

# Ring Sizing

Choose your method below to determine ring size. Be sure to read print instructions before printing.

## METHOD 1 ~ Use Existing Ring

Using a ring that is known to fit the wearer, place the ring over the circle making sure the **inside** of the ring lines up with the **outside** of the circle. When between sizes, you typically order the larger size. Take into account other possible factors (like temperature and time of day) by reading our tips below.



## METHOD 2 ~ Measure Finger

1. Find a piece of non-stretchy string or paper that will fit around your finger (about 6" long).
2. Wrap it around the base of your finger so it's snug but not tight.
3. Using a pen, mark the point right before the material overlaps, forming a complete circle.
4. Cut to the marked length and wrap around finger once more to verify the correct length.
5. Compare the length of your material to the lines on the paper below to determine your ring size. When between sizes, you typically order the larger size. Take into account other possible factors (like temperature and time of day) by reading our tips below.



## TIPS

- Measure your finger in warm temperatures at the end of the day (when your finger is the largest).
- Your ring size on your primary hand (the hand you write with) will be about half a size larger.
- Remember to measure the finger you plan to wear the ring on.
- All sizes listed are standard American sizes.
- The average woman's ring size is 6.
- If your knuckle is a lot larger than the base of your finger, measure both the base of your finger and your knuckle and select a size between the two.

## TO PRINT **Very Important!**

- Printer must be set to print at 'Actual Size' or 100%. **DO NOT** 'Fit to page,' 'Shrink' or scale the page in any way or measurements will be inaccurate.
- To verify you have printed at the correct size, measure the line below and make sure it is 2 inches.