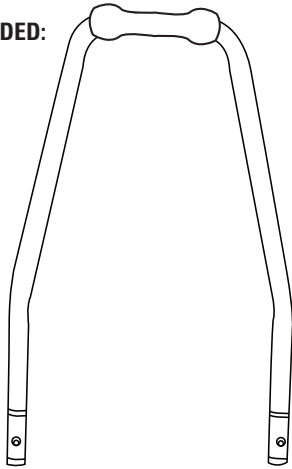


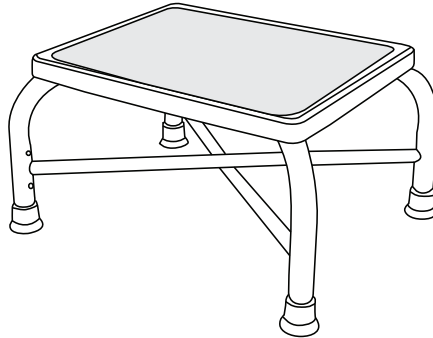
Thank you for purchasing the BIOS Living Heavy Duty Foot stool with handrail.

- Please read these instructions thoroughly before installing and using this device.
- This product contains natural rubber latex which may cause allergic reactions.
- Maximum load capacity: 500 lbs / 226 kg

PARTS INCLUDED:



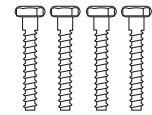
U-shaped handrail (1)



Foot stool with non-slip surface (1)



Handrail attachments (2)



Handrail bolts (4)



Handrail nuts (4)



Washers (8)

ASSEMBLY INSTRUCTIONS:

1. A wrench is required (not included) to assemble the Heavy Duty Foot Stool with Handrail.
2. To attach the handrail attachments to the foot stool base, align the two holes located on each attachment to each of the foot stool base legs. **Fig 1.**
Do not fully tighten bolts until assembly is complete.
3. With one washer on each bolt, insert both bolts through the handrail attachment and foot stool base. Place a 2nd washer on each bolt then add the nut and tighten with the wrench. **Fig 2.**
4. Repeat the above instructions to assemble the second handrail attachment.
5. Go back and tighten all bolts.
6. Insert the U-shaped handrail in to each of the handrail attachments and the metal pins with the corresponding holes; ensure the metal pins **"CLICK"** completely into place. **Fig 3.**
7. Pull up on handle to ensure it is locked in place.

NOTE: DO NOT OVER TIGHTEN AS IT COULD STRIP THE THREADS.

HOW TO USE:

1. Make sure the foot stool is on an even level surface before use.
2. Using the hand rail for support, step up on to the non-slip platform.
3. Use the hand rail for support when stepping down from the non-slip platform.

ONE YEAR LIMITED WARRANTY

If this product proves to be defective in material or workmanship within one year of purchase, please return it to the address below. It will be repaired or replaced without charge upon receipt of the unit prepaid with \$20.00 to cover handling, packaging and return postage. Please include proof of purchase, your full name, address, daytime phone number or e mail address.

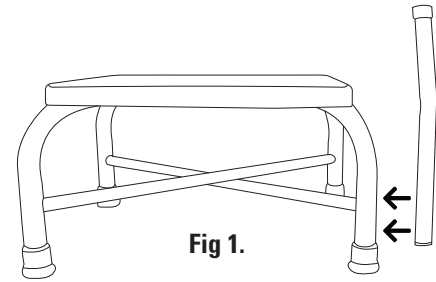


Fig 1.

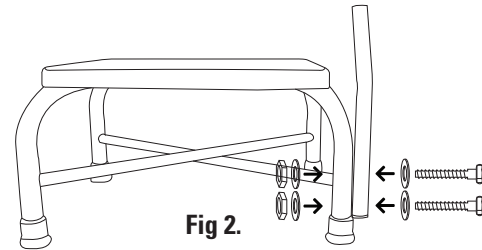


Fig 2.

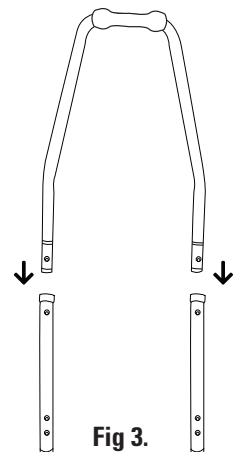


Fig 3.