

# Tropical Mind Fuck Hazy IPA

extensive review of the authoritative medical journals will reveal numerous colloquial references to this condition, such as "heat exhaustion", "ho flashes" or "crazy with the heat". Dig deeper and you'll unearth the more clinical references such as "tropical hallucinosis" or "tropical schizoid embolism". However, we feel that such descriptions are sterile and do not embody the subtle charm and eloquence of the disorder. Consequently, we prefer to use the more comprehensive and captivating description: Tropical Mind Fuck. After all, with your first sip of this mind-alteringly smooth IPA, your senses will transport you into a cornucopia of fruit containing orange, mango, citrus, passionfruit and lime such that your brain will think there's a luau in your cranium with hula dancers frolicking on your cerebellum and tossing fruit chunks at your frontal cortex. Yes, your head will be lost in the clouds, but don't worry, because there is a cure for your tropical mind fuck—and that's another frosty golden glass of this juicy hazy IPA!

#### Just the Facts, Ma'am:

BJCP Style: New England Style IPA

Original Specific Gravity: 1.059 - 1.063 Final Specific Gravity: 1.012 - 1.016 Alcohol by Volume: 6.2%

Color: 6 SRM (Tropical Juice-Bomb Golden!)

International Bittering Units: 20 Yeast Starter: Optional Secondary: Recommended

Time to Awesome Drinkability: 4 Weeks!

Your recipe kit includes the freshest malt, hops and yeast. If you are not going to brew your recipe immediately, it is important to refrigerate your yeast and hops. If your recipe includes bags of malt syrup, these should be refrigerated too. Bags of dried malt do not • Siphon Setup require refrigeration. Also, all grains are best stored at dry room temperature.

### Ingredients:

8 lbs. Extra Light Malt Extract Syrup

Grains & Wort Additives:

8 oz Light Caramel Malt (Crushed)

16 oz Flaked Oats

Hops: (Please See Note 3 for Scheduled Hop Additions)

1 oz Amarillo Hops

1 oz Azacca Hops

1 oz Citra Hops

2 oz Galaxy Hops

1 oz Mosaic Hops

1 oz Nelson Sauvin Hops

1 oz Vic Secret Hops

1 oz Wai-iti Hops

Liquid Yeast: Omega Cosmic Punch Ale Yeast or Wyeast 1318 London III Ale Yeast

Dry Yeast: Mangrove Jack's M66 Hophead Dried Ale Yeast OR Cellar Science HAZY Dried Ale Yeast

**Brewing Supplies & Flavors:** 

1 Large Muslin Bag 5 oz Priming Sugar

# Pre-Brew Day Checklist:

If you are using <u>liquid yeast</u>, it is always desirable to make a yeast starter when fermenting higher alcohol brews. Making a yeast starter allows you to propagate to a greater (and necessary) cell count to ensure complete fermentation. You can find the complete yeast starter instructions at

www.boomchugalug.com/yeaststarter.htm.

**Brew Day Checklist:** 

On brew day, you will require the following equipment:

- Brew Pot A 5 gallon brew pot is ideal, but never use a pot that is less than 4
- Large measuring cup 4 cup (32 oz) capacity
- · Long-handled spoon or paddle for stirring the boiling wort.
- Primary Fermenter A 61/2 gallon (or greater) food-grade plastic bucket with lid, or a 61/2 glass carboy.
- Airlock
- Stopper (if using a carboy)
- Funnel (if using a carboy)
- Hydrometer (Optional, if you want to measure your specific gravity)
- Sanitizing Solution
- Scissors

On the day you rack the beer into the secondary fermenter, you will require the following equipment:

• 5 gallon carboy • Airlock • Stopper • Siphon Setup

#### The Magical Procedure:

# Liquid Yeast Activation Before Brewing:

If you are fermenting with liquid yeast, you must activate the yeast packet before it is ready to pitch. Always check the manufacturing date stamped on the yeast packet. Yeast that is less than 1 month old may be activated on brew day. A yeast that is more than 2 months old may require additional preparation time. Always make sure your yeast has been properly activated before using. For more information about yeast starters, please visit the 'Frequently Asked Questions' section on boomchugalug.com..

### Time to Brew!

Total Boiling Time: 15 Minutes. While your wort is boiling, you should sanitize your fermentation equipment, such as your primary fermenter, airlock, scissors, stopper, etc. After you have sanitized your fermenter, fill it with 2 gallons of cold water, into which you will later add your hot boiled wort.

Note 1: This recipe begins with an initial volume of 5 gallons of wort in the primary fermenter, but due to the massive amount of finishing hops added, you can expect to finish with less than 5 gallons of finished beer.

Note 2: This recipe has malt syrup additions at two different times during the boil. Please read all of the instructions before beginning.

Note 3: This recipe uses four different hop additions. Please refer to the boxes on the next page for the hop addition schedule. Before beginning the recipe, divide out the required hop quantities for each scheduled addition. To measure \( \frac{1}{2} \) oz of hops, simply divide each 1 oz bag into two equal halves. Then take half of the half. This accuracy is adequate for brewing this recipe.

Note 4: Because of the downright insane quantity of hops used in this recipe and the corresponding risk of fermentation foam-over, we recommend using a blow-off tube during the primary fermentation.

1. Place the crushed grains in a muslin bag and add to 23/4 gallons of water. Measure this volume carefully to ensure proper hop bitterness.

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Flip the sheet to continue the magic. Also, this is a good time to pour a cold one!





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Page 2.... Wow, this is good stuff. I wish there could be more!

Boil Ho	<u>p</u>   V	Whirlpool Hops		Dry Hop #1		Dry Hop #2	
Galaxy ½	oz Az Ga Ar M	zacca alaxy marillo osaic c Secret	½ OZ 3/4 OZ ½ OZ ½ OZ	Azacca Citra Galaxy Amarillo Mosaic Nelson Sv. Vic Secret Wai-iti	1/2 OZ 1/4 OZ 1/2 OZ 1/2 OZ 1/2 OZ 1/4 OZ 1/4 OZ 1/4 OZ 1/4 OZ	Citra Galaxy Mosaic Nelson Sv. Vic Secret Wai-iti	3/4 OZ 1/4 OZ 1/4 OZ 3/4 OZ

- Heat water until the temperature is between 150 and 170 degrees. Steep the grains between this temperature range for 30 minutes.
- Remove and discard the grains. Add <u>4 cups</u> of malt extract syrup (See <u>Note 5</u> below).
   To prevent scorching, stir until all of the malt is dissolved. Then bring this mixture to a boil. Watch for boilovers!
  - Note 5: Measuring 4 cups (32 fluid ounces) of malt syrup is easy! Make sure you use a measuring cup that holds at least 4 cups (32 fluid ounces). With scissors, cut off a SMALL corner of the malt syrup bag and then slowly squeeze the 4 cups of syrup into the measuring cup. If you are a little over or under, it's no problem. Before you add this malt syrup to your brew pot in Step 3, you may soften it by placing the measuring cup in the microwave and warming it for 30 seconds. Also, before Step 6, be sure to store the opened bag of syrup in an upright position (duh!). We find that propping it upright in a round plastic food storage container (like a Tuppeware) to be the easiest.
- When boiling begins, add the <u>Boil Hops</u> as listed in the table above. Boil these hops for the entire 15 minutes.
- With 5 minutes remaining in the 15 minute boil, pause the brew timer and remove the kettle from the heat. Add the remaining malt extract syrup. Stir until dissolved, bring the wort back to a boil, and boil for the last 5 minutes.
- At the end of the 15 minute boil, remove kettle from the heat. This recipe uses a 30 minute after-the-boil hop addition. Brewers often call this the "whirlpool hop addition" because you stir the hops into the hot wort.

Add the hops to your brew kettle shown in the <u>Whirlpool Hops</u> table above. Stir well. Place the cover over kettle and steep with the heat off for 30 minutes.

<u>Note</u>: during this steep, it is important to cover the kettle to prevent loss of the delicate and volatile hop oils.

# Chill out, Man! (Chill the Wort)

- At the end of the 30 minute whirlpool, cool the wort to approximately 75°F as quickly as
  possible. With extract brewing, the easiest way to quick-chill the wort is to place your
  brew pot into a sink full of ice. For more information about cooling your wort quickly,
  please see 'Fast Wort Chilling' in the 'Frequently Asked Questions' section on our
  website.
- 2. Add your chilled wort to the 2 gallons of water already in your fermenter.
- 3. Add any extra water needed to bring the total volume in your fermenter to 5 gallons.
- 4. If you would like to measure the specific gravity, now is a good time. To get an accurate reading, it is important to make sure all of the heavy wort extract you added to the fermenter has been completely mixed in the water.

# Pitch the Yeast! (Into the Wort, But Not Out the Window!)

- When your wort has cooled to 75°F (70°-78°F is okay), aerate the wort before adding the yeast. Simply close the fermenter and swirl around to mix in oxygen. If you are swirling a carboy, it is helpful to place the carboy on a thick, folded blanket to avoid damaging the vessel.
- After aerating, pitch (add) the yeast. Use the sanitized scissors to cut open the yeast packet. If you are using liquid yeast, sanitize the pack before opening. If you are using dried yeast, simply sprinkle the yeast over the wort. No mixing is necessary with dried yeast.
- Close the fermenter, attach the airlock, and keep the fermenter warm (between 70° -78°F) until you see fermentation beginning, such as the airlock bubbling once every 30 seconds. Wrapping the fermenter with a blanket is an easy way to keep the fermenter warm

# Primary Fermentation:

There are several ways to know when fermentation has begun. First, you will begin to see

- bubbling through the airlock. If you are using a carboy, then you will usually see the yeast begin to form a layer over the beer's surface.
- Once fermentation begins, move the fermenter to a room with the proper temperature. The ideal temperature to ferment this beer is between 60° - 72°F. Do not let the temperature drop below 60°F. If you do, fermentation may stop too soon. That's a bummer, man.
- 2. Active fermentation may take as long as two weeks after pitching the yeast, although fermentation may finish in 3 to 5 days.
- Dry Hop Addition 1: After the beer has been in the primary fermenter for approximately 7 days, add the hops shown in <u>Dry Hop #1</u> to the primary fermenter. Allow the hops to sit in the primary fermenter for approximately 7 more days.

### Secondary Fermentation:

- Dry Hop Addition 2: After allowing the dry hops listed in Step 3 above to rest in the primary fermenter for about 7 days, siphon the beer to a 5 gallon secondary carboy and add the hops listed in <u>Dry Hop #2</u>.
- Allow the hops to sit in the secondary for approximately another 7 days before bottling.

### Time to Bottle!

There a several ways to tell when fermentation is complete (besides your drooling). If you correctly pitched the yeast and fermentation quickly began, and if the beer fermented vigorously and the fermenter was always within the correct temperature range (60° - 72°F), then fermentation should finish in two weeks or less. You should see virtually no activity in the airlock. For example, if the airlock only bubbles once a minute or longer, then fermentation should be complete. If you are unsure if fermentation has ended, you may use your hydrometer to measure the specific gravity. If your specific gravity does not change after two or more days, then fermentation is complete and you are ready to hottle!

- Before bottling, sanitize your bottling bucket, auto siphon (or racking cane), hose, bottle filler, caps and bottles. Glass bottles may be sanitized one day in advance by baking them in the oven. More information about baking your bottles can be found under 'Baking Beer Bottles' in the 'Frequently Asked Questions' section on our website.
- 2. Dissolve the 5 oz of priming sugar in 16 oz water. Boil for 5 minutes.
- 3. Pour the sugar solution into the bottling bucket, and siphon in the beer. Siphon carefully, trying to minimize splashing and aeration of the beer. Also when siphoning, be sure to leave behind the sediment at the bottom of the fermenter. When done siphoning, gently stir the beer in the bucket to make sure all of the sugar solution has been dissolved. Your racking cane makes a convenient stirring wand.
- 4. Elevate your bottling bucket, and attach your siphon hose and bottle filler to the bucket's spigot. Fill the bottles to about 1 inch from the top, and cap each bottle.

### Carbonation and Maturation!

Now that your bottles are primed and capped, the remaining yeast will undergo a second fermentation in the bottle whereby they eat the priming sugar and produce carbon dioxide, which is trapped in the bottle to produce the carbonation. While your beer is carbonating, it will also be clearing and maturing - the young, rough undeveloped flavors develop into your magical beverage! Your wondrous elixir reaches awesome drinkability about 10 weeks from the day you began the brew, but don't be surprised if it keeps getting better as time goes on.

- 1. Place your bottles in a dark place at room temperature (62 °F 75 °F), and wait at least two weeks for the beer to carbonate. It is important that you keep the beer between 62 °F 75 F° for carbonation to develop. If the beer cools below 62 °F, it may not properly carbonate. In brewing, this is officially known as the buzzkill. Keep it warm, let it carbonate!
- Get your bottle opener handy dude (or dudette), because it's time to drink a beer!
   When pouring the beer into your glass, be sure to leave the bottle's sediment behind.
   That sediment is the yeast which carbonated your beer, and if you pour it into your glass, you'll make the beer cloudy and taste yeasty.
- 3. Once your beer is carbonated, you may store it in a cool place. Keep in mind that home-brewed is unfiltered, and unfiltered beers actually continue to improve with time. If your beer seems rough-around-the edges or tastes yeasty, these qualities usually morph into a smooth, clean beer over time. Cheers!

