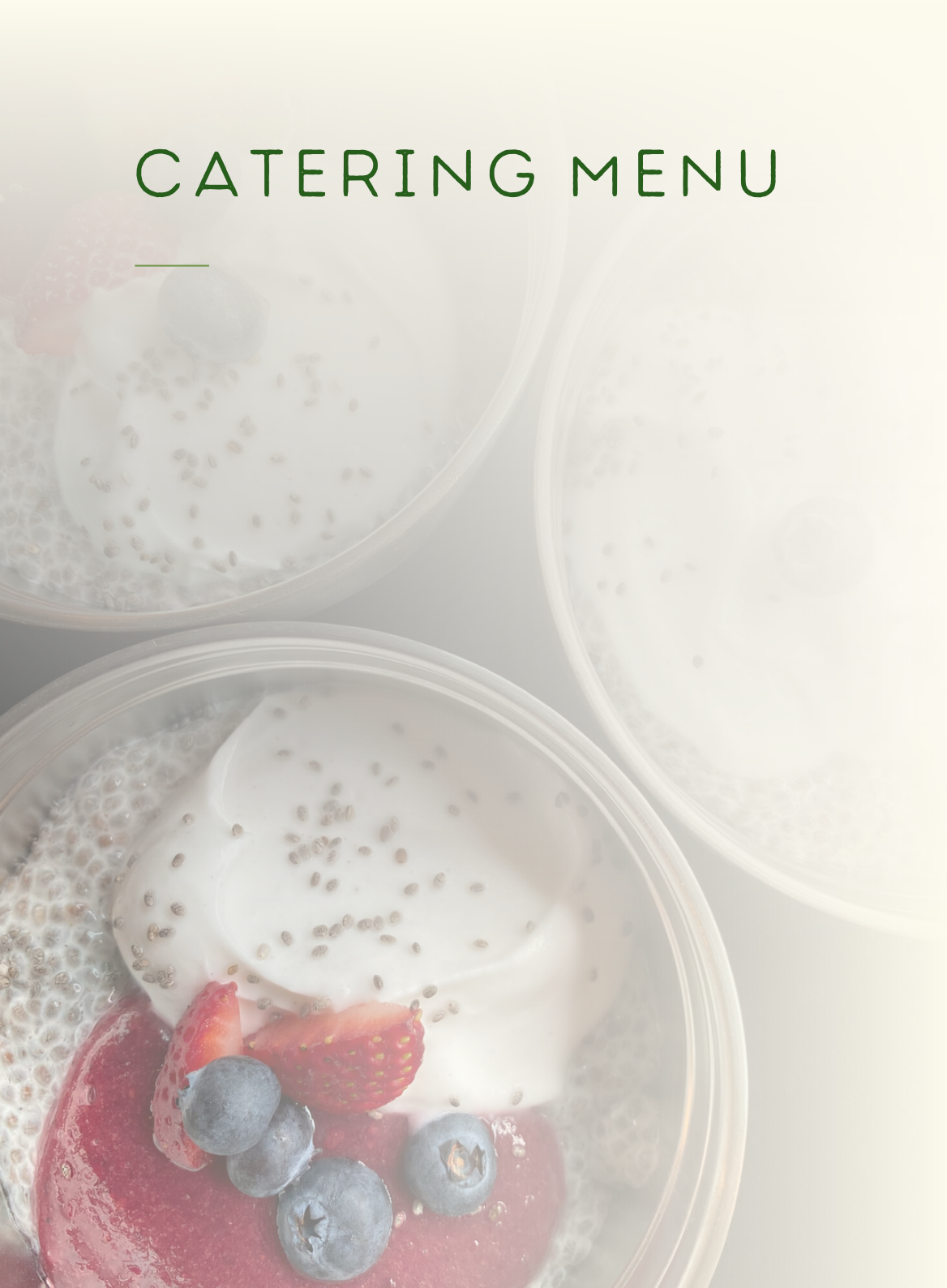


CATERING MENU



FLO

CARBON NEUTRAL CATERING & EVENTS



BREAKFAST / MT

SAVOURY EGG TARTS (v) 4.2

Assorted flavours on puff pastry

BREKKY SLIDERS (v) *Min: 6pcs* 5.5

Spinach or Bacon w/ free range egg, cheddar, relish on mini bun

EGG & BACON ROLL 12.5

Full sized bun w/ bacon, 2 free range eggs, cheddar, kasundi mayo

BREAKFAST PODS 6.5

Fresh breakfast staples

Yoghurt, Granola + Fresh Fruit (v)

Coconut Yoghurt Chia Pudding (VG) (GF)

Individual Fruit Salad (VG) (GF)

MINI CROISSANTS (v)

Freshly baked Noisette croissants.

Plain w/ Jam 4.0

Cheese 4.5

Roast Veg & Cheddar 5.0

Ham & Cheese 5.0

FRUITS & SWEETS

FRESH FRUIT PLATTERS

Assorted seasonal fruits and berries

Small (serves 4-6)	19
Medium (serves 6-12)	42
Large (Serves 12-24)	79

SWEET PLATTERS

*A selection of sweet slices
incl. assorted pastries and nut slices*

Small (serves 4-6)	23
Medium (serves 6-12)	44
Large (serves 12-24)	78





LUNCH

SANDWICH + WRAP PLATTER 12.5

Artisan sourdough sangas or tortilla wraps

- Chicken, Avo, Caramelised Onion, Leafy Greens
- Curried Egg, Lettuce, Cheddar, Leafy Greens (V)
- Ham, Cheddar, Chutney, Pickle, Leafy Greens
- Roast Eggplant, Chickpea, Capsicum, House-made Hummus (VG)

PACKAGE ADD-ONS +4.0 PER ADDITIONAL ITEM

Your choice of:

- Finger Food Small portion of sweets / slices
- Side Salad Drinks (Assorted)
- Fruit

LUNCH SLIDERS *Min: 10pcs* 5.8

Mini burgers with big flavour

- Mini Cheeseburgers
- Club Chicken Slider
- Roast Veg Slider (V)

TOASTED SANDWICHES

Hot toasted sangas w/ buttery herb bread

- Mini Cheese & Herb (V) 6
- Caramelised Onion (V) 11
- Ham & Cheese 12
- Cajun Chicken 14.5

LUNCH CONT.

SALADS

Three salads to choose from:

- 1) Cauli & Grain (VG)
- 2) Greens on Greens (VG) (GF)
- 3) Roast Veg Medley (VG) (GF)

SIZE OPTIONS

Individual Main Serve	14
Small Platter (Main feeds 2-3; Side feeds 6-8)	30
Medium Platter (Main feeds 4-6; Side feeds 12-16)	66
Large Platter (Main feeds 8-10; Side feeds 24-36)	109

SALAD TOPPERS	small	med	large
Hummus & Nuts	5	9	15
Harissa Chicken	9	14	30
The Lot (Hummus + Chicken)	14	23	45



FINGER FOOD

SAVOURY EGG TARTS (v) 4.2

Assorted flavours on puff pastry

SAVOURY PASTRIES 3.8

Served with sauce or relish. Min: 12pcs

Pork & Fennel Sausage Roll

Pumpkin & Walnut Pastry Roll (v)

Mini Gourmet Pies (Assorted)

RICE PAPER ROLLS 3.8

Served with dipping sauce. Min: 12pcs

Chicken Rice Paper Rolls (GF)

Vegan Rice Paper Rolls (VG) (GF)

SLIDERS 5.8

Mini burgers with big flavour. Min: 12pcs

Mini Cheeseburger

Club Chicken Slider

Roast Veg Slider (v)

CANAPES 3.5

Minimum order size: 15pcs

Smoked Salmon | Cream Cheese | Dill

Mini Vegetable Bruschetta (v) (VG)

Roast Mushroom | Caramelised Onion | Feta (VG)

Prosciutto | Relish | Cream Cheese

GRAZING BOARDS 5pp+

Selection of Australian-sourced deli meat, cheeses, olives, dips, breads & more.

BEVERAGES

TEA & COFFEE THERMOS' <i>1L each hot water & single origin filter coffee</i>	3.9 pp
SHARED MINERAL WATER & OJ	2.8 pp
WATER (500ML)	2.9
INDIVIDUAL JUICE & SODAS	3.8 +
BARISTA COFFEE STATION	QUOTED

Beverage package details on next page

BOOKING INFO

Lead times of 2 days are preferred.

All dietary needs accommodated.

Minimum Order Quantities (MOQ) of 12 units apply unless otherwise marked.

Staffing & Equipment Hire available.

Delivery charges may apply -
check our delivery radius on flo-zero.com.au

Pricing & options may be subject to changes.



FUNCTION PACKAGES

FINGER FOOD & CANAPES

Selection of cold, hot or mixed items.

Light: 3 pieces per person	11.5 pp
Medium: 5 Pieces per person	19.0 pp
Substantial: 7 pieces per person	26.5 pp

Option: Complete the spread by adding grazing boards, fresh fruit, sweets or salad platters

BEVERAGE PACKAGES

Package includes beer, wine, sparkling, soft drinks, juice & mineral water for selected time window.

Glassware, ice tubs, ice, table clothes also provided.

1 Hour Package	20 pp
2 Hour Package	26 pp
3 Hour Package	32 pp
Bar & catering staff	49/hr

ADDITIONAL OPTIONS

Premium wine & beer upgrade	+15.0 pp
Cocktails	16 per cocktail
Basic spirits	9 per drink



EVENTS

Our venues have capacity for groups of 20 up to 150 guests. We also have an offsite liquor license to serve food & beverages in your office, event space or home.

Flo - 412 St Kilda Rd, Melbourne.

Otis - 8 Bowen Crescent, Melbourne.



CONTACT

Please get in touch with any enquiries, we can help with quotes, package selections.

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www.flo-zero.com.au