

## Endurance & Metabolism Support

This special combination of herbs from around the world is formulated to help strengthen health, vitality, and general metabolism so you can function at peak performance.

The herbs in Metabolism & Endurance Support are primarily adaptogens, which help the body handle stressors of all kinds, including sports training and other activities that put a great deal of stress and pressure on the body to perform, maintain, sustain, and recover.\*

**BODY SYSTEM:** General, Immune, Endocrine, Digestive

**INGREDIENTS:** Vegetable Glycerin, Purified Water, Astragalus Root, Schisandra Berry, Ginkgo Leaf, Rhodiola Root, Turmeric Root, Ashwagandha Root, Eleuthero Root, Maca Root, Elderberry, Stinging Nettle Leaf, Ginger Root, Cassia Bark (Chinese Cinnamon).

**SUGGESTED USE:** 1/4 teaspoon (1.23 mL) 1 to 3 times a day, or as needed. Shake Well.

**NOTE:** Not for use in pregnancy except under the supervision of a qualified healthcare practitioner.



\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent disease.

### Herbs For Your Health

Cedar Bear uses only whole plant parts, Kosher certified vegetable glycerin, and purified water. That's it! Nothing added, nothing taken away. Each herb is put through our proprietary multi-step process so the health benefits that Nature provided the herb with are fully intact. Build, balance, and support your health with Cedar Bear's herbs as the number one choice in your home.

- Tastes Great!
- Manufactured in USA
- NO Alcohol is Ever Used
- NO Preservatives
- NO Refrigeration Needed

Cedar Bear, Liquid Herbal Supplements

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