INSTRUCTIONS

INSERT 2 AAA BATTERIES
To open the unit, place one finger inside the open space in the back of the unit, and press firmly against the cover to open. User should exercise care when opening the cover on the back of the unit.

SET THE CLOCK
1. Press SET to enter the clock mode. The “HOUR” will blink, press ▲ ▼ button until the desired hour is reached.
2. Press SET. The “MINUTE” will be blinking. Press ▲ ▼ button until the desired minute is reached.
3. When you have finished setting, the time, press SET button or wait for 1 minute to lock the time.

PROGRAM THE REMINDERS
1. Press ❗ : one time (Bell 1); two times (Bell 2); three times (Bell 3); and/or four times (Bell 4).
2. Press SET → ▲ ▼ (FOR HOURS) → Press SET → ▲ ▼ (FOR MINUTES) → Press SET.

DISABLE / ENABLE ANY OR ALL OF THE PROGRAMMED REMINDERS
1. Press ❗ one time (Bell 1); two times (Bell 2); three times (Bell 3); and/or four times (Bell 4).
2. Press ▼ TO TURN OFF THE ALARM. Press ▲ TO TURN ON THE ALARM.

TO SET THE COUNTDOWN TIMER
1. Press ❗ five times → Press SET → ▲ ▼ (FOR HOURS) → Press SET → ▲ ▼ (FOR MINUTES) → Press SET.
2. Press ALM OFF to activate countdown timer.

TO TURN OFF THE ALARM WHEN IT SOUNDS
Press ALM OFF once the alarm sounds. NOTE: Alarm will turn off automatically after one minute.

Not Waterproof
Clean with a damp cloth before use