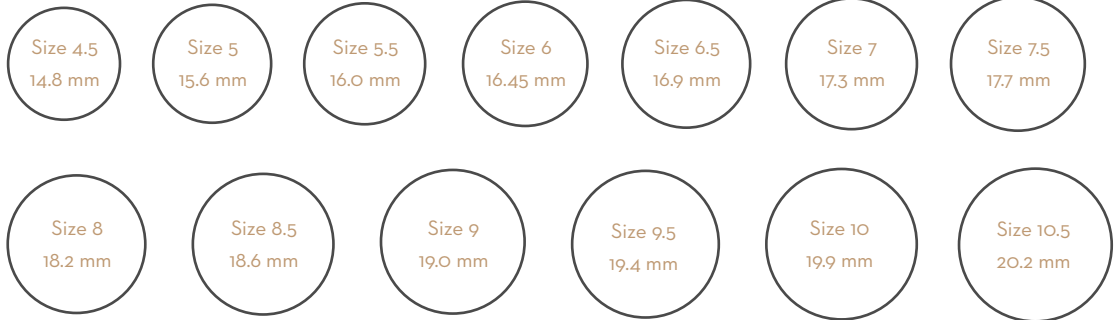# Size Guide

Print this sheet off at 100% to get accurate sizes.

── Ring Size ──

MEASURE YOUR RING

Use the circles below to place a ring that fits you over the circle making sure the inside of the ring lines up with the outside of the circle. If you are between sizes, order the larger size.
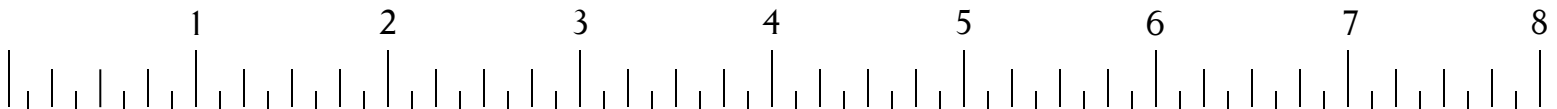
| Size 4.5 14.8 mm | Size 5 15.6 mm | Size 5.5 16.0 mm | Size 6 16.45 mm | Size 6.5 16.9 mm | Size 7 17.3 mm | Size 7.5 17.7 mm |
| Size 8 18.2 mm | Size 8.5 18.6 mm | Size 9 19.0 mm | Size 9.5 19.4 mm | Size 10 19.9 mm | Size 10.5 20.2 mm |

MEASURE YOUR FINGER

Find a piece of non-stretchy string or paper. Wrap it snugly around the base of your finger. Using a pen, mark the point on the string or paper where it overlaps, forming a complete circle. Use the lines on the right to determine your size. If you are between sizes, order the larger size.

Size 5
Size 6
Size 7
Size 8
Size 9
Size 10

── Cuff Size ──

Find a piece of non-stretchy string or paper. Wrap it around your wrist. Using a pen, mark the point on the string or paper where it overlaps, forming a complete circle. Use the ruler below to determine your cuff size. Refer to the measurements on the size options on the cuff you are wanting to purchase. If you are between sizes, order the larger size.

1   2   3   4   5   6   7   8

JUDITH BRIGHT