Thank you for purchasing the BIOS Deluxe Folding Lightweight Walker with Wheels. Please review this manual before using the walker.

**NOTE:** The owner's manual was compiled from the most recent specifications and product information available at the time of publication. Thermor reserves the right to make changes, which may cause slight variations between the illustrations and explanations in this manual and the product purchased.

**DO NOT** assemble or use this equipment without first reading and understanding this instruction manual.

Before using your walker, please read the below cautions. Failure to apply the below cautions could result in injury.

- Do not use on stairs or escalators.
- When turning around, roll the walker around you without twisting your back – you should always be facing the front of the walker.
- Always be aware of surroundings and obstacles i.e. – toys, electrical cords, throw rugs, etc.
- Stay upright as you move, this will help protect your back.
- Always step into the walker, rather than walking behind it.
- Be careful not to push the walker too far ahead of you.
- Avoid hurrying and taking large steps when you turn. Change directions slowly.
- Your walker is designed to hold a maximum weight capacity of 300 lbs / 136 kg, do not overload your walker.
- Consult your doctor or therapist if you need help maintaining your walker.

**Parts**

**NOTE:** Some units will come with the TOP and MIDDLE support, frame fully assembled.

The walker requires no tools for assembly and the package will contain:
- 1 x Top support frame with contoured hand grips and two button folding mechanism
- 2 x Middle support frame
- 2 x Front legs with wheels
- 2 x Rear legs
- 2 x Walker skis
- 2 x Nylon side pouches
- 1 x Nylon front pouch

**How to Assemble Your Walker**

- Remove the walker parts from all packaging.
- Take the top support frame and open it fully by pulling outwards on both sides (it will ‘click’ into place and lock when fully opened). (Figure 1)

- Once the top frame has been fully opened, attach the middle support frame by inserting the ends into the base of the top support. **NOTE:** the cross bar must be facing upwards. (Figure 2)

- With the middle support in place, insert the rear legs with skis into place. The metal buttons will ‘click’ and lock into place. (Figure 3)

- To adjust the height of the walker, remember to set all legs in the same pin holes to balance the walker. (Figure 3.1)
- Follow the above instructions and insert the front legs with wheels.

- **Note:** Make sure the wheels are facing outwards away from the body of the walker (Figure 4)
- Attach the front and side bags by adjusting the Velcro straps accordingly.