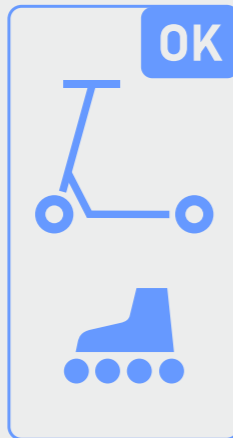
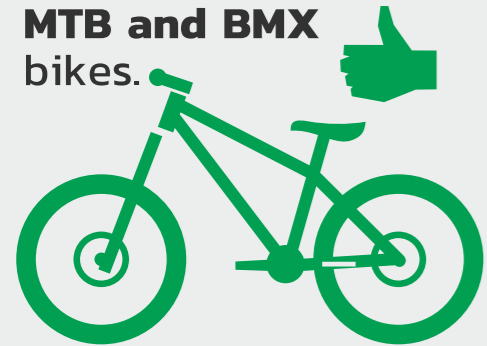


# MTB HOPPER

## USER MANUAL

The kicker is designed for **MTB and BMX** bikes.



### Always wear your helmet.

It is recommended to wear knee pads, gloves and other safety equipment.



Momentum speed for beginners: **15 km/h – 25 km/h** (9 mph – 15 mph).



MTB HOPPER is designed for longevity, to withstand any weather and provide good grip with tires. We recommend to store it in a **dry place**.



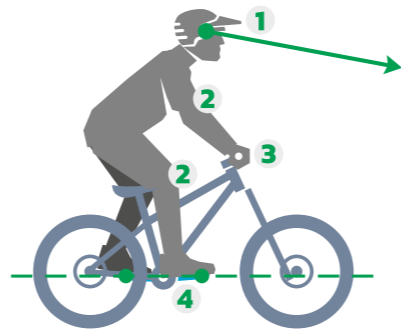
### Use it responsibly.

Go through all the steps before riding to ensure safety. If you have the opportunity, train together with more experienced riders. Good luck at improving your riding skills!

## 3 PHASES OF JUMP

### FIRST PHASE

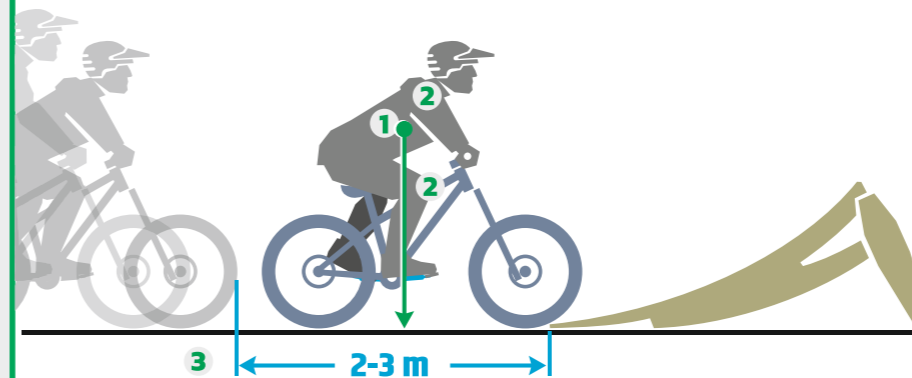
**NEUTRAL stance** in the acceleration zone



- 1 Look at the ramp in advance.
- 2 Relax your body, gently bend elbows and knees.
- 3 Get into a straight line as soon as possible towards the ramp, avoid the turns.
- 4 After reaching the required speed, hold the pedals parallel to the ground.

### SECOND PHASE

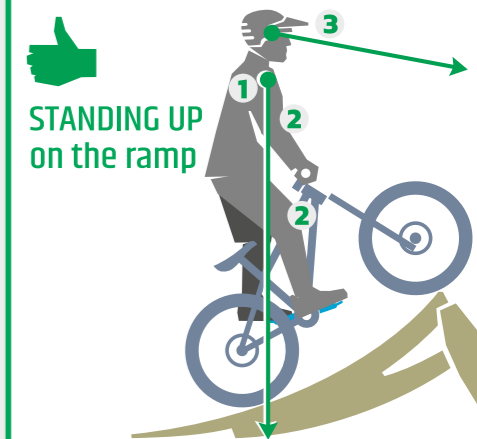
**DEEP squat** as you approach the ramp



- 1 The squat is done vertically down. The body's center of gravity is in the middle of the bike.
- 2 Elbows and knees are quite strongly bent. Elbows wide, pointing outwards (not back). The chest gets closer to the handlebar and the hips to the seat.
- 3 Start squatting 2-3 m before the ramp.

### THIRD PHASE

**STANDING UP** on the ramp



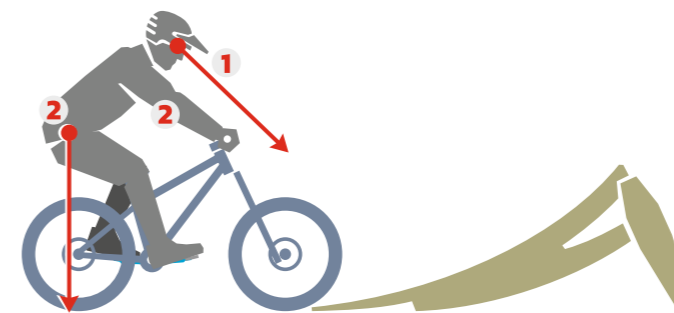
- 1 Standing up is done vertically upwards.
- 2 Body straight. Position body above BB. Elbows and knees straight.
- 3 Raise your head and look at expected landing place.

### Reason for UNSTABLE jump and unsafe landing



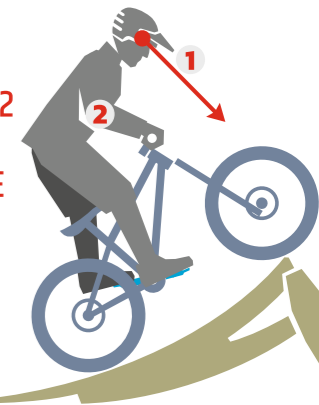
- 1 **Incorrect pedal position**  
Pick up the right speed, stop pedalling as soon as possible and get into the correct pedal position.

### Reason #1 for NOSE DIVE



- 1 **Incorrect head position**  
The eyes should not look down, but at the highest point of the ramp.
- 2 **Incorrect body position**  
Avoid shifting weight over the rear wheel. Outstretched arms restrict full body movement before entering the ramp. A stiff body is one of the reasons for NOSE DIVE.

### Reason #2 for NOSE DIVE



- 1 **Incorrect head position**
- 2 **Incorrect position of arms and body**  
Driving onto the ramp you need to straighten both your legs and arms. A chin lift helps to achieve this, as if you wanted to emerge from under water.

# STREET RAMP ASSEMBLY INSTRUCTIONS

**1.** Insert side part into the logo board.  
Don't worry about misalignment - it is like that on purpose.

**2.**

**3.**

**4.**

**5.** Mount the Legs  
Then grab the rope that is connecting them and attach it onto the hooks on front part

**6.** Step 1. Push the side part inwards  
Step 2. Push the roof part downwards

**7.** Step 3. Release the side part while holding the roof pressed down and let the side part hook on it

**8.** Grab the rope that is connected to the roof part and attach it onto the hooks on front part

# PACKING INSTRUCTIONS

**1.**

**2.**

**3.** Grab the rope that is connected to the roof part and attach it onto the hook on the other side of the roof

**4.** HOOK

**5.** Adjust the straps to your fit and use the ramp as a backpack