



# Multi-Sports Session Plan

Date:

Coaches Name:

Camp Location:

Level Completing:

<b>Aims of the Session</b> <i>What you want the children to achieve/learn</i>
<b>Equipment</b>

<b>Warm Up</b>	
	<b>Differentiation</b> <i>What you will do for lower and higher ability children.</i>



<b>Main Development/Game</b> <i>This can be several small games/drills/activities</i>	