



Hela Spice Singapore Pte Ltd

Cauliflower Rice Salad



Ingredients	Quantity
Cauliflower	200g
Gyros delikat	5g
Red Bell Pepper, Diced	20g
Lettuce, Shredded	20g
Sweet Corn	20g
Green Peas	20g

Instructions:

1. Wash and thoroughly dry cauliflower, remove all the greens.
2. Place the cauliflower florets in a food processor and pulse until they resemble rice grains. Scrape with a silicone spatula into a serving bowl.
3. Season the rice with **Gyros delikat**.
4. Transfer the seasoned cauliflower rice onto a baking tray and bake at 180°C for 10 minutes. (You might want to bake the red bell pepper, sweet corn and green peas with the cauliflower rice, depends on individual preference)
5. Add all the remaining ingredients to the cauliflower rice.
6. Toss and serve.

The formulation in this table is to the best of our knowledge and reflects our interpretation of in-house generated recipe. Since government regulations vary from region to region, we cannot guarantee that all the products are in accordance with the regulations of the various countries. Further examination of existing laws is advised.

This recipe does not intend to be a comprehensive reference document and we encourage the user to carry out stability and performance tests in their final application to determine suitability.