

# BIOS living

## Digital Bamboo Scale

Instruction Manual

SC422



## Introduction

Thank you for purchasing the BIOS Living Digital Bamboo Scale. This scale was developed with state-of-the-art electronics, has a capacity of 397 lbs / 180 kg, and is equipped with an automatic OFF function and automatic zero reset.

## Features

- LCD display with blue backlight 2.91" x 1.5" (7.39 x 3.81 cm)
- Bamboo platform 11.81" x 11.81" x 0.62" (30 x 30 x 1.5 cm)
- Accurate to 397 lbs / 180 kg
- LB / KG switchable
- Low battery indicator
- Batteries included (2 x AAA)
- Auto off - 8 seconds

## Starting your Scale

1. Insert the included batteries into the compartment located on the top of the back of the scale.

**NOTE:** Make sure to enter batteries following the correct polarity to avoid damage to the scale.

2. Before starting the scale, change the unit of measurement. On the back of the scale there is a small button labeled "**Unit**". Press the button to choose the desired measurement.

## Operation

1. Place the scale on a hard, flat surface (avoid carpet or other soft surfaces).

**NOTE:** If the scale is placed on a soft surface, such as a carpet, or an uneven floor the results may be inaccurate or an error message may occur.

2. Step onto the scale slowly and gently (do not jump onto the scale). Stand vertically without swaying and place your feet evenly apart.
3. Your weight will be displayed on the screen; it will flash three times to indicate the measurement is complete.
4. Step off the scale, a new user can use the scale immediately afterwards.
5. The scale will automatically turn off after 8 seconds when not in use.

## Troubleshooting

| Error Displayed                    | Reason for Error   |
|------------------------------------|--|
| LO                                 | Indicates low battery  |
| OL                                 | If the scale is overloaded - Over capacity (397 lbs / 180 kg) remove weight immediately from scale                                     |
| [-                                 | Step onto the scale slowly and gently (do not jump onto the scale). Stand vertically without swaying and place your feet evenly apart. |
| Nothing is displayed on the screen | Replace the batteries  |

## Care and Maintenance

- Avoid using platform when wet - platform will be slippery when wet. If the scale is wet, wipe dry immediately.
- Avoid an extremely high or low temperature environment.
- Avoid excessive impact or vibration to the unit.
- Clean the scale with a damp cloth and avoid water getting inside scale.
- Remove batteries when the scale is not being used for long periods of time.
- Store scale in horizontal position.

## Five Year Warranty

If this product proves to be defective in material or workmanship within five years of purchase, please return it to the address below. It will be repaired or replaced without charge upon receipt of the unit prepaid with \$5.00 to cover handling, packaging and return postage. Please include proof of purchase, your full name, address, daytime phone number or email address.

BIOS Medical  
16975 Leslie Street  
Newmarket, ON L3Y 9A1  
[www.biosmedical.com](http://www.biosmedical.com)