

AMPERNA[®]

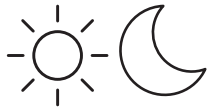
THE FULL RANGE

Follow these simple steps towards glowing skin

**CLEANSE/WASH
YOUR SKIN**
USE MORNING & NIGHT



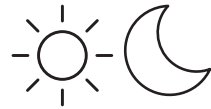
ULTRA GENTLE
SOOTHING CLEANSER
[BALANCE]



**MOISTURISE
YOUR SKIN**
USE MORNING & NIGHT



LIGHTWEIGHT
SOOTHING+ EMULSION
[HYDRATE]



EXFOLIATE YOUR SKIN
HELPS ACNE, BLACKHEADS & UNEVEN SKIN TONE
USE AT NIGHT ONLY/LEAVE ON



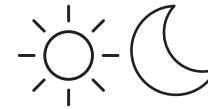
10% PRO+
RESURFACING LOTION
[EXFOLIATE]*



**APPLY A GREAT
ANTI-AGING SERUM**
USE MORNING & NIGHT



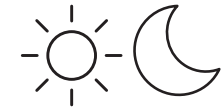
PRO+ VITAMIN C
HYALURONIC SERUM
[REPAIR]



TARGETED TREATMENT
HELPS ACNE, ROSACEA, ECZEMA, DERMATITIS & MORE
USE MORNING & NIGHT



PROBIOTIC+ DS
SOOTHING SERUM
[RESCUE]



PROCESSES

- Dampen face & hands
- Pump cleanser into hands
- Work into lather
- Apply using circular motions
- Rinse well with water
- Repeat if necessary

- Take 1-2 pumps
- Gently pat onto face and/or body
- Massage into skin using hands

You can apply your serums before your moisturiser if you prefer.

- Take 1-2 pumps
- Gently pat onto face and/or body
- **New or sensitive users should apply twice a week to start, while regular users can apply 3-4 times per week with rest days between applications.****



Don't forget to apply sunscreen before you head outside.

- Take 1-2 pumps
- Gently pat onto face, neck and décolletage

- Take 1-2 pumps
- Gently pat onto face and/or body



- For targeted treatment apply to problem areas up to 3 times a day

We are dedicated to providing a range that works effectively for even the most sensitive skin types.
If you're unclear about how to best use any of our products, please contact us via our website.

Caution: For topical external use only. Avoid direct contact with eyes and broken skin. In the rare event of an adverse reaction discontinue use. *Exfoliants with glycolic can increase skin's sensitivity to the sun. Always wear sunscreen and appropriate sun protection while using this product. **If you are new to using exfoliants containing AHA or BHA, we recommend starting with twice a week usage and building up gradually.