Thank you for purchasing the BIOS Professional Portion Control Scale. This unit has a slim and sleek design that is both highly accurate and functional at the same time. The easy-wipe stainless steel surface will allow you to keep a clean surface for the food you are weighing.

**Features:**

- Stainless steel top
- 5000 g / 9 lbs 15 oz capacity
- 1 g increments (min of 2 g starting)
- G, lbs oz switch
- Large LCD screen
- Quick response
- Low battery indicator
- Overload indicator
- Tare
- Auto power off

**Hints before you begin to weigh:**

To ensure that you get the optimal performance of your scale please adhere to the following guidelines:

- Do not place the scale where it might be exposed to wind, vibrations, large temperature fluctuations, or near a magnetic field.

- The sensors are located in the 4 pressure sensitive feet; please ensure the scale is placed on a clean and leveled surface before each use.

- Treat the scale as sensitive electronic equipment. Although made for everyday use, carefully placing the item to weigh on the platform will ensure years of reliable use and avoid potential problems.

- Never place an item that exceeds the total capacity of 5000 g or 9 lbs 15 oz of this unit. If this does occur, the screen will show an error message of “------”. Doing this could damage the scale immediately and placing a weight in excess of the scale capacity on the platform is not covered under warranty.
• Let the scale acclimatize to room temperature before using in order to allow the internal components to stabilize.

**Operating Instructions:**

1. **Insert 2 x “AAA” batteries into the scale**

![Image of scale with batteries]

2. **Power on**

Press the **TARE** button to turn on the scale, “88888” will display on the screen. When “0 oz” appears the scale is ready to use.

![Image of scale with button pressed]

3. **Measure weight**

Place the items to be measured in the middle of the stainless steel platform, the weight value will go up quickly and display on the screen.

![Image of scale with items on platform]

4. **Tare**

Place an empty plate on the platform if needed, then when the weight value is steady, press the TARE button to set the scale’s zero point.

![Image of scale with TARE button pressed]
5. Change the measurement unit weight

The default measurement is in oz/lb. You can change the measurement value to g by pressing the button. (Note: if the rate of gram to libra is very small, and the weight is too light, lb will show 0).

Replacing the Battery:

Low battery indication, the scale will shut off automatically 2 seconds after LO appears. Replace batteries following the polarity.

Auto shut off:

This unit will automatically shut off after 2 minutes of idle use.

Precaution:

The optimum operating temperature is 41°F to 95°F / 5°C to 35°C. The optimum storing temperature is 14°F to 140°F / -10°C to 60°C.

Do not drop.

Do not wash with corrosive liquids.

Do not use in an area with a strong EMI (Electromagnetic Interference) environment.

Always put the scale on a firm and leveled surface.
Specifications:

<table>
<thead>
<tr>
<th>Feature</th>
<th>Specification</th>
</tr>
</thead>
<tbody>
<tr>
<td>Capacity</td>
<td>5000 g / 9 lbs 15 oz</td>
</tr>
<tr>
<td>Resolution</td>
<td>0.1 oz / 1 g (min 0.2 oz / 2 g start)</td>
</tr>
<tr>
<td>Display</td>
<td>LCD 55 mm x 21 mm</td>
</tr>
<tr>
<td>Units</td>
<td>g / lbs oz</td>
</tr>
<tr>
<td>Tare</td>
<td>Yes</td>
</tr>
<tr>
<td>Auto off</td>
<td>Yes</td>
</tr>
<tr>
<td>Auto zero</td>
<td>Yes</td>
</tr>
<tr>
<td>Low battery indicator</td>
<td>Yes</td>
</tr>
<tr>
<td>Over load indicator</td>
<td>Yes “-----”</td>
</tr>
<tr>
<td>Power</td>
<td>2 x AAA batteries</td>
</tr>
<tr>
<td>Platform size</td>
<td>210 x 150 x 12 mm</td>
</tr>
<tr>
<td>Certification</td>
<td>CE</td>
</tr>
</tbody>
</table>

One Year Warranty:

If this product proves to be defective in material or workmanship within one year of purchase, please return it to the address below. It will be repaired or replaced without charge upon receipt of the unit prepaid with $5.00 to cover handling, packaging and return postage. Please include proof of purchase, your full name, address, daytime phone number or email address.