

# 56091 24" / 61 cm Grab Bar

Bathrooms can become very dangerous due to slippery hazardous surfaces and can benefit from added safety. Grab bars are a great way to provide the extra security you need in the bathroom.

BIOS Living grab bars are:

- · Easy to install
- · Corrosion resistant
- · Have anti-slip knurled finish

#### WHERE TO INSTALL THE GRAB BAR

Grab bars can be placed vertically, horizontally or diagonally depending on your needs. To figure out where your grab bar should go, position yourself in different areas of your bathroom. This will give you an idea as to where you should install your grab bar for the extra support.

When installing a grab bar in the shower the best position is horizontally or diagonally. The grab bar should be positioned in such a way that when you put your arm out straight you touch the centre of it.

**NOTE:** Keep in mind when sharing a bathroom with another person who may be taller or shorter in height, the grab bar should be positioned at a height that works for you both.

#### **INSTALLING YOUR GRAB BAR**

- · Locate two studs on the wall to secure the grab bar into. Studs are typically spaced 16" / 40.6 cm apart, measure from centre to centre.
- · To locate the wall studs, tap on the wall and listen for a dull sound, or if possible use a commercial wall stud finder.
- · Once the studs are located, use a pencil to mark down the grab bars location with a level.
- · Drill the holes where you have indicated they should go.
- · Install the wall anchors into the holes.
- · Place the grab bar over the wall anchors lining up the holes.
- · Using a screwdriver screw the grab bar into place.

NOTE: Always be sure grab bars are correctly and securely installed. Never use grab bars if they feel wobbly or loose.

## **MAINTENANCE**

- 1. Check grab bars regularly to be sure the attachments are secure. Tighten loose screws making sure they are still solidly secured in the wall stud.
- 2. To clean grab bars, wipe with a soft cloth using mild soap and water.

### **ONE YEAR WARRANTY**

The BIOS Living 24" / 61 cm Grab Bar has a 1 year warranty to be free of manufacturing defects in materials and workmanship under normal applications for 1 year of the original owner. If this product becomes inoperable due to defect and requires repair, return the product with all component pieces and proof of purchase to the address listed below. This warranty does not cover any shipping/transport costs. This warranty does not apply if the product is subject to misuse, neglect, rough handling or damage.

Ship the unit prepaid and insured (at owner's option) to:

Thermor Ltd.

Attn: Repair Department 16975 Leslie Street Newmarket, ON L3Y 9A1

www.biosmedical.com

Email: support@biosmedical.com

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