

Personal Hiking and Backpacking Equipment List

1. Back pack w/padded hip belt/belly band
2. Warm sleeping bag in waterproof stuff sack bag with two web straps to attach to pack
3. Foam pad - closed-cell foam pad, or Thermarest® pad with two web straps to attach to pack
4. Ground cloth for sleeping bag - plastic 4' x 8' (Troop issues)
5. Clothing (Winter; summer delete heavy clothes, add swimsuit and towel)
 - 1 pair cotton socks
 - 1 pair heavy wool socks
 - 1 raincoat or rain jacket
 - 1 long sleeve wool or flannel shirt
 - 1 pair long pants
 - 1 short sleeve shirt
 - 1 suit underwear
 - 1 pair-hiking boots
 - 1 pair warm pajamas or insulated underwear
 - 1 heavy jacket and cap (For warmth and best packing, we recommend an insulated vest - or wool sweater and wind breaker jacket.)
6. Mess Gear - plastic plate, sierra cup, or plastic cup/bowl, fork and spoon.
7. Toilet Kit
 - 1 soap, motel size
 - 1 washcloth
 - 1 toothbrush and toothpaste
 - 1 chap stick

1 hand towel

8. Miscellaneous Items

Small first aid kit

Pocketknife - **No Fixed Blade Hunting Knives**

Waterproof pack cover or large plastic trash bag

Flashlight - w/new size C batteries (maximum size)

Plastic Canteen (1 qt. minimum)

Personal medicine

25' 1/8" Nylon cord

Compass (optional)

Sunglasses (optional)

Insect Repellant (optional)

Sunscreen (optional)

Bible (optional)

Camera and film (optional)

Each item should be clearly labeled with scout's name!