



## ANGRY / RESENTFUL / FRUSTRATED

---

Let It Go · Peace · Tantrum Tamer



## SAD / GRIEVING / SHOCK / UNSETTLED

---

Help · Grounding · Peace



## DISTRESSED / TROUBLED / FEARFUL

---

Help · Slow Down · Courage



## OVERWHELMED

---

Slow Down · Mumma Magic/Male · Like A Boss



## WORRIED / CAN'T SWITCH OFF

---

Slow Down · Let It Go · Grounding



## SENSITIVE / OVER STIMULATED

---

Protect · Tantrum Tamer · Grounding



## EXHAUSTED / UNMOTIVATED

---

Energy · Mojo · Like A Boss



## FOGGY / SCATTERED

---

Focus · Slow Down · Intuition



## DOWN ON MYSELF / LACKING CONFIDENCE / SELF DOUBT

---

Self Love · Mojo · Courage





## INDECISIVE / UNSURE

---

Intuition · Self Love · Truth



## STUCK / LOST / FLAT

---

Spirit · Manifest · Mumma Magic / Male



## NEGATIVE THINKING

---

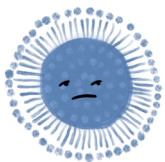
Manifest · Let It Go · Cleanse



## LOST SPARK / JOYLESS

---

Mojo · Bliss · Energy



## GRUMPY / GRIM

---

Teenager · Male · Female



## LACKING WILLPOWER / FEELING OUT OF CONTROL

---

Cravings Control · Cleanse · Courage



## UNHEARD / I CAN'T SPEAK UP

---

Truth · Self Love · Like A Boss



## SLUGGISH / HEAVY / BURDENED

---

Cleanse · Protect · Let It Go

