



SUNSCREEN
EDITION

BOTANICAL HAIR + BODY MIST

This alcohol-free body mist is moisturizing and harnesses the benefits of water and a natural preservative to enhance both hair and skin. It's crucial to avoid harsh chemicals found in some commercial hair and body mists, which can be harmful to your well-being.

What's Inside

Part A

- NatureSilk: 3.0% (0.85 grams-17 drops)
- **Essential Oil (Optional):** 1.0% (0.28 grams- 6 drops)

Part B

- **Distilled Water with Natural Preservative:** 85% (24.08 grams-entire container)

Part C

- **Aloe Juice:** 1% (0.28 grams- 6 drops)
- **Zinc Oxide:** 10.0% (2.83 grams)

Total: 100.0% (28.34 grams/1 oz)

LET'S MAKE IT!



Step 1

In a clean and sanitized 100ml beaker, combine the ingredients in **Part A: AquaEm and Essential Oil**. Mix them thoroughly with your spatula.

Step 2

Slowly add in **Part B: Distilled Water/Natural Preservative** with constant stirring. Optionally you can also experiment with colors (food-grade)



Step 3

Now, incorporate the ingredient from **Part C: Aloe Juice and Zinc Oxide**. Continue stirring everything together evenly and thoroughly.

Step 4

Your **Botanical Hair & Body Mist** is ready! Package it in a 1oz spray bottle for easy application.





What's Inside

Water, Natural Preservatives, Zinc Oxide

NatureSilk: NatureSilk is a natural solubilizer that helps blend the scents evenly in your mist while promoting a refreshing and moisturizing feel.

Essential Oil: Essential oils offer a delightful fragrance and potential aromatherapy benefits, enhancing your mood and well-being.

Distilled Water with Natural Preservative: Distilled water, combined with a natural preservative, not only provides hydration but also extends the product's shelf life, ensuring its freshness and safety for your hair and skin.

Aloe Juice: Aloe is known for its soothing and moisturizing properties, making it a fantastic addition for hydration and calming effects on both hair and skin.

Zinc Oxide: a key ingredient in LaJAshley Little Science Lab Sunscreen Edition, offers natural protection against harmful UV rays, ensuring safe and effective sun protection.

Why Avoid Harsh Chemicals

Avoiding harsh chemicals in commercial hair and body mists is important for health. Such chemicals can irritate and dry out skin. Making your own Botanical Hair & Body Mist with natural ingredients teaches the value of gentle, beneficial products free from harmful additives.



Experiment with Colors: One Drop at a Time!

● **Blue Butterfly Bliss**

- Add a drop of blue (Butterfly Pea) for a magical and serene touch to your creations.

● **Red Sorrel Hibiscus**

- Introduce a drop of red (Sorrel Hibiscus) for a vibrant and energetic twist.

● **Orange Carrot Squeeze**

- Infuse a drop of orange (Carrot) for a burst of carrot-y warmth.

💧 **Neutral & Simple**

- Keep it neutral without adding color allowing the true essence to shine.

Have a blast creating your own colors! Mix them together like magic, then add the fun to your special masterpiece! Be sure to give it a little shake before using.

✦ **Experimentation Tips** ✦

- Start with one drop and mix thoroughly.
- Gradually add more drops for your desired hue.
- Have fun creating a spectrum of colors in your lip balm, body butter, and/or hair & body mist!

Remember, it's all about expressing your creativity and making each creation uniquely yours. Happy coloring!