

INSTRUCTIONS:

When using an battery operated device basic precautions should always be followed, including the following:

READ ALL INSTRUCTIONS BEFORE USING

- Close supervision is necessary when the unit is used by, on or near children, or disabled persons.
- Use this unit only for its intended use as described in this manual.
- Do not place or drop into water or any other liquid.
- Do not place or store unit where it can fall or be dropped into a tub or sink.
- This unit should not be used by children without adult supervision.
- Turn off unit when not in use.
- Never operate this unit if it has been damaged or if it is not working properly. Return it to the Thermor for examination and repair
- Keep away from heated surfaces.
- This product is a non-professional appliance designed to provide soothing massage to worn muscles. Do not use this product as a substitute for medical attention.
- This appliance is designed for household use only.

SAVE THESE INSTRUCTIONS

Caution: Please read all instructions carefully before operating.

- If you have concerns regarding your health, consult your doctor before using this product.
- Individuals with pacemakers should consult a doctor before use.
- Those with the following conditions should consult their doctor before using this product:
 - Pregnancy
 - Diabetes
 - Heart Disease
 - Malignant Tumor
 - Conditions requiring rest
- If at any time soreness, rash or an increase in pain occurs, discontinue use and consult your physician.
- NEVER use this product directly on swollen or inflamed areas, skin eruptions or an open wound.
- A massage session longer than 15 minutes is not recommended.

BATTERY PRECAUTIONS

- Use only the size and type of batteries specified.
- When installing batteries, observe proper +/- polarities. Incorrect installation of batteries may cause damage to the unit.
- Do not mix different types of batteries together (e.g., alkaline with carbon-zinc or old batteries with new ones).
- If the unit is not going to be used for a long period of time, remove batteries to prevent damage due to possible battery leakage.

BATTERY INSTALLATION

1. Unzip the Hot Water Bottle Case at the bottom to reveal the battery compartment.
2. Place 2 "AA" batteries into the battery compartment. (Proper battery orientation is also noted inside the battery compartment housing).

INSTRUCTIONS FOR USE:

TO INSERT WATER BOTTLE:

- Make sure water bottle is empty.
- Pull hook and loop closure apart and put water bottle in through this opening.

TO TAKE OUT:

- Make sure water bottle is empty.
- Pull hook and loop open and slide water bottle out.

MESSAGE ACTIVATION:

- Massage may be activated by pressing the POWER button. Three massage modes are available. Press the POWER button to change modes or turn ON/OFF the power.

NOTE: This unit can be used with or without massage at anytime.

MAINTENANCE

To CLEAN:

- Clean only with a soft, slightly damp cloth. Never allow water or any other liquids to come into contact with the unit.
- Do not immerse in any liquid to clean. To clean the fabric cover, wipe with damp sponge, using a mild liquid detergent or suds. Wipe surface with a clean dry cloth.
- Never use abrasive cleaners, brushes, gasoline, kerosene, glass/furniture polish or paint thinner to clean the massager.
- Do not attempt to repair this unit. There are no user serviceable parts.