Thank you for purchasing the BIOS Diagnostic™ Rollator. This rollator comes with a removable basket, locking brakes, and padded seat with back rest. It folds away easily for storage and transport.

Please read these instructions before assembly or use of this rollator, and please keep the manual in a safe place.

**DO NOT** assemble or use this equipment without first reading and understanding this instruction manual.

**For Personal Safety**
* The rollator can provide assistance to an individual weighing up to 136kg (300 lbs), including the weight of the contents of the basket.
* The maximum load of the basket is 10kg (22 lbs)
* Never stand on the rollator, or use it as a step.
* Never transport a person on the seat of the rollator.
* Use caution when lifting and carrying the rollator.
* Test the brakes before using. Care should be taken to ensure that ALL hand and height adjustments are secured, and that moving parts are in good working order before using this or any mobility aid.
* Ensure that brakes are in the locked position before sitting.
* Never sit on the rollator when it is on an incline.
* Always sit in the center of the seat.
* Open the rollator out completely in the locked position before use.
* Never sit on the rollator when it is folded.
* Each individual should always consult with their physician or therapist to determine proper adjustment and usage.
Assembly Instructions

Please examine the rollator for shipping damage. Do not use the rollator if there is apparent damage. Please contact your place of purchase for repair and/or return information.

1. Open the rollator frame until it is at its widest point. The BIOS safety lock automatically fastens when the rollator is fully opened. To fold the rollator you must manually pull the BIOS Safety lock to the left to disengage the safety lock. Remove plastic wrap on the wheels.

2. Insert the handles into frame tubing. Adjust to the height that best suits you, ideally the handles should be positioned at wrist height. Insert triangular knob screw through frame and handle holes. (Figure a & b) Turn in a clockwise direction until handles are secured.

3. Insert the curved back rest into its slot on the front side of the rollator. Ensure it clicks into place securely.
4. Lift the seat up and place the basket between the two frame cross bars, making sure the four brackets are sitting on the crossbar tubings.

5. Flip the seat forward.

Folding the rollator
Lift the seat, take out the basket and pull up on the black strap which is attached to the cross folding bar. To fold the rollator you must manually pull the BIOS Safety lock to the left to disengage the safety lock. Remove plastic wrap on the wheels.

Brake Operation
The brakes can be used for normal braking while walking with the rollator, or for parking when users want to sit down on the seat.

1. Squeeze handles upwards to apply normal braking.
Parking Brakes
1. Push both handles down until they click to activate parking brake. The handle will lock automatically and stay in place.

2. To release the parking brake, pull the handle up. The handle will return to its basic position.

Adjusting Hand Brakes
If the tension of the brake on the wheels is too loose or too tight, adjust using the following steps:

Note: counter-clockwise/clockwise directions are determined by standing behind the rollator from the user’s position.

1. Ensure brake handle is not locked.

2. To loosen brake handle tension: Brace the jam nut while turning the adjustment screw clockwise.

Note: If the brake level is scraping the rear wheel, the brake handle must be loosened.
3. To tighten brake handle tension:
   Brace the jam nut while turning the adjustment screw counterclockwise.
4. Repeat with other brake.

Care & Maintenance
1. Ensure that ALL attached hardware is secured at all times.
2. Make sure seat is secured to rollator properly, tighten screw if loose.
3. Replace any broken, damaged or worn items immediately.

Recommended Handle Height Adjustment

<table>
<thead>
<tr>
<th>Height Adjustment</th>
<th>Approx. User Height Min/Max</th>
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<tbody>
<tr>
<td>80 - 88 cm</td>
<td>162 - 176 cm</td>
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<tr>
<td>(31.5” - 35”</td>
<td>(5’4” - 5’10”</td>
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One Year Warranty
If this product proves to be defective in material or workmanship within one year of purchase, please return it to the address below. It will be repaired or replaced without charge upon receipt of the unit prepaid with $10.00 to cover handling, packaging and return postage. Please include proof of purchase, your full name, address, daytime phone number or email address.

Toll Free: 800-387-8520