

NO UGLY CRANBERRY 250ml**NUTRITION INFORMATION PANEL AND INGREDIENT LIST**

NUTRITION INFORMATION			
servings per pack: 1			
serving size: 250 mL			
	average quantity per serving	%DI ¹ %RDI ² %AI ³ per serving	average quantity per 100 mL
ENERGY	83 kJ	1.0 % ¹	33 kJ
	20 Cal	1.0 % ¹	7.9 Cal
PROTEIN, total	0.01 g	0.1 % ¹	0.01 g
- gluten	0 g		0 g
FAT, total	0 g	0 % ¹	0 g
- saturated	0 g	0 % ¹	0 g
CARBOHYDRATE	5.5 g	1.8 % ¹	2.2 g
- sugars	1.8 g	2.0 % ¹	0.7 g
DIETARY FIBRE	3.2 g	10.5 % ¹	1.3 g
SODIUM	82 mg	3.6 % ¹	33 mg
POTASSIUM	500 mg	13 % ³	200 mg
THIAMIN B1	0.3 mg	31 % ²	0.1 mg
RIBOFLAVIN B2	0.4 mg	33 % ²	0.2 mg
NIACIN B3	2.6 mg	17 % ²	1.0 mg
VITAMIN B5	1.3 mg	26 % ³	0.5 mg
VITAMIN B6	0.4 mg	30 % ²	0.2 mg
VITAMIN B12	0.5 mcg	21 % ²	0.2 mcg
CALCIUM	140 mg	14 % ²	55 mg
PHOSPHORUS	140 mg	14 % ²	55 mg
FLAVONOIDS	50 mg		20 mg

¹ Percentage Daily Intakes are based on an average adult diet of 8700kJ.

² Percentage Recommended Dietary Intake

³ Percentage Adequate Intake

INGREDIENTS

CARBONATED WATER, CRANBERRY JUICE (7%)(from concentrate), DIETARY FIBRE, SWEETENER (erythritol), MINERAL SALTS (potassium phosphate, calcium lactate, potassium citrate, magnesium sulphate, sodium chloride), LEMON JUICE (from concentrate), ACIDS (citric acid, ascorbic acid), COCONUT SUGAR, NATURAL CRANBERRY FLAVOUR, VITAMINS (C, B3, B5, E, B2, B6, B1, B12), NEW ZEALAND PINE BARK EXTRACT (0.02% flavonoids), PRESERVATIVE (potassium sorbate).

NO UGLY CUCUMBER 250mL**NUTRITION INFORMATION PANEL AND INGREDIENT LIST**

NUTRITION INFORMATION			
servings per pack: 1		serving size: 250 mL	
	average quantity per serving	%DI ¹ %RDI ² %AI ³ per serving	average quantity per 100 mL
ENERGY	90 kJ	1.0 % ¹	36 kJ
	22 Cal	1.0 % ¹	8.6 Cal
PROTEIN, total	0.01 g	0.1 % ¹	0.01 g
- gluten	0 g		0 g
FAT, total	0 g	0 % ¹	0 g
- saturated	0 g	0 % ¹	0 g
CARBOHYDRATE	6.0 g	1.9 % ¹	2.4 g
- sugars	2.3 g	2.6 % ¹	0.9 g
DIETARY FIBRE	3.2 g	10.5 % ¹	1.3 g
SODIUM	82 mg	3.6 % ¹	33 mg
POTASSIUM	500 mg	13 % ³	200 mg
THIAMIN B1	0.3 mg	31 % ²	0.1 mg
RIBOFLAVIN B2	0.4 mg	33 % ²	0.2 mg
NIACIN B3	2.6 mg	17 % ²	1.0 mg
VITAMIN B5	1.3 mg	26 % ³	0.5 mg
VITAMIN B6	0.4 mg	30 % ²	0.2 mg
VITAMIN B12	0.5 mcg	21 % ²	0.2 mcg
CALCIUM	140 mg	14 % ²	55 mg
PHOSPHORUS	140 mg	14 % ²	55 mg
FLAVONOIDS	50 mg		20 mg

¹ Percentage Daily Intakes are based on an average adult diet of 8700kJ.

² Percentage Recommended Dietary Intake

³ Percentage Adequate Intake

INGREDIENTS

CARBONATED WATER, APPLE JUICE (from concentrate), DIETARY FIBRE, SWEETENER (erythritol), MINERAL SALTS (potassium phosphate, calcium lactate, potassium citrate, magnesium sulphate, sodium chloride), LEMON JUICE (from concentrate), COCONUT SUGAR, ACIDS (citric acid, ascorbic acid), CUCUMBER EXTRACT (0.15%), VITAMINS (C, B3, B5, E, B2, B6, B1, B12), NEW ZEALAND PINE BARK EXTRACT (0.02% flavonoids), PRESERVATIVE (potassium sorbate).

NO UGLY GINGER 250mL**NUTRITION INFORMATION PANEL AND INGREDIENT LIST**

NUTRITION INFORMATION			
servings per pack: 1			
serving size: 250 mL			
	average quantity per serving	%DI ¹ %RDI ² %AI ³ per serving	average quantity per 100 mL
ENERGY	90 kJ	1.0 % ¹	36 kJ
	22 Cal	1.0 % ¹	8.6 Cal
PROTEIN, total	0.03 g	0.1 % ¹	0.01 g
- gluten	0 g		0 g
FAT, total	0 g	0.0 % ¹	0 g
- saturated	0 g	0.0 % ¹	0 g
CARBOHYDRATE	6.0 g	1.9 % ¹	2.4 g
- sugars	2.3 g	2.6 % ¹	0.9 g
DIETARY FIBRE	3.2 g	10.5 % ¹	1.3 g
SODIUM	82 mg	3.6 % ¹	33 mg
POTASSIUM	500 mg	13 % ³	200 mg
THIAMIN B1	0.3 mg	31 % ²	0.1 mg
RIBOFLAVIN B2	0.4 mg	33 % ²	0.2 mg
NIACIN B3	2.6 mg	17 % ²	1.0 mg
VITAMIN B5	1.3 mg	26 % ³	0.5 mg
VITAMIN B6	0.4 mg	30 % ²	0.2 mg
VITAMIN B12	0.5 mcg	21 % ²	0.2 mcg
CALCIUM	140 mg	14 % ²	55 mg
PHOSPHORUS	140 mg	14 % ²	55 mg
FLAVONOIDS	50 mg		20 mg

¹ Percentage Daily Intakes are based on an average adult diet of 8700kJ.

² Percentage Recommended Dietary Intake

³ Percentage Adequate Intake

INGREDIENTS

CARBONATED WATER, APPLE JUICE (from concentrate), DIETARY FIBRE, SWEETENER (erythritol), GINGER JUICE (1%), MINERAL SALTS (potassium phosphate, calcium lactate, potassium citrate, magnesium sulphate, sodium chloride), LEMON JUICE (from concentrate), COCONUT SUGAR, ACIDS (citric acid, ascorbic acid), VITAMINS (C, B3, B5, E, B2, B6, B1, B12), NEW ZEALAND PINE BARK EXTRACT (0.02% flavonoids), PRESERVATIVE (potassium sorbate).

NO UGLY PLUM 250mL**NUTRITION INFORMATION PANEL AND INGREDIENT LIST**

NUTRITION INFORMATION			
servings per pack: 1		serving size: 250 mL	
	average quantity per serving	%DI ¹ %RDI ² %AI ³ per serving	average quantity per 100 mL
ENERGY	93 kJ	1.1 % ¹	37 kJ
	22 Cal	1.1 % ¹	8.9 Cal
PROTEIN, total	0.1 g	0.3 % ¹	0.06 g
- gluten	0 g		0 g
FAT, total	0 g	0 % ¹	0 g
- saturated	0 g	0 % ¹	0 g
CARBOHYDRATE	6.0 g	1.9 % ¹	2.4 g
- sugars	1.6 g	1.7 % ¹	0.6 g
DIETARY FIBRE	3.2 g	10.5 % ¹	1.3 g
SODIUM	82 mg	3.6 % ¹	33 mg
POTASSIUM	500 mg	13 % ³	200 mg
THIAMIN B1	0.3 mg	31 % ²	0.1 mg
RIBOFLAVIN B2	0.4 mg	33 % ²	0.2 mg
NIACIN B3	2.6 mg	17 % ²	1.0 mg
VITAMIN B5	1.3 mg	26 % ³	0.5 mg
VITAMIN B6	0.4 mg	30 % ²	0.2 mg
VITAMIN B12	0.5 mcg	21 % ²	0.2 mcg
CALCIUM	140 mg	14 % ²	55 mg
PHOSPHORUS	140 mg	14 % ²	55 mg
FLAVONOIDS	50 mg		20 mg

¹ Percentage Daily Intakes are based on an average adult diet of 8700kJ.

² Percentage Recommended Dietary Intake

³ Percentage Adequate Intake

INGREDIENTS

CARBONATED WATER, PLUM JUICE (8%)(from concentrate), DIETARY FIBRE, SWEETENER (erythritol), MINERAL SALTS (potassium phosphate, calcium lactate, potassium citrate, magnesium sulphate, sodium chloride), LEMON JUICE (from concentrate), ACIDS (citric acid, ascorbic acid), NATURAL PLUM FLAVOURS, VITAMINS (C, B3, B5, E, B2, B6, B1, B12), NEW ZEALAND PINE BARK EXTRACT (0.02% flavonoids), PRESERVATIVE (potassium sorbate).