of time as well as the HÅG Capisco. Established as a seating icon for over 30 years, the chair is as popular and contemporary today as the day it was launched.

With elegant curves and smooth performance, the distinct shape stands out from other chairs, adding personality to any environment. HÅG Capisco's timelessness has elevated it from being a favourite in Scandinavian design, to a world renowned design object.

HÅG Capisco is a fully versatile and customisable chair. The flexibility in dressing it means it never looks out of place, whether in the office, meeting room or somewhere totally unexpected.





## The designer: Peter Opsvik

Tripp Trapp®, HÅG Capisco and HÅG Capisco Puls are some of Peter Opsvik's most successful creations.

In the 1970s many experts attempted to establish the optimum sitting position, Opsvik's contribution has been to create products that inspire variation between many different postures, but all in the same chair.

When Peter Opsvik designed the HÅG Capisco, he was attempting to overcome stereo-typical sitting habits with unconventional seating solutions.

Designed in 1984, the popularity of the HÅG Capisco has grown steadily. The chair is now one of Europe's most popular chairs.



Peter Opsvik,  
legendary industrial designer



Beautiful in  
your home office

## Sit at various heights

No other task chair is so well adapted to sitting at different heights.

The flexible height ranges of the HÅG Capisco and the HÅG Capisco Puls make it easy to shift between sitting, standing and perching.

Frequently varying your position this way provides a unique alternative to changing between sitting, standing and perching positions. By moving more you will feel energised and therefore more focused on the task at hand. This is also the perfect way to reduce fatigue that is often associated with standing desks.





## Inspires variation

The unique saddle seat of both the HÅG Capisco and HÅG Capisco Puls enables balanced sitting, a sitting posture that inspires various positions.

With this posture the lumbar curve is preserved, the hip joint angles are open, and muscles are well-balanced and relaxed to eliminate the strain on your body that is often associated with conventional sitting. The chair encourages creative, alternate sitting positions. Forwards, backwards or sideways – the best sitting position is always the next one.



## More energy and flow during your day

The unique shape of the chair and the many colour options, add personality and energy to any room and work place.

The flexibility in use makes it a perfect fit for creative meeting rooms and collaboration areas. Its shape allows you to twist and turn to face your peers.





## Celebrating movement

Everyday life engages us to move naturally.

Inspired by the horseback rider's dynamic posture, both the HÅG Capisco and the HÅG Capisco Puls were designed for greater freedom of movement when sitting.

Based on the belief that no sitting posture is ideal for longer periods of time, the chair encourages frequent movement and variation; enhancing learning and working environments by offering the ability to move without needing to leave the work station.

By making sitting active, we add energy and flow to your day - whether at work or at home. That's how we celebrate movement.



## Same story, two sides

The HÅG Capisco concept includes two product families with many of the same features and benefits; the HÅG Capisco and HÅG Capisco Puls. Both fit perfectly in personal work spaces and multi-user environments.



# HÅG Capisco

The original HÅG Capisco is ideal for design conscious people who sit for many hours at a time, or want the comfort of a fully upholstered chair.

## ENVIRONMENT

Both HÅG Capisco and HÅG Capisco Puls have been forerunners in eco-design. The number of components and types of materials used in the chairs have been reduced to a minimum. The chairs are designed for easy disassembly, so that the various materials can be separated from each other to facilitate recycling.

Scandinavian Business Seating quality and environmental management systems are certified by DNV-GL according to ISO 9001 and ISO 14001.

The HÅG Capisco was the first chair in the world to be certified with the Nordic Swan Ecolabel in 2010. Today most of the chair is made from recycled materials. In 2015, HÅG Capisco received the EPRO award for "Best Recycled Plastic Product" in Europe.



## PRODUCT CERTIFICATES

Nordic Ecolabel Swan\* – awarded to products that meet strict environmental, quality, and health requirements

Environmental product declaration (EPD) – life cycle analysis of the chair based on ISO 14025, presenting the carbon footprint of a product

GREENGUARD – ensures that the chair meets strict chemical emissions limits

Möbelfakta – Swedish certification scheme based on three areas of requirements: quality, environment and corporate social responsibility

\*HÅG Capisco only



CLASSIC AWARD FOR DESIGN EXCELLENCE  
NORWEGIAN DESIGN COUNCIL



AWARD FOR DESIGN EXCELLENCE  
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# HÅG Capisco Puls

With its light, edgy-shaped back and seat, the HÅG Capisco Puls is an ideal solution for work spaces where you sit for shorter periods of time, like meetings, touch-down areas, home offices and collaboration areas.

## FEATURES

### ADJUSTABLE HEIGHT

The chair can be adjusted from a low sitting position to a sit-stand position.

### FOOT SUPPORT

Provides a comfortable way to vary the position of your feet. Footbase is available in black plastic, black, silver, polished or white aluminium.

### THE SADDLE SEAT

The unique shape of the seat inspires movement and new sitting positions.

### HEADREST (OPTIONAL)\*

The headrest gives you rest and support for shoulders, neck and head. The gap between the chair and the headrest allows more freedom of movement.

### HÅG STEPUP® (OPTIONAL)

Provides two extra levels for placing your feet.

### HÅG FOOT RING (OPTIONAL)

Extra level for rest and support for feet.

### ADJUSTMENT FEATURES

- Headrest\*
- Seat height
- Seat depth
- Back height
- Backward tilt tension
- Lockable tilt

\*HÅG Capisco only

### PLASTIC COLOURS (HÅG CAPISCO PULS ONLY)



AWARD FOR DESIGN EXCELLENCE  
NORWEGIAN DESIGN COUNCIL



Maersk Drilling, Denmark



Media Evolution City, Sweden



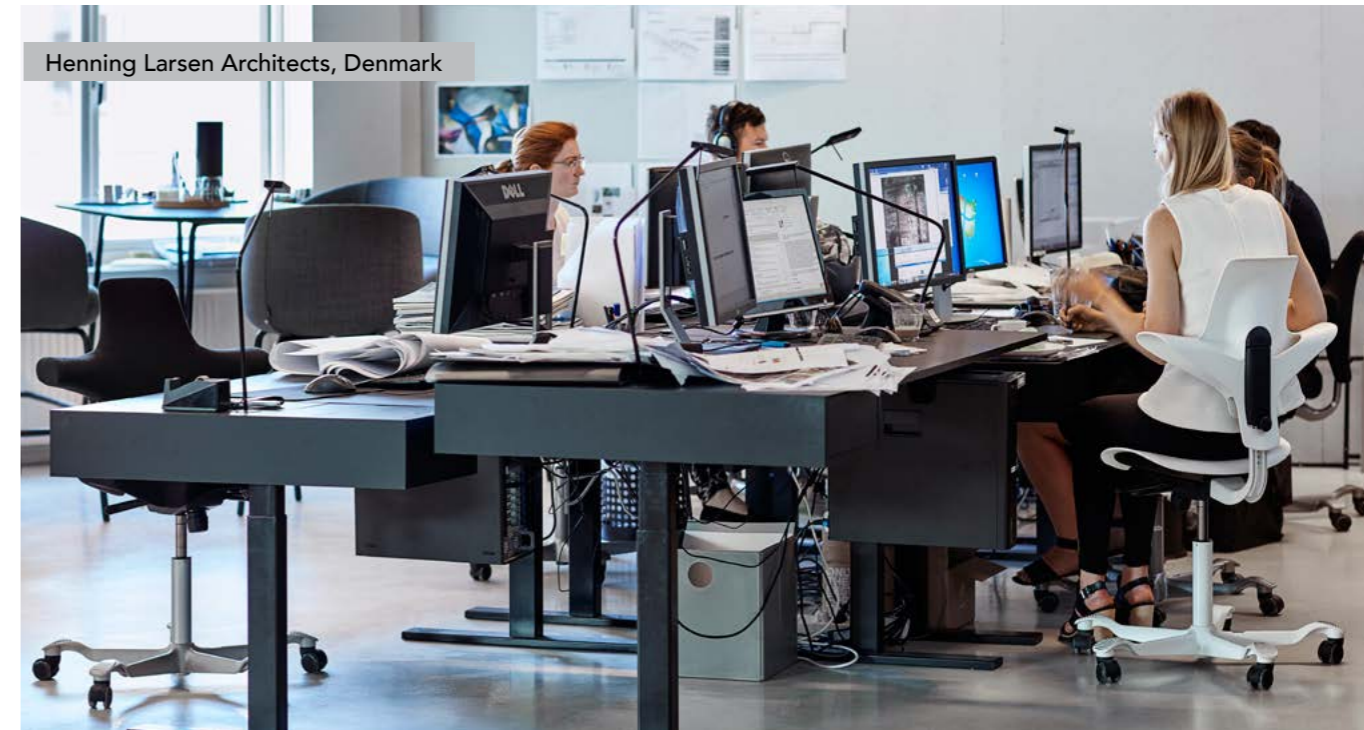
Rogers Stirk Harbour + Partners (RSHP), UK



Oxford Kids, China



Okidoki, Sweden



Henning Larsen Architects, Denmark



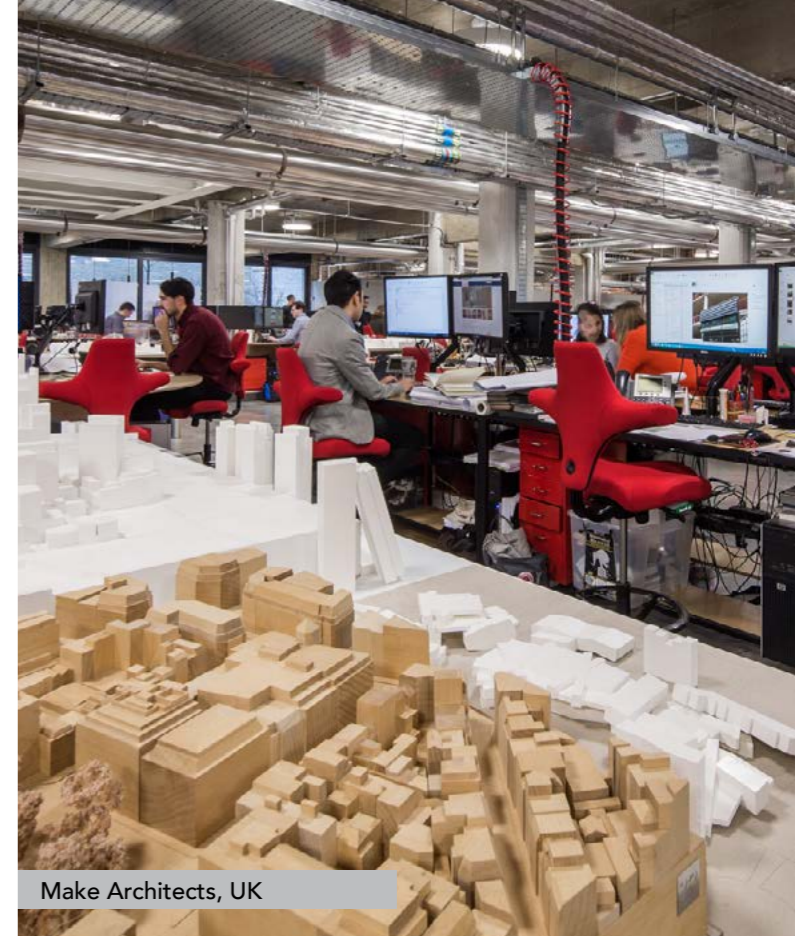
Amadeus, Germany

Some of our favourite projects

# More of our favourite projects



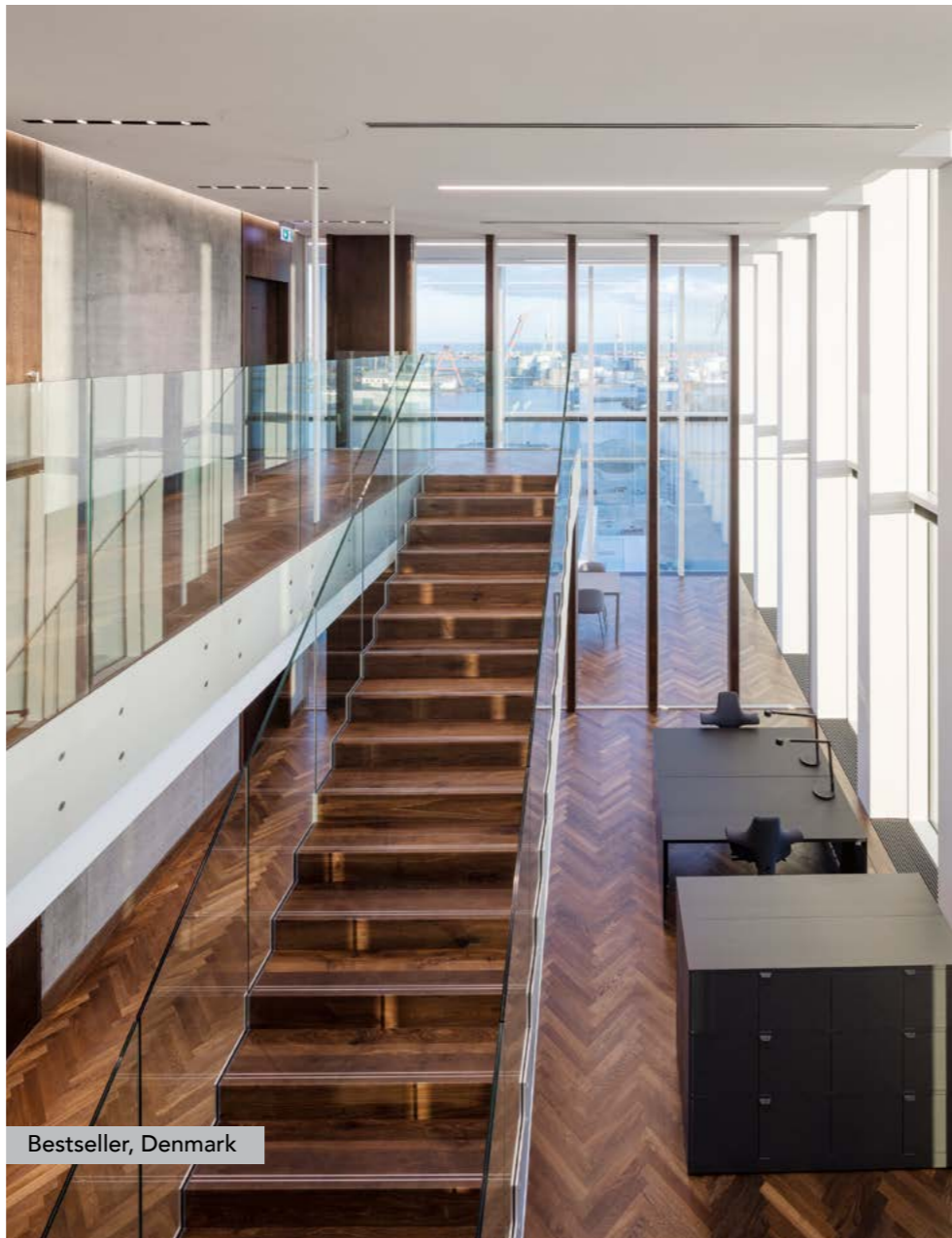
H Advertising, France



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Bergen University College, Norway



Soil Center, Denmark

HÅG's mission is to bring movement and variation to the workplace. HÅG products stimulate intuitive and natural movement of the body and variation of sitting postures leading to improved health and productivity.

## HÅG Capisco Puls

- Made for greater freedom of movement, variation and natural sitting positions.
- Gives you an upright sitting posture and a natural curvature in your lower back.
- Makes it easy to sit actively with a semi-standing position.
- Perfect for shifting between sitting and standing with an height-adjustable desk.
- Adjustable seat height, seat depth, back height, backward tilt resistance and lockable tilt.



Design: Peter Opsvik. Patent- and design protected.



## QUALITY

### 10-year guarantee:

HÅG provides a ten-year guarantee against production defects on all chairs that are in normal use for up to 9 hours per day.

### Certifications:

- Tested in accordance to EN 1335 Class A, ANSI/BIFMA X5.1, EN 16139 and GS mark.
- Flokk is certified by DNV-GL according to ISO 9001.

### Maintenance:

Vacuum clean the chair with a furniture brush or wipe it with a clean, white cloth or sponge slightly dampened with clean lukewarm water. Do not remove any plastic parts or attempt to open the seating mechanism. Contact your Flokk dealer if the chair requires servicing or maintenance.

### Cleanroom:

Evaluation of particle generation from chair used in clean room is performed. The chair satisfy ISO 14644 Class 4 and 5. Only approved with black anti static vinyl.

### Fire safety information

- CMHR foam (fire resistant foam) is available on request, but must be specified at time of order and adds approximately two to five weeks to delivery lead times.
- HÅG Capisco Puls is BS 5852 Crib 5 and Cal/TB 133 approved.

## ENVIRONMENT

- Low carbon footprint at 39,4 kg CO<sub>2</sub> equivalents.
- Designed for disassembly.
- Contains no hazardous chemicals.
- Contains 39% of recycled material (post-consumer and post-industrial waste).

### Certifications:

- Flokk is certified by DNV-GL according to ISO 14001.
- Environmental product declaration (EPD).  
– life cycle analyse of the chair based on 14025-EPD.
- GREENGUARD certificate – ensures that the chair meets strict chemical emissions limits.



- Möbelfakta certificate – Swedish environmental, quality and social responsibility certificate.

### Materials specifications for HÅG Capisco Puls 8020:

- Steel 39%, Plastics 31%, Aluminium 26%, PUR 1%, Textiles: 1%, Various 2%, PVC 0%.
- Total weight of product 11,1 kg.
- Share of recyclable material: 99%.

## MODELS AND MEASUREMENTS



Physical measurements HÅG Capisco Puls	8001	8002	8010	8020
Seat height 150 mm gas lift* [1]	365-500*	375-515*	390-525*	400-535*
Seat height 200 mm gas lift [1]	455-620	470-635	455-640	470-650
Seat height 265 mm gas lift [1]	540-770	555-785	540-795	555-805
Height of backrest [2]	-	-	400	400
Height of foremost support point on backrest [3]	-	-	140-230	130-220
Seat depth [5]	-	-	400-470	400-470
Seat width [7]	460	460	460	460
Maximum chair width [8]	-	-	565	565
Footbase diameter [9]	730	730	730	730
Weight	7.0 kg	7.0 kg	11.1 kg	11.1 kg

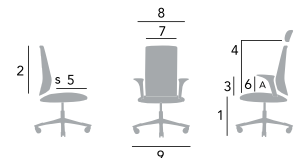
Measurements in mm. Measured with 64 kg load. Where a chair is adjustable, minimum and maximum measurements are listed. Tilt range is 15° backwards from a neutral position 2° to the rear.

Please note that these measurements are not absolute. They may vary slightly from chair to chair.

\* Standard lift according to EN 1335 Class A.A: Mid-point of chair, loaded with 64 kg.

A: Mid-point of chair, loaded with 64 kg.

S: Foremost point of back, reference point for measurement of back support adjustment.



## CONFIGURATION OPTIONS

- Plastic Colours available (colour icons included).
- Models 8010 and 8001 are available in all textiles in the HÅG Standard Collection or the HÅG Extended Collection (except in leather and Steelcut Trio).
- Optional cushion on the models 8020 and 8002 for extra sitting comfort, available in Nexus, Sprint and Evida.
- Footbase is available in black plastic, or in black-, silver-, white- or polished aluminum.
- HÅG StepUp® provides an optional two extra levels for placing your feet.
- HÅG FootRing provides an optional extra level for rest and support for feet.

Plastic colours:



Clay

Pink

Sea Green

Petroleum

Light grey

Black

White

Red

For more detailed information please contact your HÅG dealer or visit: [www.flokk.com/hag](http://www.flokk.com/hag)



spencer interiors  
[www.spencerinteriors.com](http://www.spencerinteriors.com)

[www.hag-global.com](http://www.hag-global.com)

Scandinavian  
Business Seating

HÅG   

Photo & Styling:  
Per Gunnarsson/Pål Laukli/Paul Raferty/Leon Hargreaves/  
Bert Leanderson/Adam Mørk/Media Evolution City/  
Annette Ekjord/Susanne Swegen/Kråkvik&D'Orazio

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