

# AMPERNA<sup>®</sup>

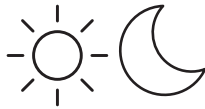
## BASIC BRIGHTENING REGIME

Follow these simple steps towards glowing skin - for every day use

CLEANSE/WASH  
YOUR SKIN  
USE MORNING & NIGHT



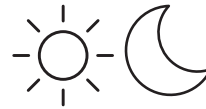
**001** ULTRA GENTLE  
SOOTHING CLEANSER  
[ BALANCE ]



MOISTURISE  
YOUR SKIN  
USE MORNING & NIGHT



**002** LIGHTWEIGHT  
SOOTHING+ EMULSION  
[ HYDRATE ]



APPLY A GREAT BRIGHTENING PRODUCT  
HELPS BRIGHTEN & HELPS EVEN SKIN TONE  
USE AT NIGHT ONLY/LEAVE ON



**010** PRO+ ADVANCED  
BRIGHTENING SERUM  
[SUPAGLOW]



PROCESSES

- Dampen **face & hands**
- Pump cleanser into hands
- Work together in hands
- Apply using circular motions
- Rinse well with water
- Repeat if necessary

- Take 1-2 pumps
- Gently pat onto face and/or body
- Massage into skin using hands

You can apply your serums before your moisturiser if you prefer.



Don't forget to apply sunscreen before you head outside.

- Take 1-2 pumps
- Gently pat onto clean skin
- Limit initial use, gradually increasing when tolerated

Remember your sun protection!  
Why not try our 008: PRO+ BIO SOOTHING DAY MINERAL CC SPF15 [HYDRAPROTECT]?

We are dedicated to providing a range that works effectively for even the most sensitive skin types.  
If you're unclear about how to best use any of our products, please contact us via our website.

Caution: For topical external use only. Avoid direct contact with eyes and broken skin. In the rare event of an adverse reaction discontinue use. \*Brightening products can increase skin's sensitivity to the sun. Always wear sunscreen and appropriate sun protection while using this product. \*\*If you are new to using brightening products, we recommend starting with twice a week usage and building up gradually.