Introduction
Thank you for purchasing the BIOS Living Digital Analog Scale. This scale was developed with state-of-the-art electronics. This precision device has a weight capacity of 396 lbs / 180 kg and is equipped with an auto power ON / OFF function and auto zero reset.

Features
• Digital and analog displays
• Blue backlight display
• Reminder alarm
• Accurate up to 396 lbs / 180 kg
• Auto ON / OFF
• Low battery and overload indicator
• Batteries included
• 5 year warranty

Battery Installation
1. On the base of the scale, gently remove the battery cover.
2. Insert 3 x AAA batteries into the compartment observing the polarity markings. The LCD display will turn on for 5 seconds then turn off. (See Figure 1).
3. After inserting the batteries, replace the battery cover.
4. Tap the center of the scale once to turn the scale on. The scale will go into calibration mode. Once the calibration test is complete you will see KG on the display.

NOTE: Please be aware that inserting the batteries according to incorrect polarity may cause permanent damage.

Unit Conversion
To change the unit LB / KG, switch the button located on the bottom of the scale. (See Figure 2).

Using your Scale
1. Place the scale on a solid, level surface.
2. Gently step onto the scale and the unit will automatically turn on. Once a steady reading is taken, the display will flash 3 times and will display the weight.
3. The weight will stay on the screen for 5 seconds once you have stepped off the scale and then power off.

NOTE: If the scale is placed on a soft surface such as a carpet or an uneven floor, the results may be inaccurate or an error message may occur.
Reminder Alarm
1. To turn the reminder alarm on, press the 24H/ALARM button located on the back of the scale. The alarm will beep every 24 hours from the time you press the 24H/ALARM button. (See Figure 3).
2. An alarm icon will display on the screen.
3. When the reminder alarm activates you will hear a beeping from the scale reminding you to measure your weight. Once you step on the scale the beeping will stop. If you do not step on the scale when there is beeping it will continue to beep for 25 seconds and then stop.
4. To turn the reminder alarm off, press the 24H/ALARM button again and the alarm icon will disappear from the LCD screen.

Troubleshooting
<table>
<thead>
<tr>
<th>Error</th>
<th>Problem</th>
<th>Solution</th>
</tr>
</thead>
<tbody>
<tr>
<td>🔄 LO 🔄</td>
<td>Battery power is running low</td>
<td>Replace with new batteries</td>
</tr>
<tr>
<td>🔄 - - - - 🔄</td>
<td>Scale is overloaded</td>
<td>Step off the scale to avoid possible damage to the product</td>
</tr>
<tr>
<td>Needle indicator not returning to zero</td>
<td>Scale needs to be reset</td>
<td>Remove the batteries, wait 10 seconds, and re-insert them into the scale</td>
</tr>
</tbody>
</table>

Care and Maintenance
- Do not weigh yourself with wet feet, to avoid slipping.
- Always keep the scale in a horizontal position and do not put in wet or hot conditions.
- Avoid hitting or dropping the scale.
- Do not put heavy items on the scale when not in use.
- Do not overload the scale, as this will damage the sensor.
- Treat the scale with care as it is a highly precise electronic instrument.
- Do not immerse this product in water.
- Clean the scale with a soft, damp cloth. Do not use chemicals or harsh abrasives.
- Keep the scale surface dry and do not use it on a slippery floor.

Battery Maintenance
- If the scale is not being used for long periods of time, it is recommended to remove the batteries to avoid damage.
- Keep batteries out of reach of children.
- Do not mix old and new batteries with different compositions.
- Do not heat or deform the batteries or expose to fire.

Specifications
<table>
<thead>
<tr>
<th>Power</th>
<th>3 x 1.5V AAA batteries</th>
</tr>
</thead>
<tbody>
<tr>
<td>Display</td>
<td>LCD display</td>
</tr>
<tr>
<td>Max Capacity</td>
<td>396 lb / 180 kg</td>
</tr>
<tr>
<td>Graduation</td>
<td>0.2 lbs / 0.1kg</td>
</tr>
<tr>
<td>Minimum Effective Weight</td>
<td>11lbs / 5kg</td>
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Five Year Warranty
The Bios Living Digital Analog Scale has a 5 year warranty to be free of manufacturing defects in materials and workmanship under normal applications for 5 years of the original owner. If this product becomes inoperable due to defect and requires repair, return the product with all component pieces and proof of purchase to the address listed below. This warranty does not cover any shipping/transport costs. This warranty does not apply if the product is subject to misuse, neglect, rough handling or damage.

Ship the unit prepaid and insured (at owner’s option) to:
Thermor Ltd.
Attn: Repair Department
16975 Leslie Street
Newmarket, ON L3Y 9A1

www.biosmedical.com
Email: support@biosmedical.com