

Key ingredients in Core POISE may:

- Alleviate the discomfort associated with PMS.<sup>†</sup>
- Support healthy thyroid function.<sup>†</sup>
- Improve mood and increase measures of well being.<sup>†</sup>

**⚠ WARNING:** Consuming this product can expose you to chemicals including lead, which is known to the State of California to cause cancer. For more information, go to [www.P65Warnings.ca.gov](http://www.P65Warnings.ca.gov).

**WARNING:** This product is only intended for use in healthy adults 18 years of age or older. Pregnant or nursing women should not use this product. Consult your healthcare provider before using this product, especially if you are taking any prescription, over the counter medication, dietary supplement product, or if you have any pre-existing medical condition including but not limited to: high or low blood pressure, cardiac arrhythmia, stroke, heart, liver, kidney or thyroid disease, seizure disorder, psychiatric disease, diabetes, difficulty urinating due to prostate enlargement or if you are taking a MAOI (Monoamine Oxidase Inhibitor) or any other medication. Discontinue use and consult your health care professional if you experience adverse reaction to this product. Discontinue use 2 weeks prior to surgery. Do not exceed recommended serving. Do not use if safety seal is broken or missing. Keep out of reach of children.

**DIRECTIONS:** Take 4 capsules daily with food. Servings can be split 2 capsules in the morning, 2 capsules in the evening.

 **Crush It!**<sup>®</sup>

<sup>†</sup>These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



**PR SERIES**  
*For Real*

CORE NUTRITIONALS<sup>®</sup>

# POISE

## FEMALE HORMONE SUPPORT

ALLEVIATE HORMONAL STRESS<sup>†</sup>  
SUPPORT THYROID FUNCTION<sup>†</sup>  
IMPROVE VITALITY<sup>†</sup>

**112 VEGETABLE CAPS**

DIETARY SUPPLEMENT



## Supplement Facts

Serving Size: 4 capsules Servings Per Container: 28

	Amount Per Serving	% DV
Magnesium (as Magnesium Bisglycinate Chelate TRAACS <sup>™</sup> )	72 mg	17%
Iodine (as Potassium Iodide)	150 mcg	100%
L-Tyrosine	500 mg	**
Turmeric Extract ( <i>Curcuma longa</i> ) (root) (95% curcuminoids)	500 mg	**
Olive Extract ( <i>Olea europaea</i> ) (leaf) (20% oJeupein)	500 mg	**
Chaste Tree Extract ( <i>Vitex agnus-castus</i> ) (fruit) (1.5% agnusides)	270 mg	**
Setria <sup>®</sup> L-Glutathione	250 mg	**
3,3'-Diindolylmethane (DIM)	200 mg	**
Pregnenolone	5 mg	**
Bioperine <sup>®</sup> (95% Black Pepper Extract)	5 mg	**

\*\*Daily Value not established.

**OTHER INGREDIENTS:** Cellulose (Veggie Capsule), Rice Flour, Magnesium Stearate, Silicon Dioxide.

 **BIOPERINE<sup>®</sup>**

BioPerine<sup>®</sup> is a registered trademark of Sabinsa Corporation.

 **Setria<sup>®</sup>**

Setria<sup>®</sup> is a registered trademark of KYOWA HAKKO BIO CO., LTD.

**TRAACS<sup>™</sup>**

TRAACS<sup>™</sup> is a trademark of Albion Laboratories, Inc.

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