

The Alchemist's Kitchen

WHOLE PLANT TONIC BAR

State-Changing Elixirs*

joy juice

\$10 8oz / \$5 4oz

sweet and delicious mix of rhodiola, St. John's wort, albizia, rose + pomegranate, carrot and beet juice

Intentions: enhance mood, enliven

kava nectar

\$10 8oz / \$5 4oz

smooth and creamy blend made with kava, coconut, cardamom + dates

Intentions: relax muscles, zen mind

brain tonic

\$10 8oz / \$5 4oz

silky and refreshing tonic made with brahmi, gotu kola, yerba mate + lemon

Intentions: energize, focus
(caffeinated coffee alternative)

love potion

\$10 8oz / \$5 4oz

beautiful spiced elixir made with elderberry, catuaba, hibiscus, damiana + non-caffeinated chai

Intentions: open heart, aphrodisiac

spirit elixir

\$9 8oz / \$4.50 4oz

a meditative blend of blue lotus, skullcap, kava + lemon balm tea

Intentions: calming, subtle body energy, intuition

kombucha revitalizer

\$10 8oz / \$5 4oz

ashwagandha, Brazilian ginseng, horsetail, pau d'arco + kombucha, black tea, green tea, pink lady apple juice

Intentions: pro-biotic, strengthening, immune booster

Healthy Herbal Tonics & Teas

holy body elixir

\$9

light and fortifying 'smoothie' made with saffron, turmeric, he shou wu, rhodiola, astragalus, shilajit, cacao and homemade almond milk

Intentions: strength, rejuvenation, performance-enhancing

damiana's kiss tea

\$6.50

one of our favorite teas for all-around goodness.

made with damiana, ashwagandha, oat-straw, nettles, Siberian ginseng, fo-ti

Intentions: de-stress, uplift, nourish

superlative beauty elixir

\$9

pear powder, goji, schizandra, tremella, chaga, tocos rice bran, coconut milk, cinnamon

Intentions: brings forth beauty from within

tulsi rose tea

\$6.50

balancing and relaxing blend of tulsi, rose and lemon balm

Intentions: antioxidant, heart supportive

matcha milkshake

\$7

homemade coconut milk, matcha, dates and ginger

Intentions: antioxidant, detoxifying

detox tea

\$6.50

calming and refreshing blend of lemon balm, nettles, and peppermint

Intentions: detoxify, relax, anti-inflammatory

chai jolokia ginger beer

\$7

spicy ale made with ginger, cinnamon, cardamom, clove, nutmeg, mace aril, black pepper fruit, + the world's hottest pepper, naga jolokia

Intentions: center, balance

elderberry elixir shot

\$7

'cognac' of elderberry, ginger, astragalus, lion's mane, maitake, vanilla, maple syrup + a dash of brandy

Intentions: powerful immune boost

golden glow shot

\$5

fresh pressed turmeric, ginger, lemon, black pepper

Intentions: detoxify

* signature elixirs made with our proprietary state-changing Plant Alchemy formulations

These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease. If you are pregnant, nursing, have a medical condition or take medications, please consult with a healthcare professional before use.