

This wall bracket from Swifty Fitness is a slick and simple solution for storing your balance board and roller in the home.

Designed to fit a balance board and a roller with a maximum diameter of 150mm and minimum length 250mm.



Made from FSC Certified birch plywood, in Manchester UK.

## ASSEMBLY GUIDE

Please read these instructions carefully. If you have any queries relating to the safe mounting of your wall bracket, do not hesitate to contact us.

## TOOLS NEEDED

- Power drill    - 7mm drill bit    - Cross-head screwdriver

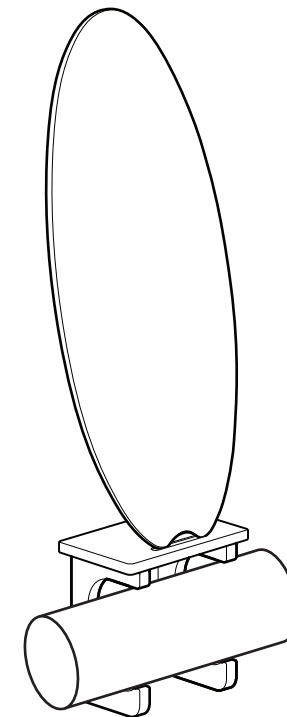
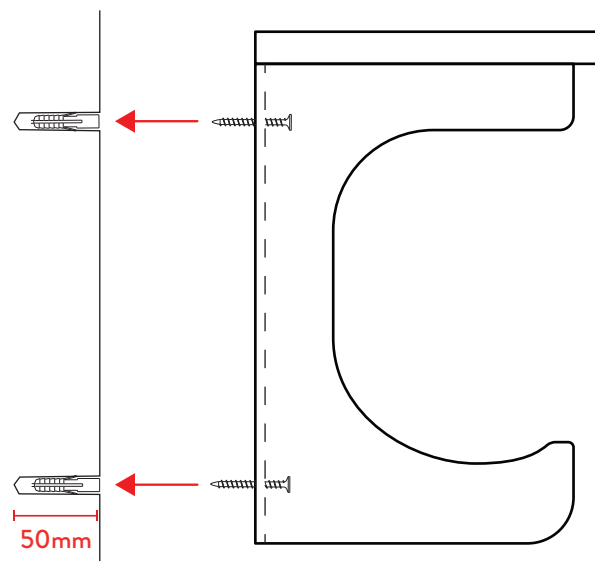
## INSTRUCTIONS

- 1) Find a suitable wall (solid brick wall or similar) and position away from any wiring or pipes.
- 2) Place the wall bracket against the wall, using a spirit level as a guide, mark the position of the 3 holes on the wall using a pencil.
- 3) Using a power drill with a 7mm bit, drill 3 holes 50 mm deep
- 4) Insert wall plugs into the holes
- 5) Position the wall bracket, and screw in the screws using a cross-head screwdriver

## CONTENTS CHECKLIST



## DIAGRAM - SIDE VIEW



Load the balance board wall bracket as shown. Do not use for heavier items.



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