

# FUNCTIONAL ACCESSORIES, RACKS & RIGS PRODUCT CATALOGUE

Life Funess

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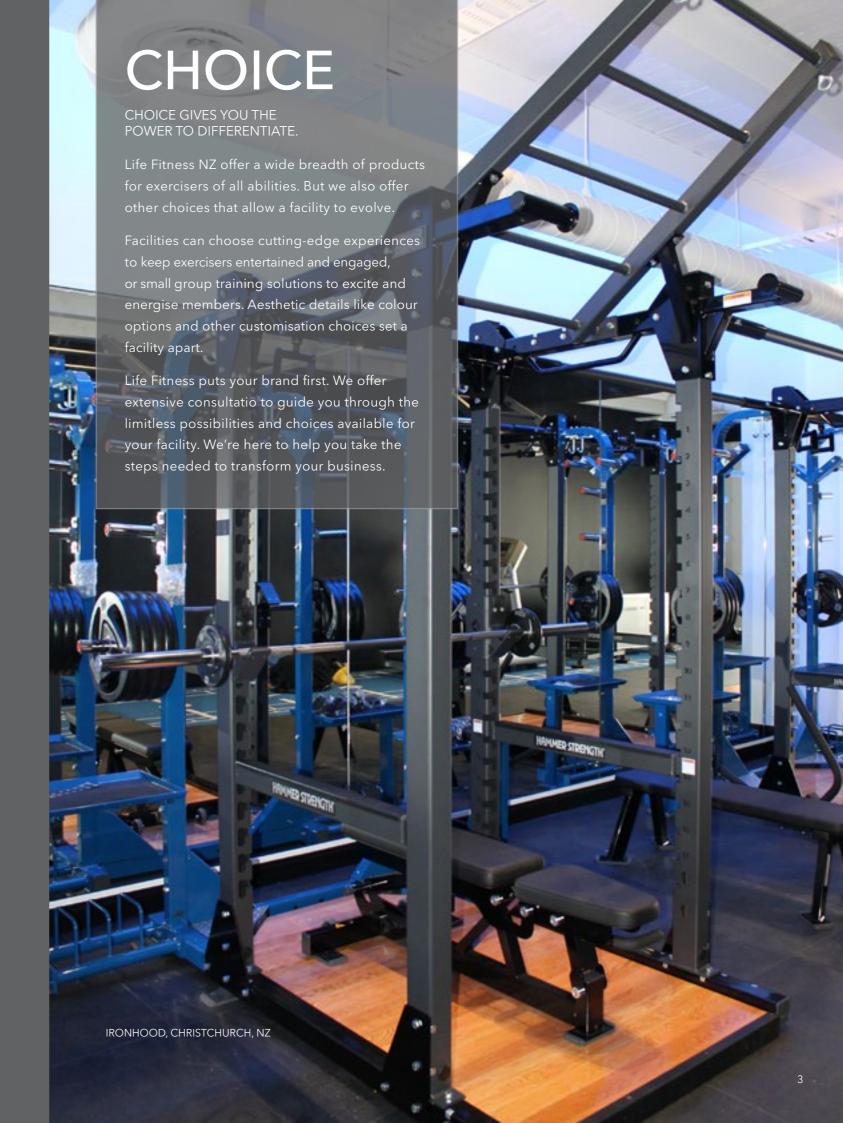
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#### TRANSFORMATION FOR **FACILITIES AND EXERCISERS**

Our calling is to encourage people around the world to reach their full potential, by providing the tools needed to create tranformational workout experiences.

For nearly 50 years, Life Fitness has been dedicated to creating exciting and invigorating fitness solutions. These allow fitness facilities to succeed and let exercisers reach their full potential.

Our mission to keep people active started with the Lifecycle exercise bike and continues with the widest range of cardio, strength, accessories and group training products in the fitness industry.

Both facilities and exercisers benefit from our innovation and product development. We know that every facility has unique goals and we provide the tools and choices needed to reach them.





#### REFINING & REDEFINING AN **INDUSTRY**

Founded in 2007 and in over 80 counties, ZIVA believes in the constant pursuit of evolution in design, manufacturing, and business for the fitness industry. With this belief at our core, its our imperative to commit ourselves to innovations that best equip all fitness environments with strong and beautiful training products.

ZIVA is redefining what a fitness club can and should be to stay competitive.

We design our collection of fitness products with the possibilities of what a club can become in our minds. Distinctive functional forms can change a space into an area people are drawn to. Our designers are dedicated to offering fitness clubs the best

equipment in the industry. There is a fine line between success and failure in the fitness/wellness industry so we've designed and built a unique collection of premium fitness equipment.

ZIVA, The Way to Live

### HAMMER STRENGTH

#### **POWERFUL PERFORMANCE**

The reputation of Hammer Strength has been built with steel, sweat and dedication.

Hammer Strength is the choice of professional athletes when they train at the highest levels, and it's replied upon by the top college and high schools around the world.

Hammer Strength is the number 1 option for elite athletes because it can take the pounding they dish out, and, most importantly, it's designed to provide results.

Hammer Strength isn't reserved just for professional training facilities or college weight rooms. Everyday athletes and those that like to train like professional athletes can benefit from the excellent biomechanical design in the same way that the pros do.

Hammer Strength isn't exclusive. It can be used to reach the fitness goals of anyone committed to putting in the hard work.



### escape 778

THE DESIRE TO INNOVATE AND INSPIRE RUNS THROUGH **EVERYTHING THAT ESCAPE FITNESS DOES.** 

Escape Fitness is a leader in the fitness field, constantly looking to push the boundaries of what is possible and make the ordinary extraordinary.

Founded in 1998, Escape Fitness has built a reputation for product innovation, quality and design while growing and competing through great partnerships in multiple markets worldwide.

Escape has helped improve the bottom lines of over 1000 fitness clubs and key distributors in 80 countries. Committed to functional training, Escape works with clubs to deliver the best possible exercise experiences. The company encourages both fitness professionals and their clients to 'Escape Your Limits' - a mentality that is the foundation of every Escape Fitness offering.





### DUMBBELLS



#### HAMMER STRENGTH POLYURETHANE DUMBBELL SETS

/ \		
2-20KG	PHDB1000	10 PAIR
22-30KG	PHDB1002	5 PAIRS
32-40KG	PHDB1004	5 PAIRS
42-50KG	PHDB1009	5 PAIRS
52-60KG	PHDB1010	5 PAIRS

The Hammer Strength Urethane Dumbbells are accredited with the TUV Quality Standard. These free weight products have been rigorously tested against stringent standards and have passed with flying colours. Careful monitoring of production processes ensures that these standards are consistently met. The TUV SUD Certification is awarded by the TUV SUD Group - one of the largest independent certification organisations in the



#### **ZIVA URETHANE DUMBBELLS**

2kg increments

2-20KG ZVO-DBPU-1001 12-30KG ZVO-DBPU-1002 22-30KG ZVO-DBPU-1003 32-40KG ZVO-DBPU-1004 ZVO-DBPU-1005 42-50KG 52-60KG ZVO-DBPU-1006

COLOUR OPTIONS AVAILABLE



#### **ZIVA SOLID STEEL URETHANE DUMBBELL SET**

1 -10 KG ZVO-DBPU-1301

**COLOUR OPTIONS AVAILABLE** 



#### LIFE FITNESS URETHANE STUDIO PACK

LF-GDB-5000P-01 INCL: 1/2/3/4KG -18 OF EACH SIZE 5/6KG - 9 OF EACH SIZE



#### **ZIVA URETHANE TRIBELL STUDIO**

STUDIO SET INCL 1 - 10KG SET ZVO-PUTB-1715

**COLOUR OPTIONS AVAILABLE** 



#### **ZIVA SOLID STEEL RUBBER DUMBBELLS**

LIVASOLID	SILLE KODDEK D
SET 2-20KG	ZVO-DBSR-2041
SET 12-30KG	ZVO-DBSR-2042
SET 22-30KG	ZVO-DBSR-2043
SET 32-40KG	ZVO-DBSR-2044
SET 42-50KG	ZVO-DBSR-2045
SET 52-60KG	ZVO-DBSR-2046



#### **ZIVA VIRGIN RUBBER TRIBELL STUDIO**

ZVO-RBST-2712

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### BARBELLS



#### HAMMER STRENGTH POLYURETHANE BARBELLS

10-20KG 25-45KG PHBB4000 PHBB4002 5 BARS 5 PAIRS

The Hammer Strength Urethane Dumbbells are accredited with the TUV Quality Standard. These free weight products have been rigorously tested against stringent standards and have passed with flying colours. Careful monitoring of production processes ensures that these standards are consistently met. The TUV SUD Certification is awarded by the TUV SUD Group - one of the largest independent certification organisations in the



#### **ZIVA URETHANE BARBELLS**

10-20KG, 5PCS 25-45KG, 5PCS 10-45KG, 10PCS ZVO-BSPU-1101 ZVO-BSPU-1102 ZVO-BSPU-1103

**COLOUR OPTIONS AVAILABLE** 



#### **ZIVA URETHANE EZ CURL BARBELLS**

ZVO-BCPU-1201

ZVO-BCPU-1202

CODE

10-20KG, 5PCS 25-45KG, 5PCS 10-45KG, 10PCS ZVO-BCPU-1203

COLOUR OPTIONS AVAILABLE



#### **ZIVA SOLID STEEL RUBBER BARBELLS**

SET 10-20KG, 5PCS SET 25-45KG, 5PCS SET 10-45KG, 10PCS ZVO-BSPU-2121 ZVO-BSPU-2122 ZVO-BSPU-2123



#### **ZIVA SOLID STEEL RUBBER EZ CURL BARBELLS**

10-20KG, 5PCS ZVO-BCPU-2221 ZVO-BCPU-2222 25-45KG, 5PCS 10-45KG, 10PCS ZVO-BCPU-2223



#### **ZIVA HX STUDIO DISC SET**

SET INCLUDES: 1.25KG,2.5KG,5KG

DISCS, BAR & COLLARS

URETHANE: ZVO-PH10-1624 RUBBER: ZVO-RHBS-2631





### BARS



#### **HAMMER STRENGTH CHROME OLYMPIC BARS**

25MM, BUSHING 15KG 29MM, BEARING 20KG

HS-OB-4002-01 HS-OB-3001-01



**ZIVA PREMIUM OLYMPIC BARS** 

209K PSI BAR 20KG 180K PSI CHROME BAR 15KG ZVO-HC0B-2982 ZVO-HCOB-2963



2.2M OLYMPIC BAR PREMIUM OLYMPIC BAR



**ZIVA OLYMPIC BARS**1.8M CHROME BAR ZVO-ZVO-LBHC-2953 ZVO-LBHC-2954 1.5M CHROME BAR 76M TRICEPS BAR ZVO-HCOB-2965 1.2M EZ CURL BAR ZVO-HCOB-2966 2.2M HARD CHROME BAR ZVO-LBHC-2952



**ESCAPE LOCK COLLARS** 50MM PAIR LJCOL10



**ZIVA SPRING COLLAR**OLYMPIC SPRING ZFT-OBST-0373



### **PLATES**











#### **HAMMER STRENGTH URETHANE BUMPER PLATE**

5KG HS-BP-1014-01 HS-BP-1011-01 10KG HS-BP-1010-01 20KG HS-BP-1009-01 25KG HS-BP-1008-01



#### **ZIVA URETHANE COMPETITION BUMPER DISCS**

DOMII EN DISCS	
SUPPORT DISC 2.5KG	ZVO-BDPU-3533
SUPPORT DISC 5KG	ZVO-BDPU-3534
BUMPER DISC 10KG	ZVO-BDPU-3535
BUMPER DISC 15KG	ZVO-BDPU-3536
BUMPER DISC 20KG	ZVO-BDPU-3537
BUMPER DISC 25KG	ZVO-BDPU-3538









#### **ZIVA URETHANE WEIGHT DISCS**

1.25KG ZVO-DCPU-1301 2.5KG ZVO-DCPU-1302 ZVO-DCPU-1303 5KG 10KG ZVO-DCPU-1304 15KG ZVO-DCPU-1305 20KG ZVO-DCPU-1306 25KG ZVO-DCPU-1307

**COLOUR OPTIONS AVAILABLE** 



HS-BP-1014-01 10KG HS-BP-2011-01 HS-BP-2010-01 15KG 20KG HS-BP-2009-01 25KG HS-BP-2008-01



#### **ESCAPE ELITE COMPETITION RUBBER BUMPER PLATE**

10KG EBP10 15KG EBP15 20KG EBP20 25KG EBP25



#### **ESCAPE CROSS TRAINING BUMPER PLATE**

10KG ECTBP10 15KG ECTBP15 20KG ECTBP20

MINIMUM ORDER QUANTITIES APPLY



#### **ZIVA RUBBER COMPETITION BUMPER DISCS**

SUPPORT DISC 5KG ZXP-RBBP-7211 ZXP-RBBP-7212 **BUMPER DISC 10KG** BUMPER DISC 15KG ZXP-RBBP-7213 ZXP-RBBP-7214 **BUMPER DISC 20KG BUMPER DISC 25KG** ZXP-RBBP-7215



#### **ZIVA RUBBER WEIGHT DISCS**

ZVO-DCRB-2301 1.25KG 2.5KG ZVO-DCRB-2302 ZVO-DCRB-2303 5KG 10KG ZVO-DCRB-2304 15KG ZVO-DCRB-2305 ZVO-DCRB-2306 20KG 25KG ZVO-DCRB-2307

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# FUNCTIONAL



#### **LIFE FITNESS MEDICINE BALL**

CODE	
1KG	LFMB001
2KG	LFMB002
3KG	LFMB003
4KG	LFMB004
5KG	LFMB005
6KG	LFMB006
7KG	LFMB007
8KG	LFMB008
9KG	LFMB009
10KG	LFMB0010



#### **ESCAPE TOTAL GRIP MEDBALL**

GREEN 1KG	TGM01
BLUE 2KG	TGM02
RED 3KG	TGM03
<b>GREY 4KG</b>	TGM04
BLACK 5KG	TGM05



#### **ESCAPE MULTI GRIP MEDBALL**

6KG	MGMB06
7KG	MGMB07
8KG	MGMB08
9KG	MGMB09
10KG	MGMB10



#### **ESCAPE SLAMBALL SBX.**

5KG		SBSBX	05
10KG		SBSBX	10
15KG		SBSBX	15
20KG		SBSBX	20



#### **ZIVA DUAL TEXTURE MEDICINE BALL**

ZIVA DUAL	I EXIORE IVIE
1KG	ZVO-CMMB-1921
2KG	ZVO-CMMB-1922
3KG	ZVO-CMMB-1923
4KG	ZVO-CMMB-1924
5KG	ZVO-CMMB-1925
6KG	ZVO-CMMB-1926
7KG	ZVO-CMMB-1927
8KG	ZVO-CMMB-1928
9KG	ZVO-CMMB-1929
10KG	7\/O_CMMR_1910



#### **ZIVA DUAL GRIPS MEDICINE BALL**

	OIVII S IVIED
3KG	ZVO-DGMB-923
4KG	ZVO-DGMB-923
5KG	ZVO-DGMB-923
6KG	ZVO-DGMB-923
7KG	ZVO-DGMB-923
8KG	ZVO-DGMB-923
9KG	ZVO-DGMB-923
10KG	ZVO-DGMB-923



#### **ZIVA SLAMBALL**

	196/11/16/166		
2KG	ZVO-SPSB-6870	3KG	ZVO-SPSB-6871
4KG	ZVO-SPSB-6872	5KG	ZVO-SPSB-6873
6KG	ZVO-SPSB-6874	7KG	ZVO-SPSB-6875
8KG	ZVO-SPSB-6876	9KG	ZVO-SPSB-687
10KG	ZVO-SPSB-6878	12KG	ZVO-SPSB-6879
15KG	ZVO-SPSB-6880	18KG	ZVO-SPSB-6881
20KG	ZVO-SPSB-6882	25KG	ZVO-SPSB-6883
30KG	ZVO-SPSB-6884		



#### 7IVA WALL BALLS

ZIVA VVA	ALL DALLS
2KG	ZVO-FTWB-927
3KG	ZVO-FTWB-9272
4KG	ZVO-FTWB-9273
5KG	ZVO-FTWB-9274
6KG	ZVO-FTWB-927
7KG	ZVO-FTWB-927
8KG	ZVO-FTWB-927
9KG	ZVO-FTWB-9278
10KG	ZVO-FTWB-9289

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**LIFE FITNESS GYM BALL** 

55CM LFGB55 65CM LFGB65 75CM LFGB75



**LIFE FITNESS STABILITY BALL** 

SELF-LEVELLING, WONT ROLL AWAY 55CM LF-SB-1000-01 65CM 75CM LF-SB-1001-01 LF-SB-1002-01



**LIFE FITNESS CORE BAGS** 

5KG LFCB050 10KG LFCB100 15KG LFCB150 20KG LFCB200 25KG LFCB250



**ZIVA POWER CORE BAG** 

5KG ZVO-FTPB-1831 ZVO-FTPB-1832 10KG ZVO-FTPB-1833 15KG 20KG ZVO-FTPB-1834 ZVO-FTPB-1835 25KG 30KG ZVO-FTPB-1836 ZVO-FTPB-1837 35KG ZVO-FTPB-1838 40KG



**ZIVA ANTI BURST CORE-FIT BALL** 

55CM ZSL-ABCD-055 65CM ZSL-ABCD-065 75CM ZSL-ABCD-075



#### **ESCAPE STEADYBALL**

**SELF-LEVELLING, WONT ROLL AWAY** EST-GB55 PURPLE 55CM 65CM EST-GB65 GREEN 75CM EST-GB75 BLUE



#### **ESCAPE SANDBAG**

SBAG10 SBAG20 GREEN 10KG BLUE 15KG RED 20KG SBAG20 GREY 30KG SBAG30 BLACK 40KG SBAG10



#### **ESCAPE TIYR**

LEVEL 1 EST-FLIP1 LEVEL 2 EST-FLIP2 LEVEL 3 EST-FLIP3 EST-FLIPS TIYR SET





#### **GRIPR**

**GREEN 2KG** GRIPR002 BLUE 4KG GRIPR004 RED 6KG GRIPR006 **GREY 8KG** GRIPR008 WHITE 10KG GRIPR010 **GREEN 12KG** GRIPR012 BLUE 14KG GRIPR014 GRIPR016 RED 16KG **GREY 18KG** GRIPR018 WHITE 20KG GRIPR020



**ZIVA ABDOMINAL PAD** ZFT-AMST-0181



**ZIVA BALANCE BOARD** ZFT-WDBB-0261



#### **HAMMER STRENGTH COMPETITION KETTLEBELL**

PURPLE, 8KG	HS-KB-1000-01
LIGHT BLUE, 12KG	HS-KB-1001-01
YELLOW, 16KG	HS-KB-1002-01
GREY, 20KG	HS-KB-1003-01
GREEN, 24KG	HS-KB-1004-01
ORANGE, 28KG	HS-KB-1005-01
RED, 32KG	HS-KB-1006-01



#### LIFE FITNESS STUDIO KETTLEBELL **PACK**

4KG / 5KG / 6KG / 7KG / 8KG / 9KG 10KG / 12KG / 14KG / 16KG



### 71VA COMPETITION KETTLEBELL

ZIVA C	OMPETITION KE
8KG	ZVO-KBCP-3453
12KG	ZVO-KBCP-3454
16KG	ZVO-KBCP-3455
20KG	ZVO-KBCP-3456
24KG	ZVO-KBCP-3457
28KG	ZVO-KBCP-3458
32KG	ZVO-KBCP-3459
36KG	ZVO-KBCP-3460
40KG	ZVO-KBCP-3461



#### LIFE FITNESS RUBBER KETTLEBELL

	LILIATO KODD
8KG	LFRKB8
12KG	LFRKB12
16KG	LFRKB16
20KG	LFRKB20
24KG	LFRKB24
28KG	LFRKB28
32KG	LFRKB32



#### **ESCAPE RUBBER KETTLEBELL**

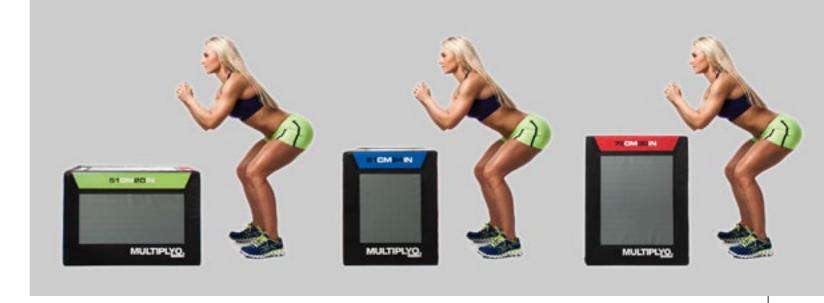
8KG	RKB8
12KG	RKB12
16KG	RKB16
20KG	RKB20
24KG	RKB24
28KG	RKB28
32KG	RKB32



#### ZIVA VIRGIN RUBBER KETTLEBELL

ZIVA VIRGIN	I RUBBER I
4KG	ZSL-RBKB-4302
6KG	ZSL-RBKB-4303
8KG	ZSL-RBKB-4304
10KG	ZSL-RBKB-4305
12KG	ZSL-RBKB-4306
14KG	ZSL-RBKB-4307
16KG	ZSL-RBKB-4308
20KG	ZSL-RBKB-4309
24KG	ZSL-RBKB-4310
28KG	ZSL-RBKB-4311
32KG	ZSL-RBKB-4312
36KG	ZSL-RBKB-4313
40KG	ZSL-RBKB-4314

COLOUR OPTIONS AVAILABLE





**ESCAPE MULTIPLY BOX** 



**ZIVA 3-IN-1 SOFT PLYO-BOX** ZSL-SFPY-4013



**ZIVA DUAL SURFACE PLYO BOX** 

3 PIECE SET ZFT-PYST-0736 4 PIECE SET ZFT-PYST-0737



**ZIVA WOODEN PLYO BOX** 3 IN 1 BOX ZXP-PBWD-7233



**ZIVA AGILITY CONES & CARRY STAND** AFT-FTAC-0514



**ZIVA AGILITY LADDER** 15" SPACING ZFT-FTAL-0512

FUNCTIONAL



**ZIVA ADJUSTABLE HURDLE** ZFT-FTAH-0556 HURDLE

**ESCAPE FITNESS JUMP ROPE** 

ADJUSTABLE LENGTH

EST-ROPE5



**ESCAPE RESISTANCE TUBES** 

LEVEL 1 - PINK EST-RTL1 LEVEL 2 - GREEN EST-RTL2 LEVEL 3 - BLUE EST-RTL3



**ESCAPE POWER TUBES** 

LEVEL 1 - PINK EST-PTL1 EST-PTL2 EST-PTL3 LEVEL 2 - GREEN LEVEL 3 - BLUE



**ZIVA RESISTANCE BANDS** 

VARIOUS OPTIONS AVAILABLE



**BATTLE ROPE** VARIOUS OPTIONS AVAILABLE



**ZIVA IRON RINGS SET** ZXP-WDRS-7234



TRX STRAPS

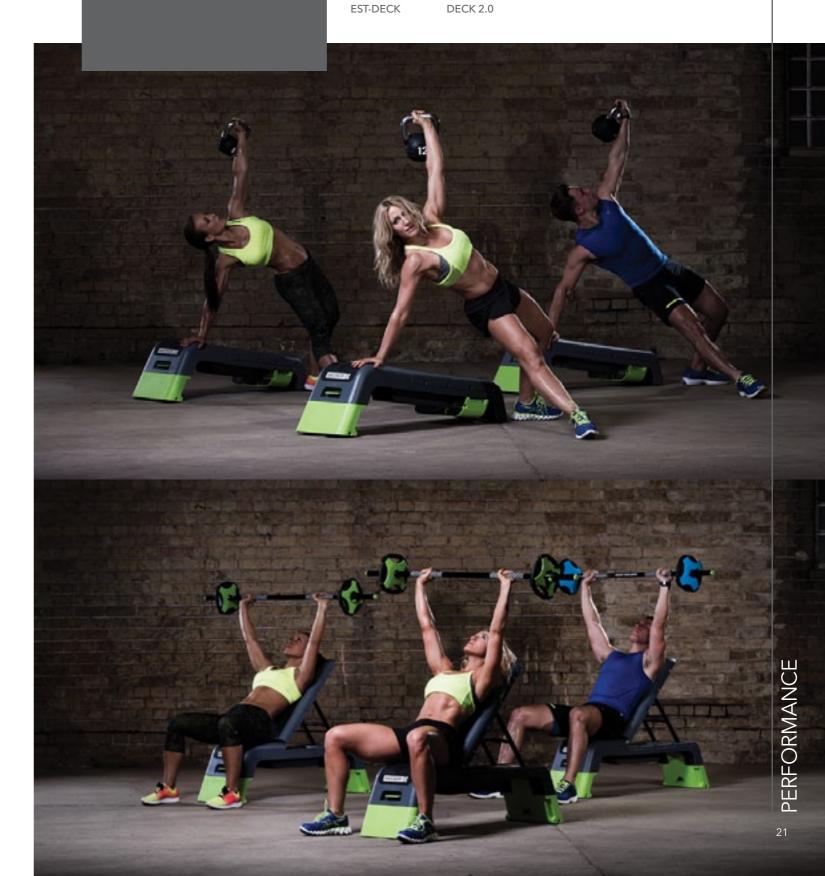
TRXH



The Deck 2.0 delivers superb versatility for step, circuits, pump classes, and bootcamps. with 16 configurations across Step, Ramp, and Bench modes, it's the perfect tool for whole body individual group training programmes.



**ESCAPE DECK 2.0** 











**ESCAPE STEP PLATFORM** 

TEP02

MINIMUM ORDER QUANTITIES APPLY



LIFE FITNESS FREE STANDING PUNCHBAG
ESC-EBOX-FSPB1



LIFE FITNESS HOOK & JAB LFBOXHJPR



LIFE FITNESS BOXING GLOVES
LFBOX12R



NZ BOXER BIG KAHUNA



ZIVA WALL MOUNTED PULL-UP BAR
BAR STATION ZXP-WMPU-0958
BAR EXTENSION ZXP-WMPU-0959

### **ESCAPE CABLE ATTACHMENTS**





STIRRUP HANDLE

SEATED ROW DUAL GRIP HANDLE PCA105

ANGLED TRICEP BAR



**DOUBLE TRICEP ROPE** CA112



SOFT GRIP STIRRUP HANDLE



**ZIVA DELUXE YOGA MAT** ZSL-TDYM-0251



**COMFORTGYM MAT**PAVI BLACK



FOAM ROLLER 2-021



ESCAPE ULTRA FLEX ROLLER
HARD ROLLER EST-HFR
SOFT ROLLER EST-SFR



**ZIVA POWERSLED** ZXP-PWSD-7231



**ZIVA FARMERS WALK HANDLES** ZXP-RGRK-0912







### BENCHES



**HAMMER STRENGTH FLAT BENCH** FW-FB



**HAMMER STRENGTH UTILITY BENCH** FW-UB75



HAMMER STRENGTH OLYMPIC FLAT BENCH\*



HAMMER STRENGTH OLYMPIC BENCH WEIGHT STORAGE\* O-BWS



HAMMER STRENGTH ADJUSTABLE
BENCH
FWMAB



HAMMER STRENGTH OLYMPIC INCLINE BENCH\*



HAMMER STRENGTH DECLINE
ABDOMINAL BENCH
CODE
FW-DB



HAMMER STRENGTH OLYMPIC DECLINE BENCH\*
O-DB





**HAMMER STRENGTH OLYMPIC** MILITARY BENCH\*



**HAMMER STRENGTH BACK EXTENSION** BW-BE



**LIFE FITNESS UTILITY BENCH** 



**LIFE FITNESS MULTI ADJUSTABLE** BENCH SMAB



**HAMMER STRENGTH SEATED ARM CURL\*** FW-AC



LIFE FITNESS OLYMPIC FLAT BENCH\* SOFB



LIFE FITNESS BACK EXTENSION



**LIFE FITNESS FLAT BENCH** 



LIFE FITNESS OLYMPIC INCLINE BENCH\*



LIFE FITNESS OLYMPIC DECLINE BENCH\*



LIFE FITNESS OLYMPIC MILITARY BENCH\*



LIFE FITNESS ARM CURL BENCH\*





LIFE FITNESS OPTIMA ADJUSTABLE **BENCH** OSADJ



LIFE FITNESS AB CRUNCH BENCH SABB



**ZIVA ADJUSTABLE BENCH** ZST-BFID-5409



**ZIVA UTILITY BENCH** ZST-BUTL-5405



LIFE FITNESS ADJUSTABLE DECLINE **ABDOMINAL BENCH** 



**ZIVA ANGLED BACK EXTENSION** ZST-BHEX-5407



**ZIVA ABDOMINAL BENCH** ZST-BADB-5406



**ZIVA OLYMPIC FLAT BENCH WITH** STORAGE ZST-BOFS-5401



**ZIVA SCOTT CURL BENCH** 



**ZIVA FLAT BENCH** ZST-BFLT-5404



**ZIVA OLYMPIC INCLINE BENCH WITH STORAGE** ZST-BOIS-5402



**ZIVA OLYMPIC DECLINE BENCH WITH STORAGE** ZST-BODS-5403





# STORAGE RACKS



HAMMER STRENGTH 6' FREESTANDING STORAGE\* AT-FSS-6



HAMMER STRENGTH 4' FREE STANDING STORAGE AT-FSS-4



HAMMER STRENTH SINGLE-TIER DUMBBELL RACK\*
FW-DR1



HAMMER STRENGTH TWO-TIER DUMBBELL RACK\* FW-DR2



HAMMER STRENGTH THREE-TIER

DUMBBELL RACK WITH KETTLEBELL TRAY\*
FW-DR3



HAMMER STRENGTH DELUXE
WEIGHT TREE\*
FW-DWT



HAMMER STRENGTH SMALL RUBBER WEIGHT STORAGE FW-BPS



HAMMER STRENGTH LARGE BUMPER PLATE STORAGE FW-BPL





HAMMER STRENGTH BARBELL RACK FW-BAR



LIFE FITNESS VERTICAL DUMBBELL RACK OSDBV



LIFE FITNESS BARBELL RACK
SBBR



LIFE FITNESS HANDLE ACCESSORY
PACK
MJHAR



LIFE FITNESS THREE-TIER DUMBBELL RACK\*
OSDB3



LIFE FITNESS SINGLE TIER DUMBBELL RACK\*
SDR1



LIFE FITNESS OLYMPIC WEIGHT TREE\*



ZIVA 5 PAIR HORIZONTAL DUMBBELL RACK\* ZST-DBST-5392



LIFE FITNESS TWO-TIER DUMBBELL RACK\*
SDR2



LIFE FITNESS HANDLE RACK\*



ZIVA 10 PAIR HORIZONTAL DUMBBELL RACK\*
ZST-DBST-5393



ZIVA 15 PAIR HORIZONTAL DUMBBELL RACK\*
ZST-DBST-5399





**ZIVA 5 PIECE VERTICAL BARBELL RACK**\* ZST-VL05-5109



ZIVA TRIBELL STUDIO DUMBBELL STORAGE\*
ZST-VS10-6024



**ZIVA 10 MULTI-BALL TREE\*** ZST-MDRK-6009



ZIVA MULTI-FUNCTIONAL STORAGE RACK\* ZXP-MFSR-7219



ZIVA 10 PIECE VERTICAL BARBELL RACK\*
ZST-VL10-5108



**ZIVA BAR STORAGE STATION\*** ZST-VLBR-5120



**ZIVA 5 MULTI-BALL TREE**\* ZST-MDRK-6008



ZIVA BUMPER STORAGE RACK ZXP-RGRK-0902



ZIVA WALL-MOUNTED OLYMPIC BAR STORAGE RACK ZXP-OBSR-7218



**ZIVA OLYMPIC BAR STORAGE STAND** ZXP-OBSS-7217



ZIVA KETTLEBELL RACK\* ZST-KBRK-6003



ZIVA 4 PIECE KETTLEBELL RACK\* ZXP-KBRK-6004





**ZIVA FLOOR-MOUNTED 5 PAIR VERTICAL DUMBBELL RACK\*** ZXP-VTRK-7104



**ZIVA FLOOR-MOUNTED 4 PAIR VERTICAL DUMBBELL RACK\*** ZXP-VTRK-7103



**ZIVA CORE-FIT EXERCISE BALL STATIONS** ZST-EXBS-6016



**ZIVA FUNCTIONAL ACCESSORIES STORAGE RACK\*** ZST-FTRK-0105



**ZIVA WALL MOUNTED STUDIO RACK**\* ZSL-VTDB-7819



**ZIVA WALL MOUNTED BAG AND BALL RACK**\* ZSL-WMMB-9526



**ZIVA WALL MOUNTED BALL RACK**\*

LARGE RACK

ZSL-WMMB-9528 MEDIUM RACK ZSL-WMMB-9527



**ZIVA WALL MOUNTED PLATE RACK**\* ZSL-WMPK-9547



**ZIVA WALL MOUNTED PLATE** AND BAR STORAGE RACK\* 3 BAR STORAGE ZSL-WMMB-9543

6 BAR STORAGE

ZSL-WMMB-9565





ZIVA WALL MOUNTED DUMBBELL RACK\* ZSL-WMDB-9549



ZIVA WALL MOUNTED BARBELL RACK\* ZSL-WMBB-9546



ZIVA 42" WALL STORAGE WITH PULL UP BAR\*
ZXP-RKHF-7239



ZIVA 72" WALL STORAGE WITH PULL UP BAR\*
ZXP-RKHF-7246









### HD ATHLETIC

Heavy-duty racks and rigs that can be configured in nearly limitless combinations. The many HD Athletic options provide versatile and effective training tools for athletes of all levels. Modularity lets any facility build a unique and exciting performance small group training and HIIT area with rugged Hammer Strength equipment.

#### **HD ATHLETIC RACKS**

Hammer Strength racks are found in the world's top professional athletic training facilities. HD Athletic racks offer a wide range of configurations and add-ons to fit the training needs of exercisers at any level.

#### **HD ATHLETIC RIGS**

Build a rig system designed specifically for your fitness facility. HD Athletic rigs can be configured to cater to your training programs.

#### **HD ATHLETIC PERIMETER**

Versatile, space-saving systems that are designed to be placed along a wall to create open training spaces.



# **RACKS**

### HAMMER STRENGTH



**POWER RACK** AT-PR



**COMBO RACK** AT-HRHR



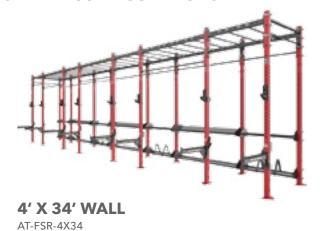
**HALF RACK** AT-HR



# RIGS

### HAMMER STRENGTH

#### **SAMPLE CONFIGURATIONS**



6' X 14' ANGLED MONKEY

AT-FSR-6X14





6' X 14' STORAGE

4' X 14' BOXED RIG AT-FSR-4X14



6' X 4' WING RIG AT-FSR-6X4



4' X 24' BASIC RIG AT-FSR-4X24



AT-FSR-6X14



# RACK/RIG& PERIMETER **ATTACHMENTS**

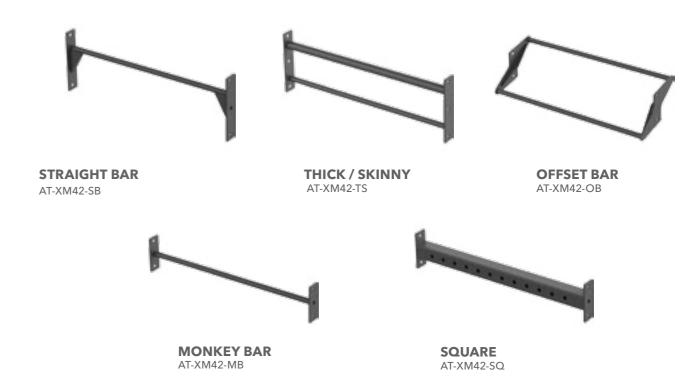
### PERIMETER







RACK / RIG / PERIMETER XMEMBERS (AVAILABLE IN 72" AND 42")



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#### RACK / RIG / PERIMETER ATTACHMENTS / STORAGE / BENCHES



POWER RACK FLEXIBLE **BAR CATCH** AT-PR-FBC



**BAND PEGS** AT-BP



**POWER PIVOT™** AT-PP



**DIP HANDLE** AT-DIP



RACK BUMPER PLATE **STORAGE** AT-RBPS



WING\* WING42



4' FREESTANDING STORAGE\* AT-FSS-4



**6' FREESTANDING** STORAGE\* AT-FSS-6



**MULTI-ADJUSTABLE BENCH** AT-MAB

#### RIG / PERIMETER STORAGE CONNECTORS (AVAILABLE IN 72" AND 42")



**DUMBBELL TRAY** AT-SM72-DBT



**KETTLEBELL TRAY** AT-SM72-KBT



2 PIPE AT-SM72-2P

#### **RACK REAR XMEMBERS**



THICK SKINNY SHORT AT-XM42-TS



**MULTI-GRIP** AT-XM42-MG

#### **RIG ATTACHMENTS**



**RIG BAR STORAGE** AT-BS



**BAR SUPPORT** AT-PR-BS



**BAR CATCH** AT-HR-BC







#### **PERIMETER ATTACHMENTS**



**ARC BAR** AT-ARC



**NEUTRAL GRIPS (PAIR)** 



**BALL GRIPS (PAIR)** 



AT-NG



### HD ELITE

#### **RUGGED VERSATILITY**

An HD Elite<sup>™</sup> Rack is a fixture for any facility that puts a premium on performance.

It offers strength training for individuals, and it can be configured as a small group training area for exercisers who want to take the intensity of their group workouts up a notch.

Performance training with an HD Elite Rack creates an energetic environment that uses physical challenges and sweat to promote teamwork and camaraderie.

#### **STAND-ALONE RACKS**

#### **EXAMPLE CONFIGURATIONS**







MULTI-RACK HDLMR



POWER RACK HDLPR

#### **BASE AND STORAGE**



**SUMO BASE** 



**BUMPER STORAGE AND TRAY** 



ACCESSORY STORAGE/ DIP STATION / HDLADS

**ACCESSORY STORAGE RACK** HDLASR



STAND-ALONE STORAGE\* HDLSTOR-SA



**COMBO STORAGE - SHORT SINGLE\*** HDLSTOR-SS



**COMBO STORAGE - MEDIUM** SINGLE\* HDLSTOR-MS



**COMBO STORAGE - LONG** DOUBLE\* HDLSTOR-LD

#### **PULL-UP BARS**



2-HANDLE PULL-UP HDL2PU



**3-HANDLE PULL-UP** HDL3PU



**THICK GRIP PULL-UP** HDLTPU



**DUAL PULL-UP** HDLDPU



**STRAIGHT BAR PULL-UP HDLSSPU** 



**NEUTRAL BAR PULL-UP** HDNPU



**ROTATING CHIN-UP HDLRCU** 



STRAIGHT THICK SIDE PULL-UP



**ARC DUAL PULL-UP HDLARC** 



WING\* HDLWG

### **OPTIONAL ATTACHMENTS**



**POWER PIVOT** HDLPP



**SLIDING BAND PEG** HDLSBP



**STEP-UP PLATFORM** HDLSTP-HR & HDLSTP-PRMR



**SINGLE LEG SQUAT BAR** HDLSLS



**REVERSE BAR SUPPORT HDLRBS** 



**DIP HANDLES** HDLDIP-HR & HDLDIP-PRMR



\*Attachments, accessories & weights shown in images are optional extras.



**TECHNIQUE TRAY** HDLTT-HR & HDLTT-PRMR



**TOP BAND PEGS / HDLTBP** 



**BATTLE ROPE ATTACHMENT** HDLBL



**RACK CONNECTOR - THICK STRAIGHT** HDLRC-TS



**RACK CONNECTOR - SQUARE** 



**SPOTTER PLATFORMS / HDLSP** 



**TOP BALL STORAGE** 



**ARC BAR** AT-ARC



**NEUTRAL GRIPS (PAIR)** AT-NG



BALL GRIPS (PAIR) AT-BG3

#### **PLATFORMS**



PREMIUM WOOD PLATFORMS

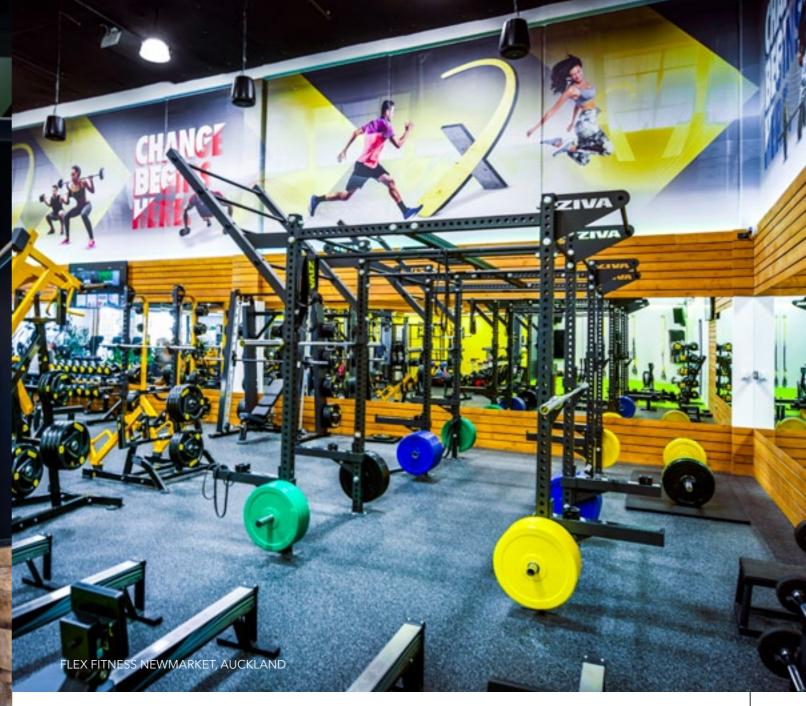


RUBBER INTERLOCK PLATFORM

Custom platform logo options are available







### ZIVA XP

ZIVA XP for when extreme performance is necessaary.

- Expandable RIGS SystemPower RACKS and Half RACKS

High-intensity inspired, expandable RIGS System and RACKS, hard use training equipment. The Ziva range of rigs can be customised to suit your individual training space.

The Ziva XP range is the perfect solution for all sizes of commercial, cross fit and university / school fitness clubs.

# RACKS

MULTIPLE BUILD OPTIONS TO SUIT YOUR INDIVIDUAL REQUIREMENTS. Multiple colour options available.



**POWER RACK WITH STORAGE** ZXP-RKFL-7208



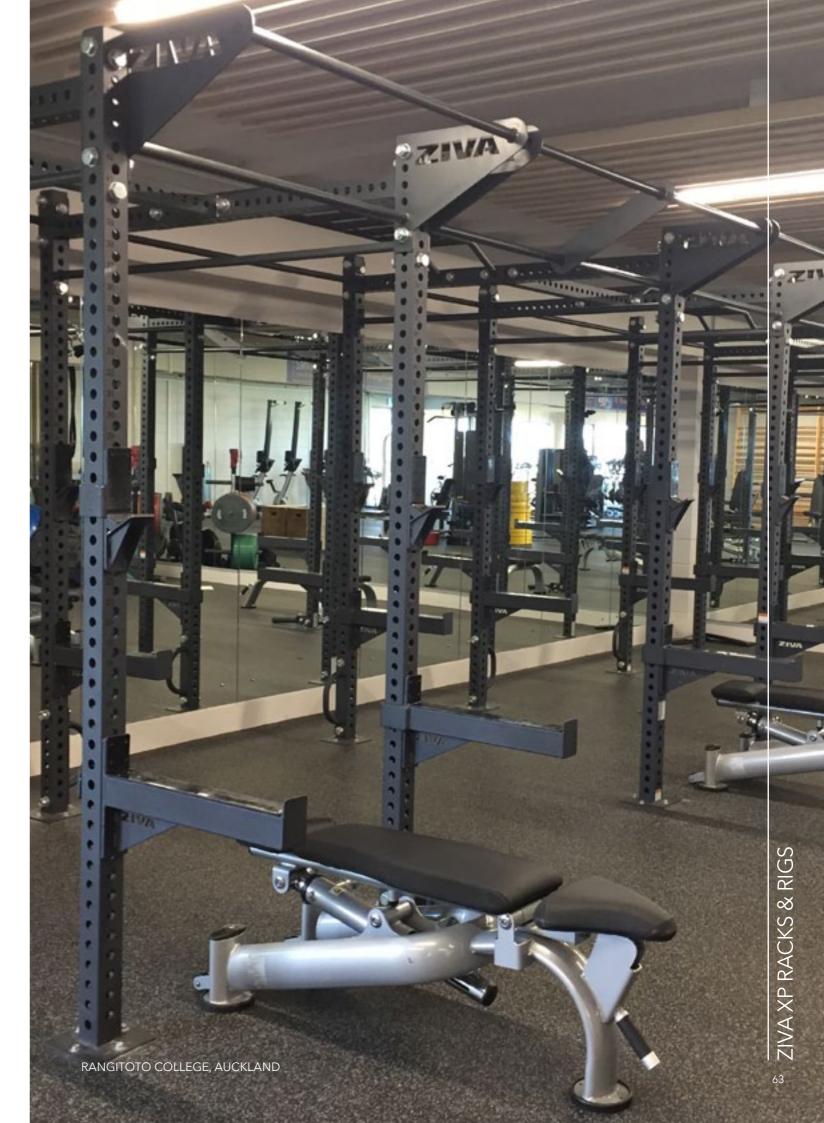
HALF RACK WITH STORAGE ZXP-RKFL-7206



**POWER RACK** ZXP-RKFL-7209



**HALF RACK** ZXP-RKFL-7207



### RIGS

MULTIPLE BUILD OPTIONS TO SUIT YOUR INDIVIDUAL REQUIREMENTS. FREE STANDING OR WALL MOUNTED SYSTEMS FOR YOUR SPECIFIC SPACE.

Multiple colour options available.











#### **XP ATTACHMENTS**

EXPAND AND AUGMENT YOUR INDIVIDUAL XP RIG SYSTEM WITH ATTACHMENTS



**SINGLE PULL-UP BAR** ZXP-RGAT-0981



SQUARE TUBE W/ PULL-UP BAR FLYING DOUBLE PULL-UP BAR ZXP-RGAT-0951



ZXP-RGAT-0952



**DOUBLE PULL-UP BAR** ZXP-RGAT-0953



**DOUBLE PULL-UP BAR** ZXP-RGAT-0953



**MULTIGRIP CROSSBAR 4'** ZXP-RGAT-0997



**MULTIGRIP CROSSBAR 6'** ZXP-RGAT-0998



**CHIN UP BAR ATTACHMENT** ZXP-RGAT-0990



4' FLYING PULL-UP ATTACHMENT ZXP-RGAT-0989



**6' FLYING PULL-UP ATTACHMENT** ZXP-RGAT-0954





**GLUTE/HAMSTRING ATTACHMENT** ZXP-RGAT-0982



4' FLYING PULL-UP ATTACHMENT ZXP-RGAT-0983



**BALL TARGET ATTACHMENT** ZXP-RGAT-0986

**PULL-UP BALL ATTACHMENT** ZXP-RGAT-0991



**D-HANDLE ATTACHMENT** ZXP-RGAT-0987



**STANDARD J-CUP ATTACHMENT** ZXP-RGAT-0993



**SANDWICH J-CUP ATTACHMENT** ZXP-RGAT-0973



**SAFETY ARMS ATTACHMENT** ZXP-RGAT-0994



**STAINLESS STEEL PLATE STORAGE PEG ATTACHMENT** ZXP-RGAT-0961



**SAFETY ARMS ATTACHMENT** ZXP-RGAT-0956



**POWER RACK INSIDE NYLON** STRAP SAFETY ZXP-RGAT-0956



**FLAT ARM CANTILEVER EXTENSION ATTACHMENT** ZXP-RGAT-0999



**ANGLED ARM CANTILEVER EXTENSION ATTACHMENT** ZXP-RGAT-0960



FRAME MOUNT SHACKLE W/CARABINER ATTACHMENT ZXP-RGAT-0988



**LANDMINE ATTACHMENT** ZXP-RGAT-0984



**RIGS SAFETY PLATE** ZXP-RGSP-0962



**BAND PEGS** ZXP-RGAT-0955



FRAME MOUNT SINGLE **BAR STORAGE ATTACHMENT** ZXP-RGAT-0996



**CHROME PLATE STORAGE PEG ATTACHMENT** ZXP-RGAT-0957



KETTLEBELL/ACCESSORY STORAGE SHELF ZXP-RGAT-0971



**BUMPER DISC/BALL STORAGE SHELF** ZXP-RGAT-0972







# INFINITY

Premium commercial wall mounted, corner mounted, and freestanding modular functional storage systems.

#### **S1: INFINITY ONE**

Infinity One is a series of corner mounted single module stations that maximise versatility while minimising footprint. This series is designed for facilities with limited floor space and wanting to maximise training space.







PT ZFS-CSCR-8007

**SQUAT** ZFS-SQCR-8004

**CABLE** ZFS-CSCR-8001

**REBOUNDER** ZFS-RRCR-8005

#### **S2: INFINITY TWO**

Infinity Two is a series of wall mounted functional stations formed by the linking of two Infinity One modules. These transform poorly utilised wall space into robust training areas, while still functioning as all-in storage solutions.





**REBOUNDER & UNIVERSAL** ZFS-INUN-7434

**DOUBLE** ZFS-INUN-7406



**SQUAT & UNIVERSAL** ZFS-INUN-7403



**CABLE & UNIVERSAL** ZFS-INUN-7433

#### **S3: INFINITY THREE**

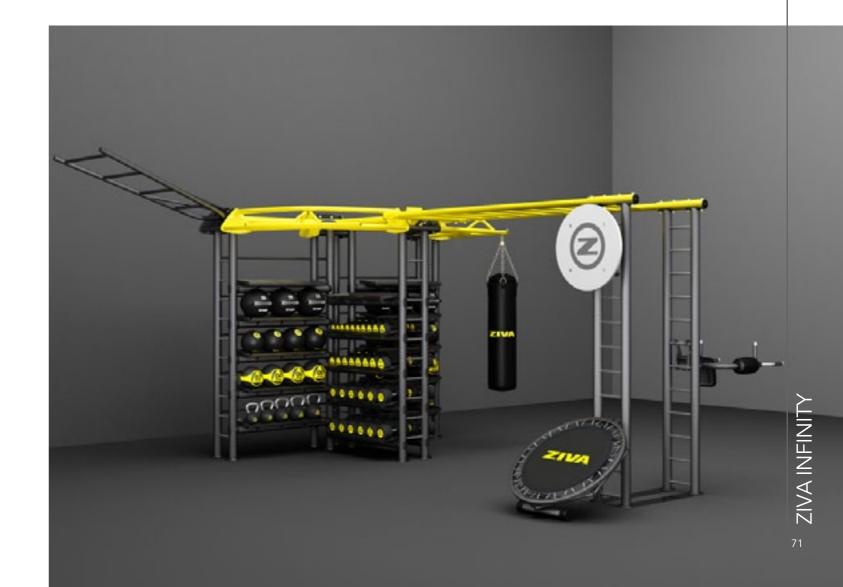
Infinity Three series offers all of the functional versatility of Infinity Two with the addition of Ziva's hard duty 3.3m suspension zone. This series is ideal for schools, gyms and fitness centres looking to effectively incorporate group training into underutilised spaces. Wall mounted or freestanding optioins are availble in a variety of configurations depending on your specific requirements.

#### **SAMPLE CONFIGURATIONS**



ZFS-INUN-7436

**UNIVERSAL DOUBLE** ZFS-INUN-7410



#### **S4: INFINITY FOUR**

Infinity FOUR series builds on the Infinity THREE series with two to four additional training modules mounted to the suspension zone. Infinity FOUR is a large freestanding station, ideal for group training and classes in facilities with devoted functional training area. The multi training modules, the suspension zone and the integrated roofing system amount to a station which accomodated literally hundreds of exercise options and variations, making this the most capable series of the Infinity lineup.

#### **SAMPLE CONFIGURATIONS**







#### **INFINITY OPTIONAL ATTACHMENTS**



**BOXING BAG** ZFS-INHB-7440



**DIP KNEE** ZFS-UNLA-7450



**ROOF DOUBLE TARGET** ZFS-UNCR-9586



**ROOF SINGLE TARGET** ZFS-INHB-7440



**REBOUNDER** ZFS-UNCR-9585



**TARGET** ZFS-UNLA-7443



**UNIVERSAL SHELVES** ZFS-SQCR-8025



**BAT WINGS** ZFS-UNCR-9589



**LANDMINE** ZFS-UNCR-9590



# **HOW TO CONTACT US**

07 849 3364 0800 895 185

sales@lifefitness.co.nz www.lifefitness.co.nz www.advancefitness.co.nz

North Island Territory Manager 021 710 263

South Island Territory Manager 021 710 684

Key Accounts Manager 021 710 269

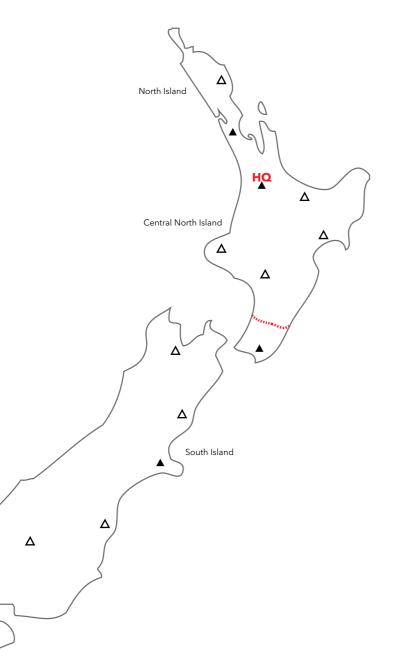
Vertical & Consumer Accounts 021 881 019

Proiect Team 07 849 3364 ext 1

Service Department 07 849 3364 ext 2

Parts Department 07 849 3364 ext 3

▲ Service Technician Team Bases



Pacific Islands

### We are more than fitness equipment suppliers

We believe that you should work with people who not only understand where you are coming from, but instinctively know what you need to take the steps to build and grow your

Utilise our expertise in the fitness industry to build your dream with world-leading equipment.

Take advantage of our **Commercial Design** service. We will design you a space that speaks to your commercial goals and is unique to you. We will work in partnership with you to maximise member impact and facility performance.

When you partner with us you're not only becoming a client, you're joining the Life Fitness team.

We carry an array of fitness accessories to compliment your facility. From equipment such as in this brochure, but also the full Life Fitness and Hammer Strength range. We also offer a range of flooring options from brands such as Pavigym, among others.

A simple phone call or email to one of our friendly and experienced team is all it takes to find out more information.

Talk soon.

















