

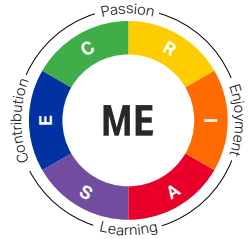


ACTIVITY WORKSHEET



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ID:



Activity 4: The Four Quadrants — Interests and Skills Assessment

Visit R1LEARNING.COM to download printable Activity Worksheets.

Discovery Cards Summary

From each stack of cards on the boxes below, select up to 10 cards for each area and record them on the worksheet.

High Skill ↑	Low Interest / High Skill	High Interest / High Skill	
	Disengaged / Burnout	Engaged / High Performing	
	Activities: from card fronts Career Interest Type <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>	Activities: from card fronts Career Interest Type <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>	
Low Skill ↓	Low Interest / Low Skill	High Interest / Low Skill	
	Misaligned / Low Performing	Re-engaged / Development Opportunity	
	Activities: from card fronts Career Interest Type <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>	Activities: from card fronts Career Interest Type <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>	
	Low Interest	→	High Interest