At Core Nutritionals®, a meal is well-balanced, nutritious, and most importantly, delicious, Yet most "meal supplements" are full of filler carbohydrates, low-grade proteins, and chalky flavor mixtures that have little taste and even less nutrition. We would hate to see the "meals" these supplements are supposedly substituting.

Core MRP is a better solution — a true meal supplement, not a meal imposter. Grain-sourced carbohydrates, not fillers and high glycemic carbohydrates. Rich protein sources from high quality whey and casein, not bottom-of-the-barrel powders. Premium flavors, digestive enzymes, and vitamins and minerals from real whole foods, not whatever else was lying around. Everything your body needs in an instantized, easy-mixing, convenient, and delicious blend.†

Consuming this product can expose you to chemicals including lead, which is known to the State of California to cause cancer. For more information, go to www.P65Warnings.ca.gov.

This product is only intended for use in healthy adults 18 years of age or older. Pregnant or nursing women should not use this product. Consult your healthcare provider before using this product, especially if you are taking any prescription, over the counter medication, dietary supplement product, or if you have any pre-existing medical condition including but not limited to: high or low blood pressure, cardiac arrhythmia, stroke, heart, liver, kidney or thyroid disease, seizure disorder, psychiatric disease, diabetes, difficulty urinating due to prostate enlargement or if you are taking a MAOI (Monoamine Oxidase Inhibitor) or any other medication. Discontinue use and consult your health care professional if you experience adverse reaction to this product. Do not exceed recommended serving, Do not use if safety seal is broken or missing. Keep out of reach of children.

Add 2 scoops to 8-16 ounces of cold water (according to preferred thickness and flavor) and shake or stir until mixed. 3 scoops can be used if more macronutrients are required. Core MRP also tastes great as a pudding; just add enough water to turn it into pudding consistency, stir together with a spoon, and place in a refrigerator or freezer for 20 minutes. Core MRP is also suitable for use in baking.

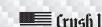
†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



>> Protect from heat, light and moisture.

>> Store at 10-25°C (50-77°F)







CORE NUTRITIONALS®

FULL SPECTRUM MEAL SUPPLEMENT

WHEY/CASEIN PROTEIN BLEND† | LOW GLYCEMIC CARBS† DIGESTIVE BLEND[†] | WHOLE FOOD BASED VITAMINS AND MINERALS[†]

BANANA NUT BREAD

NATURALLY AND ARTIFICIALLY FLAVORED DIETARY SUPPLEMENT

20 SERVINGS • NET WT. 3 LBS (1362 G)



Supplement Facts

Serving Size: 2 scoops (67,6g) Servings Per Container: approx. 20

Sodium

Potassium

** Daily Value not established

	Amount Per Serving	% Daily Value
Calories	270	
Total Fat	6 g	8%*
Saturated Fat	3 g	15%*
Trans Fat	0 g	**
Cholesterol	44 mg	15%*
Total Carbohydrate	27 g	10%*
Dietary Fiber	3 g	11%*
Total Sugars	2 g	**
Added Sugars	0 g	0%*
Protein	27 g	54%*
Vitamin A	316 mcg RAE	35%*

32 mg	36%^	Valine # 1621 mg
7 mcg	35%*	1021119
5 mg a-tocopherol	33%*	ł Essential Amino Acids
42 mcg	35%*	∦ BCAA's
0.42 ma	35%*	# The L-Tryptophan indicated is from

299 ma

280 ma

*Percent Daily Values are based on a 2,000 calorie diet.

Whole Grain Oat Flou Powder (34.4a vielding 4.7a), Whey Protein Concentrate (13.75 vielding 11g). Milk Protein Isolate (6.875c vielding 5.5a), Cross-Flow Microfil tered Whey Protein Isolate (6.1g vielding 5.5g), Coconut Oil Creamer. Natural & Artificial Flavors, Sodium Chloride Sunflower Lecithin Xanthan Gum. Sucralose. Vitamin & Minera Blend: (from Broccoli, Spinach, Kale Pumpkin, Sweet Potato, Sunflower Seed Kelp. Chlorella, Maitake Mushroom. Shiitake Mushroom), DigeSEB™ (Amylas-

naturally occurring sources of protein

Amount Per Serving

Aspartic Acid

Glutamic Acid

Cysteine

Histidine ł

Isoleucine l

Leucine #

Proline

Threonine 4

Tryptophan ₩

Methionine ł

Phenylalanine

1310 mg

707 ma

2806 ma

593 ma

4422 ma

501 mg

512 mg

1650 ma

2899 ma

2464 ma

593 ma

880 ma

1696 ma

1363 ma

1826 ma

488 ma

809 ma

Milk, Tree Nut (coconut), Wheat. Manufactured in a facility which processes Milk Egg. Fish. Shellfish, Tree Nuts, Peanuts Wheat, Sesame, and Sovbeans

es, Lactase, Proteases, Lipase, Cellulase)

Manufactured in a U.S. cGMP Facility. Distributed by: Core Nutritionals, LLC, Statesville, NC 28625. info@corenutritionals.com (888) 978-2332.

Typical Amino Acid Profile Alanine Arainine

oulonoo	LIO	
Total Fat	6 g	8%*
Saturated Fat	3 g	15%*
Trans Fat	0 g	**
Cholesterol	44 mg	15%*
Total Carbohydrate	27 g	10%*
Dietary Fiber	3 g	11%*
Total Sugars	2 g	**
Added Sugars	0 g	0%*
Protein	27 g	54%*
Vitamin A	316 mcg RAE	35%*
Vitamin C	32 mg	36%*
Vitamin D	7 mcg	35%*
Vitamin E	5 mg a-tocopherol	33%*
Vitamin K	42 mcg	35%*
Thiamin	0.42 mg	35%*
Riboflavin	0.46 mg	35%*
Niacin	5.6 mg NE	35%*
Vitamin B6	0.6 mg	35%*
Folate	140 mcg DFE	35%*
Vitamin B12	0.84 mcg	35%*
Biotin	11 mcg	37%*
Pantothenic Acid	1.75 mg	35%*
Calcium	262 mg	20%*
Iron	8.25 mg	46%*
Phosphorus	293 mg	23%*
lodine	50 mcg	33%*
Magnesium	22 mg	5%*
Zinc	3.86 mg	35%*
Selenium	19 mcg	35%*
Copper	0.3 mg	33%*
Manganese	0.8 mg	35%*
Chromium	12 mcg	34%*
Molybdenum	16 mcg	36%*
Chloride	357 mg	16%*