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This ring sizer guide only serves as a referencing tool, **for the most accurate result, please order our free ring sizer.**

Measure the bar below.
It must be exactly 30 mm long.



Free Ring Sizer (Our Most Accurate Ring Sizer)

Get your free ring sizer at:

<https://www.benzdiamonds.com/sites/default/files/ring-size.pdf>

Ask a family member or friend to use the plastic rings while sizing their finger in front of her or him and to compare sizes. Then they can pass the information along secretly to you.

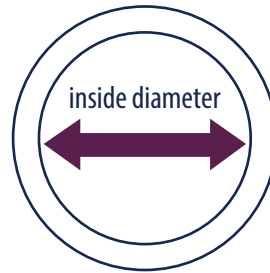
Measure Current Ring

1. Select a ring that properly fits the intended finger.

Engagement and wedding rings are traditionally worn on the ring finger on the left hand in the United States.

2. Place the ring over the circles to the right. Matching the **inside edge of the ring** to the circle nearest in size. This measurement refers to the inside **diameter** of the ring.

3. If the ring falls between two sizes, order the larger size.



Circles in US ring size and diameters.

Measure Your Finger

Your ring should fit your finger comfortably; snug enough so that it will not fall off, but loose enough to slide over your knuckle.

Finger size changes depending on time of the day and the weather, for better results:

1. Measure your finger at the end of the day and when your fingers are warm. (Fingers are smaller in the early morning and when cold.)
2. Measure your finger size 3 to 4 times to eliminate an erroneous reading.

Avoid using string or paper to measure ring size as these materials can stretch or twist, yielding an inaccurate measurement.

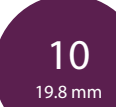
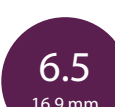
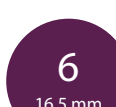
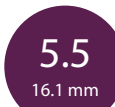
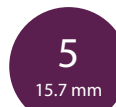
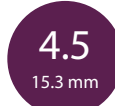
Tips For Buying The Ring As A Surprise

Ask your significant other's friends or mother if they know her finger size.

Borrow one of your significant other's rings (from the correct finger) and use the ring measurements to the right to determine its size.

Free Resizing

Benz&co. provides complimentary resizings on all customized engagement rings during the first year. Simply call a Diamond and Jewelry Consultant to arrange for your free resize.





Diameter (mm)	United States & Canada	Europe	UK & Australia	China	Singapore & Japan	Hong Kong	Switzerland
14.1	3	44	F½	6	4	6	4
14.3		45	G		5		5¼
14.5	3½		G½	6.5		7	
14.7		46	H		6		6½
14.9	4	47	H½	7.5	7	8	
15.1			I				7¾
15.3	4½	48	I½	8	8	9	
15.5			J	9.5		10	9
15.7	5	49	J½		9		
15.9		50	K	10		11	10
16.1	5½		K½		10		
16.3		51	L	11		12	11¾
16.5	6	52	L½	12	11	13	12¾
16.7			M		12		
16.9	6½	53	M½	13	13	14	14
17.1			N				
17.3	7	54	N½	14	14	15	15¼
17.5		55	O	14.5		16	
17.7	7½		O½		15		16½
17.9		56	P	15.5		17	
18.1	8	57	P½		16		17¾
18.2				17		18	
18.3			Q				
18.5	8½	58	Q½		17		
18.8		59	R	18		19	19
19.0	9		R½	18.5	18	20	
19.2		60	S				20¼
19.4	9½	61	S½	20	19	21	
19.6			T				21½
19.8	10	62	T½	20.5	20	22	
20.0			U		21		
20.2	10½	63	U½	21.5	22	23	22¾
20.4		64	V	22.5		24	
20.6	11		V½		23		
20.8		65	W	23.5		25	25
21.0	11½	66	W½		24		
21.2			X	25		26	
21.4	12	67	X½	25.5	25	27	27½
21.6			Y				
21.8	12½	68	Z		26		28¾
22.0		69	Z½				
22.2	13	70			27		
22.4			Z+1				
22.6	13½		Z+2				