

# Substance Use

What's in the Deck

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## Discovery Cards Content Map

### Overview Cards

**6** Overview Cards

- Main Color: Box Color
- 1 Topic Description Card
- 1 Quick Start Card
- 1 Model Card
- 1 Expert Card
- 1 Topic Definition Card
- 1 R1 Card

### Activity Cards

**5** Activity Cards

- Main Color: Black
- Activity 1: Identify My Substance Use Behavior Do I have a problem?
- Activity 2: Defining My Substance Use
- 1 ME Action Card
- 1 Substances Card
- 1 Substance Use Disorder

### Definition Cards

**11** Definition Cards

- Main Color: White with Color
- 1 Use (Yellow)
- 1 Control (Orange)
- 1 Time (Red)
- 1 Problem (Purple)
- 5 Problem (Blue)
- 1 Tolerance (Green)
- 1 Withdrawal (Green)

### Sorting Cards

**33** Sorting Cards

- Main Color: Mostly Colors
- 3 Use (Yellow)
- 3 Control (Orange)
- 3 Time (Red)
- 3 Craving (Purple)
- 15 Problem (Blue)
- 3 Tolerance (Green)
- 3 Withdrawal (Green)

### Substance Class Cards

**9** Substance Class Cards

- Main Color: Gray
- 1 Alcohol
- 1 Caffeine
- 1 Cannabis
- 1 Hallucinogens
- 1 Inhalants
- 1 Opioids
- 1 Sedatives
- 1 Stimulants
- 1 Tobacco

**64** TOTAL CARDS