

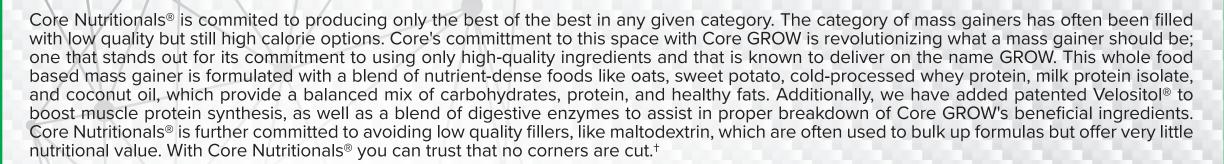
WHOLE FOOD BASED MASS GAINER

HIGH QUALITY PROTEIN BLEND† | WHOLE FOOD CARB BLEND† SUPERIOR FATTY ACIDS† | NO MALTODEXTRIN OR FILLERS† VELOSITOL™ | DIGESEB™

CHOCOLATE PEANUT BUTTER CU

NATURALLY FLAVORED DIETARY SUPPLEMENT

20 SERVINGS • NET WT. 10 LBS (4536 G)



▲ WARNING: Consuming this product can expose you to chemicals including lead, which are known to the State of California to cause cancer. For more information, go to www.P65Warnings.ca.gov

WARNING: This product is only intended for use in healthy adults 18 years of age or older. Pregnant or nursing women should not use this product. Consult your healthcare provider before using this product, especially if you are taking any prescription, over the counter medication, dietary supplement product, or if you have any pre-existing medical condition including but not limited to: high or low blood pressure, cardiac arrhythmia, stroke, heart, liver, kidney or thyroid disease, seizure disorder, psychiatric disease, diabetes, difficulty urinating due to prostate enlargement, or if you are taking a MAOI (Monoamine Oxidase Inhibitor) or any other medication. Discontinue use and consult your health care professional if you experience an adverse reaction to this product. Do not exceed recommended serving. Do not use if safety seal is broken or missing. Keep out of reach of children.

DIRECTIONS: Add 4 scoops to 16-20 ounces of cold water or milk (according to preferred thickness and flavor) and shake or stir until mixed.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Supplement Facts

Serving Size: 4 scoops (233.2 g) Servings Per Container: About 20

	Amount Per Serving	%DV
Calories	880	
Total Fat	17 g	21%
Saturated Fat	8 g	40%
Trans Fat	0 g	**
Cholesterol	90 mg	30%
Total Carbohydrate	136 g	49%
Dietary Fiber	17 g	61%
Total Sugars	36 g	**
Includes 30g of Added Sugars		60%
Protein	50 g	100%
Vitamin A	2940 mcg RAE	327%
Calcium	435 mg	34%
Iron	7.7 mg	43%
Phosphorus	753 mg	60%
Magnesium	50 mg	12%
Chromium (as chromium histidinate, chromium picolinate)	1000 mcg	2857%
Chloride	186 mg	8%
Sodium	255 mg	11%
Potassium	955 mg	20%
Amylopectin Chromium Complex (Velositol™)	2000 mg	**

^{*} Percent Daily Values are based on a 2,000 calorie diet.

** Daily Value not established.

Typical Amino Acid Profile Amount Per Serving

	Amount Per Serving
Alanine	2175 mg
Arginine	1544 mg
Aspartic Acid	4682 mg
Cysteine	970 mg
Glutamic Acid	8763 mg
Glycine	1012 mg
Histidine ł	1031 mg
Isoleucine łł	2775 mg
Leucine #	5022 mg
Lysine ł	4161 mg
Methionine ł	1195 mg
Phenylalanine ł	1947 mg
Proline	3407 mg
Serine	2516 mg
Threonine ł	2893 mg
Tryptophan III	807 mg
Tyrosine	1893 mg
Valine łł	2912 mg

ł Essential Amino Acids ∦ BCAA's

₩ The L-Tryptophan indicated is from naturally occurring sources of protein.

INGREDIENTS: Oat Flour Powder (120g, yielding 16g protein), Cold-Processed Undenatured Whey Protein Concentrate (30g, yielding 24g protein), Organic Cane Sugar, Sweet Potato Powder (*Ipomoea batatas*)(tuber) (20g, yielding 1.1g protein), Milk Protein Isolate (9.44g, yielding 8.5g protein), Coconut Oil Creamer, Sunflower Lecithin and Silicon Dioxide (flow agent)), Cocoa Powder (4.5g, yielding 1g protein), Natural Flavors, Peanut Flour Powder, Sunflower Lecithin, Sodium Chloride, Sucralose, DigeSEB™ Digestive Enzyme Blend (Amylases, Lactase, Proteases, Lipase,

ALLERGEN INFORMATION: Contains milk, tree nut (coconut), peanut, and wheat. Manufactured in a facility that also process ingredients containing milk, eggs, fish, shellfish, tree nuts, peanut, wheat, sesame, and soy.

AMY DOPECTION COMPREX POWER UP YOUR PROTEIN

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