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How to Dress to Minimize the Appearance of a Large Bustline

By Cenia Paredes, eHow Presenter

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Dressing to minimize the appearance of a large bustline shouldn't be the most stressful thing you try to do in a day. Dress to minimize the appearance of a large bustline with help from an accomplished designer who has worked for several notable fashion houses and apparel brands in this free video clip.

Part of the Video Series: [Dress to Fit](#)



Video Transcript

My name is Cenia Paredes and I'm a Fashion Designer. I design women's dresses and my line has a very special concept to it because this fits for the most predominant body types of the female in America. So, today, we're going to discuss how to dress for the different body types and how to take advantage of your assets and balance out your figure by choosing the right outfit to wear. We're now going to talk about how to dress if you have a large bust line. About 14 percent of American women have these body type where they are fuller at the bust and they have a little bit of a narrower hip; so, what you want to do is balance out your body by making sure you keep your designs, your styles clean at the bust line and the details are concentrated more towards the bottom and the sides of your hip. Try to stay away from ruffles at your bust area, horizontal stripes or bold colors at these area. It is important to make sure that you have the right fit, not too big around that area, which you want, may want to minimize and not too tight because you don't want to bring too much attention and you don't, you want it to look sophisticated. So, the right fit is very flattering and keeping the details, if it has any kind of draping on your dress, make sure it's more towards the bottom and the, underneath your bust rather than the top area of your bust. Well, thank you for watching, I hope you learned a few things today. The idea is to pick the right outfit, the details are in the right place and the right accessories. I'm Designer Cenia Paredes, Designer of Cenia New York and my line combines all the things that we talked about that's for fits for the foremost predominant body types and is sold in specialty boutiques throughout America; it's also the beauty in Macy's this summer and is available online. We are here at Showroom New York at the heart of the Garment Center in New York City and thank you for watching.

http://www.ehow.com/video_12239267_dress-minimize-appearance-large-bustline.html

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