

# TROOP 70

## STAR Rank

### Scoutmaster Conference Worksheet

The first part of this worksheet is the Personal Growth Agreement. The second part is a study sheet for your Scoutmaster's Conference.

During your Scoutmaster's Conference you may be asked some or all the questions on your study sheet. If you completed the requirements for the Star Rank then you should have no difficulty with your conference. You cannot fail a conference but you may be recommended to go over the material and return for a follow up conference.

#### Personal Growth Agreement

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Grade: \_\_\_\_\_ Date: \_\_\_\_\_

#### Scout Spirit:

I have demonstrated Scout Spirit by \_\_\_\_\_

I will continue demonstrate Scout Spirit by \_\_\_\_\_

I am a positive role model for the other Scouts because \_\_\_\_\_

#### Duty to Others:

I do a "Good Turn Daily". Examples are: \_\_\_\_\_

I participated in these service projects: \_\_\_\_\_

These service projects benefited: \_\_\_\_\_

How I felt when I completed the service \_\_\_\_\_

#### Advancement:

While earning this rank I enjoyed the \_\_\_\_\_ requirement best because \_\_\_\_\_

I found requirement number \_\_\_\_\_ the most challenging because \_\_\_\_\_

#### My Camping Experience:

I have completed \_\_\_\_\_ nights of camping since achieving my current rank.

I have been on the following campouts and other activities: \_\_\_\_\_

I liked the trip best because \_\_\_\_\_

#### My Role in My Patrol: We are the Patrol

My Patrol is [ ] Great [ ] Good [ ] Fair [ ] Poor. My job in the patrol is \_\_\_\_\_

I try to help the Patrol by \_\_\_\_\_

We have a Patrol [ ] song, [ ] yell, [ ] flag, [ ] meeting place, [ ] mobilization plan.

My Patrol Leader [ ] does [ ] does not tell me what is happening in the patrol and troop.

My Patrol Leader [ ] does [ ] does not let me take part in the activities and work of the patrol.

My Patrol Leader [ ] does [ ] does not keep track of my advancement.

My Patrol Leader [ ] does [ ] does not teach me skills and provide opportunity for advancement.

My Patrol mates and I are represented [ ] well [ ] poorly at the PLC, because:

\_\_\_\_\_

I will continue to help my patrol by: \_\_\_\_\_

### **My Role in the Troop**

I Think my Troop is [ ] Great [ ] Good [ ] Fair [ ] Mediocre [ ] Poor.

The things I like most about the troop are \_\_\_\_\_

The things I like least about the troop are \_\_\_\_\_

I will help make things better by \_\_\_\_\_

I would like the Troop to take a trip to \_\_\_\_\_

What being a Boy Scout means to me: \_\_\_\_\_

I understand what "complete uniform" is, and promise to wear it to Scout meetings ([ ] yes or [ ] no):

### **My Leadership Positions (at least 4 month as a First Class):**

While in my current rank leadership position was: \_\_\_\_\_

My most challenging leadership situation was: \_\_\_\_\_

I handled it by \_\_\_\_\_

For my next rank, I want to serve my Troop or patrol in the following position: \_\_\_\_\_

The leadership skill I expect to use the most while in this position: \_\_\_\_\_

I intend to help the younger Scouts by \_\_\_\_\_

### **Working Toward Life:**

I intend to complete the requirements for Life by (date): \_\_\_\_\_

I am interested in working on the following Merit Badges: \_\_\_\_\_,

\_\_\_\_\_

(Circle the three required for eagle)

### **Other Comments:**

Respectfully submitted by: \_\_\_\_\_

By signing this Personal Growth Agreement, I agree to live by the Scout Oath and Scout Law at all times  
[ ] Accepted [ ] not accepted: Dated, \_\_\_\_/\_\_\_\_/2019.

### **Recommendation:**

**BOY SCOUT** \_\_\_\_\_ ready for Board of Review

**NEEDS MORE WORK ON ITEMS WITH (\*), RE-DO CONFERENCE** \_\_\_\_\_ **WHEN?** \_\_\_\_\_

**SCOUTMASTER signature:** \_\_\_\_\_ **Date:** \_\_\_\_/\_\_\_\_/2019

**TROOP 70 SCOUTMASTER CONFERENCE  
CHECK LIST FOR STAR RANK**

<b>BASICS:</b>	<b>Pass Y/N</b>	<b>KNOTS: (How to Tie Them and Their Uses)</b>	<b>Pass Y/N</b>
Uniform – <u>Complete</u> for SMC (SMC will be reschedule if not complete with everything below). <ul style="list-style-type: none"> <li>• BSA Class A Shirt and pants, socks &amp; belt</li> <li>• Patches (<u>sewn on</u>): Troop #, Rank and Patrol.</li> <li>• Scout Handbook</li> </ul>		Scout must bring materials needed for Scout Master Conference: SMC worksheet & check list, ropes, knife, skill cards: (Tote-n-chip, Fire-n-chip, Tech- chip)	
1. Scout Law		1. Square Knot	
2. Scout Oath		2. Two Half Hitches	
3. Scout Motto		3. Taut-Line Hitch	
4. Scout Slogan		4. Whip A Rope	
5. Outdoors Code		5. Sheet Bend	
6. Explain the 7 principles of <a href="#">Leave No Trace</a>		6. Bowline	
7. Explain <b>3 R's</b> of personal safety and protection		7. Timber Hitch	
8. Done Edge Method Teaching		8. Clove Hitch	
		9. (2) Lashing of your choice	

**SKILLS:**

**A. Show First Aid for the Following:**

1. Simple Cuts and Scratches
2. Blisters on the Hand and Foot
3. Minor Burns or Scalds (First Degree)
4. Bites or Stings of Insects; Ticks
5. Poisonous Snakebite
6. Nose Bleeds
7. Object(s) in the Eye
8. Bite of a Suspected Rabid Animal
9. Puncture Wound From Splinter, Nail and Fish Hook
10. Serious Burns (Second Degree)
11. Heat Exhaustion
12. Shock
13. Show First Aid for Frostbite
14. Demonstrate First Aid for:
  - a. Dehydration
  - b. Heatstroke
  - c. Hypothermia
15. Hurry Cases of:
  - a. Stopped Breathing,
  - b. Serious Bleeding,
  - c. Internal Poisoning
16. Explain "Choking Maneuver" and When To Use It

**BSA Handbook Page**

- (Page 125)  
 (Page 125)  
 (Pages 136-137)  
 (Pages 131-132)  
 (Pages 129-130)  
 (Pages 126-127)  
 (Page 133)  
 (Page 128)  
 (Pages 134-135)  
 (Page 137)  
 (Page 139)  
 (Pages 123-124)  
 (Pages 140-141)  
  
 (Pages 137-138)  
 (Pages 139-140)  
 (Page 141)  
  
 (Pages 115-118)  
 (Pages 115,119-120)  
 (Pages 115,121-122)  
 (Pages 120-121)

**B. General Knowledge:**

1. Display, Raise, Lower and Fold a Flag
2. What is "The Buddy System" and Why Do We Use It?
3. What is "Safe Swim Defense?"
4. Present: TOTIN' Chip Card, FIREM'N Chit, Tech or Cyber Chip

- (Pages 58-60)  
 (Pages 29,160,404)  
 (Pages 172-173)

**C. Orienteering:**

1. Demonstrate How a Compass Works and How to Orient a Map
2. Explain What Map Symbols Mean

- (Pages 338-339,350-351,353-354)  
 (Page 334)

**SCOUTMASTER signature:** \_\_\_\_\_ **Date:** \_\_\_/\_\_\_/2019