

## HOW TO USE YOUR NEXTEMP THERMOMETER

### ORAL

**1. WAIT AT LEAST 15 MINUTES BEFORE TAKING TEMPERATURE WHEN EXPOSED TO COLD WEATHER, OR ENGAGED IN EATING, DRINKING, OR SMOKING.**



**2. OPEN PACKAGE**

Fold along perforation and tear off a single NexTemp® thermometer strip. Peel back top of wrapper to expose handle of thermometer. Remove thermometer by pulling exposed handle, taking care not to touch the dot matrix portion which is to be placed in your mouth.

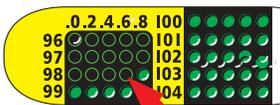


**3. INSERT THERMOMETER AND WAIT AT LEAST 1 MINUTE**

Place thermometer into your mouth under the tongue, as far back as possible into either heat pocket, as you would any oral thermometer (see diagram). The dots can face either up or down. Press your tongue down on thermometer and keep mouth closed.

**4. READ YOUR TEMPERATURE**

The last black dot on the matrix indicates the correct temperature.

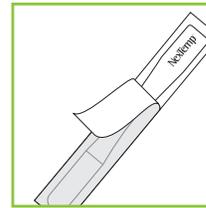


Reading - 98.6°F  
Each dot increase = 0.2°F



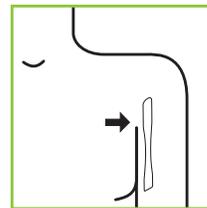
Reading - 38.6°C  
Each dot increase = 0.1°C

### AXILLARY



**1. OPEN PACKAGE**

Fold along perforation and tear off a single NexTemp® ULTRA thermometer strip. Peel back top of wrapper to expose handle of thermometer. Remove thermometer by pulling exposed handle.

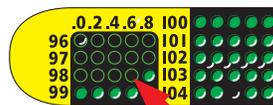


**2. INSERT THERMOMETER AND WAIT 3 MINUTES**

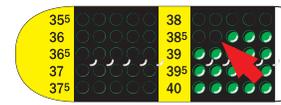
Place thermometer high in the armpit with the dot matrix side against the torso and parallel to the length of the body. Use your arm to hold thermometer in place.

**3. READ YOUR TEMPERATURE**

The last black dot on the matrix indicates the correct temperature.



Reading - 98.6°F  
Each dot increase = 0.2°F



Reading - 38.6°C  
Each dot increase = 0.1°C

**4. DISPOSE AFTER USE**

**5. DISPOSE AFTER USE**

## NexTemp vs. NexTemp Ultra

The difference between NexTemp® Ultra and NexTemp® Standard is the duration of the temperature signal after the thermometer has been removed from the patient's mouth (or underarm if an axillary temperature is taken). Both thermometers have the same directions for use; the Ultra simply offers a longer period to read the patient's temperature before the thermometer begins the reset cycle.



**ORIGINAL NEXTEMP**

Has a 20 second read time. This means after the temperature is ready, you have 20 seconds to read the result.



**NEXTEMP ULTRA**

Has a 60 second read time. This means after the temperature is ready, you have 60 seconds to read the result.

