

**WARNING:** If you are pregnant, nursing, taking any medications, planning any medical or surgical procedure or have any medical condition, please consult your health care practitioner before taking any dietary supplement. Discontinue use and consult your health care practitioner if any adverse reactions occur. This product requires adult supervision and is not to be dispensed by children. Store at room temperature. Do not use if outer bottle seal is missing or damaged.

**DIRECTIONS:** For children 1-3 years of age, take one to two (1-2) gummies per day. For children 4+ years of age, take two (2) gummies per day, or as recommended by a health care practitioner. Instruct child to chew each gummy thoroughly before swallowing.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

**WARNING:** Consuming this product can expose you to chemicals including lead, which is known to the State of California to cause cancer. For more information, go to [www.P65Warnings.ca.gov](http://www.P65Warnings.ca.gov).



CORE NUTRITIONALS®  
**CRUSH IT KIDS™**

**MULTI**

**COMPREHENSIVE  
CHILDREN'S MULTIVITAMIN**

**GREAT TASTE+ | NATURALLY FLAVORED+  
VITAL NUTRIENTS+**

**60 GUMMIES**  
NATURALLY FLAVORED DIETARY SUPPLEMENT



## Supplement Facts

Serving Size: 2 Gummies  
Servings Per Container: 30

	Amount Per Serving	% DV 1-3yrs	% DV 4+yrs
Calories	20		
Total Carbohydrates	4g	<1%	<1%
Added Sugars	4g	8%	8%
Vitamin A (as Acetate)	630 mcg RAE	210%	70%
Vitamin C (as Ascorbic Acid)	20 mg	134%	22%
Vitamin D (as Cholecalciferol)	10 mcg	66%	50%
Vitamin E (as DL-Alpha Tocopheryl Acetate)	7.42 mg	124%	49%
Vitamin B6 (as Pyridoxine Hydrochloride)	2 mg	400%	118%
Folate (as Folic Acid)	230 mcg DFE (138 mcg Folic Acid)	153%	58%
Vitamin B12 (as Cyanocobalamin)	6 mcg	666%	250%
Biotin	60 mcg	750%	200%
Pantothenic Acid (as D-Calcium Pantothenate)	5.2 mg	260%	104%
Choline (as Choline Bitartrate)	.04 mg	<2%	<2%
Iodine (as Potassium Iodide)	42 mcg	47%	28%
Zinc (as Zinc Citrate)	2.7 mg	90%	25%
Inositol	40 mcg	**	**

Percent Daily Values are based on a 2,000 calorie diet

\*\*Daily Value not established.

**OTHER INGREDIENTS:** Dextrose, Sucrose, Pectin, Citric Acid, Sodium Citrate, Natural Cherry Flavor, Natural Strawberry Flavor, Natural Orange Flavor, Vegetable Oil, Purple Carrot Juice Concentrate, and Beta-Carotene.

Manufactured in a  
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