

	Objectives	Evidence to be obtained	Requirements
Level 1	<p><b>Learn</b> how to encourage children to participate different sporting activities</p> <p><b>Know</b> how to respond to different children's needs</p> <p><b>Apply</b> time management skills over the course of 1 day</p> <p><b>Achieve</b> a greater sense of confidence when working with children</p> <p><b>Understand</b> safeguarding thoroughly</p>	<ul style="list-style-type: none"> <li>✓ Evidence of a basic Safeguarding and Coaches Code of Conduct understanding.</li> <li>✓ Supporting the day-to-day running of a camp</li> <li>✓ Supervising the start and the end of camps with parents.</li> <li>✓ Proactively responding to a child's needs</li> </ul>	<ul style="list-style-type: none"> <li>✓ 100% attendance of agreed camps</li> <li>✓ Completed over 40 hours of volunteering</li> </ul>
Level 2	<p><b>Learn</b> how to deliver warm up sessions for different sporting activities.</p> <p><b>Know</b> how to recognize different children's needs</p> <p><b>Apply</b> time management skills over the course of a camp.</p> <p><b>Achieve</b> a greater sense of confidence when coaching children</p> <p><b>Understand</b> safeguarding thoroughly and how to spot any gaps in a camp</p>	<ul style="list-style-type: none"> <li>✓ Deliver a minimum of 5 small warm up games/activities (recorded &amp; evidenced)</li> <li>✓ Deliver a minimum of 2 coaching sessions independently.</li> <li>✓ Plan your coaching sessions and warm ups</li> <li>✓ Support with register-taking and children supervision</li> </ul>	<ul style="list-style-type: none"> <li>✓ 100% attendance of agreed camps</li> <li>✓ Completed over 120 hours of volunteering</li> </ul>
Level 3	<p><b>Learn</b> how to plan, deliver and adapt a variation of different coaching sessions.</p> <p><b>Know</b> how to adapt session for all children's needs</p> <p><b>Apply</b> time management skills over the course of a day and the time management of others</p> <p><b>Achieve</b> a greater sense of confidence when managing coaches and children</p> <p><b>Understand</b> safeguarding thoroughly and how to ensure your sessions meet this criteria</p>	<ul style="list-style-type: none"> <li>✓ Deliver a minimum 10 coaching sessions (recorded &amp; evidenced)</li> <li>✓ Collect and check registers that other coaches have taken</li> <li>✓ Take account of all children's needs and relay this information to other coaches.</li> <li>✓ Set up, lead and supervise lunchtime.</li> <li>✓ Help all children to master the fundamentals of movement in a fun, imaginative and progressive way.</li> </ul>	<ul style="list-style-type: none"> <li>✓ 100% attendance of agreed camps</li> <li>✓ Completed over 200 hours of volunteering</li> </ul>