

**WARNING:** This product is only intended for use in healthy adults 18 years of age or older. Pregnant or nursing women should not use this product. Consult your healthcare provider before using this product, especially if you are taking any prescription, over the counter medication, dietary supplement product, or if you have any preexisting medical condition including but not limited to: high or low blood pressure, cardiac arrhythmia, stroke, heart, liver, kidney or thyroid disease, seizure disorder, psychiatric disease, diabetes, difficulty urinating due to prostate enlargement or if you are taking a MAOI (Monoamine Oxidase Inhibitor) or any other medication. Discontinue use and consult your health care professional if you experience adverse reaction to this product. Immediately discontinue use 2 weeks prior to surgery. Do not exceed recommended serving. Do not use if safety seal is broken or missing. Keep out of reach of children.

**DIRECTIONS:** Take 1 capsule daily with or without food.

 **Crush It!**<sup>®</sup> >> Protect from heat, light and moisture.  
>> Store at 10-25°C (50-77°F)

**\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

**⚠ WARNING:** Consuming this product can expose you to chemicals including lead, which is known to the State of California to cause cancer. For more information, go to [www.P65Warnings.ca.gov](http://www.P65Warnings.ca.gov).



**CORE NUTRITIONALS<sup>®</sup>**

# VITAMIN D3

**DEVELOP<sup>+</sup> | SUPPORT<sup>+</sup> | BOOST<sup>+</sup>**

**DIETARY SUPPLEMENT  
90 VEGETABLE CAPS**

## Supplement Facts

Serving Size: 1 capsule  
Servings Per Container: 90

	Amount Per Serving	% Daily Value
Vitamin D3 (as Cholecalciferol)	125 mcg	625%

\*\*Daily value not established.

### OTHER INGREDIENTS:

Rice Flour, Hypromellose, Magnesium Stearate.

Manufactured in a U.S. cGMP Facility.  
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