

## Lion's Mane Mushroom

(*Hericium erinaceus*)

Lion's Mane is a general health balancer and strengthener that supports deep immune health, brain and nervous system function, digestive health, and tissues throughout the body

One of the hallmarks of Lion's Mane is that it supports the health and function of the brain, including memory and concentration. Studies have shown that Lion's Mane helps support the body's natural production of Nerve Growth Factor. NGF is a protein necessary for nerve cell function, and supports overall brain health and nerve cell health. Like other health protecting mushrooms, Lion's Mane is known to have antioxidants, fatty acids, polypeptides, and polysaccharides, including beta-glucans.

Lion's Mane cools tissues and supports cellular health in the digestive system, pancreas, and throat, benefits the gastric mucus barrier for colon and digestive tract health, and gives support to the entire digestive system.

Not only is Lion's Mane a general health builder, it specifically supports cardiovascular health, healthy cholesterol balance, natural detoxification processes in the body, supports healthy weight levels and blood sugar balance, and helps calm anxiousness and benefit mood.\*

**BODY SYSTEM:**

**INGREDIENTS:** Vegetable Glycerin, Purified Water, Lion's Mane Mushroom (*Hericium Erinaceus*).

**SUGGESTED USE:** 1/4th teaspoon (1.23 ml) 1 to 3 times a day, or as needed. Shake well.



\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent disease.

### Herbs For Your Health

Cedar Bear uses only whole plant parts, Kosher certified vegetable glycerin, and purified water. That's it! Nothing added, nothing taken away. Each herb is put through our proprietary multi-step process so the health benefits that Nature provided the herb with are fully intact. Build, balance, and support your health with Cedar Bear's herbs as the number one choice in your home.

- Tastes Great!
- Manufactured in USA
- NO Alcohol is Ever Used
- NO Preservatives
- NO Refrigeration Needed

Cedar Bear, Liquid Herbal Supplements

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