



Recovery Capital Plan – Step 1

Discovery Cards Summary Worksheet

ID: _____

DATE: _____

Recovery Capital Dimension	R1 Score (RCS-36)	Recovery Capital Item <i>(From top of Discovery Cards fronts)</i>	Goal Worksheets
MY STRENGTHS		Strengths to Build or Leverage	COMPLETED
PERSONAL CAPITAL			
Global Health & Wellness	P1	▪ ▪	<input type="checkbox"/> <input type="checkbox"/>
Citizenship	P2	▪ ▪	<input type="checkbox"/> <input type="checkbox"/>
Sobriety	P3	▪ ▪	<input type="checkbox"/> <input type="checkbox"/>
RCS-36 PERSONAL TOTAL	PT		
SOCIAL CAPITAL			
Intimate Relationships	S1	▪ ▪	<input type="checkbox"/> <input type="checkbox"/>
Family Relationships	S2	▪ ▪	<input type="checkbox"/> <input type="checkbox"/>
Friendships	S3	▪ ▪	<input type="checkbox"/> <input type="checkbox"/>
RCS-36 SOCIAL TOTAL	ST		
COMMUNITY CAPITAL			
Recovery Community	C1	▪ ▪	<input type="checkbox"/> <input type="checkbox"/>
Wider Community	C2	▪ ▪	<input type="checkbox"/> <input type="checkbox"/>
Professionals	C3	▪ ▪	<input type="checkbox"/> <input type="checkbox"/>
RCS-36 COMMUNITY TOTAL	CT		
MY IMMEDIATE NEEDS		Areas To Address	COMPLETED
BARRIERS			
▪		▪	<input type="checkbox"/>
▪		▪	<input type="checkbox"/>
UNMET NEEDS			
▪		▪	<input type="checkbox"/>
▪		▪	<input type="checkbox"/>