

WARNING: This product is only intended for use in healthy adults 18 years of age or older. Pregnant or nursing women should not use this product. Consult your healthcare provider before using this product, especially if you are taking any prescription, over the counter medication, dietary supplement product, or if you have any pre-existing medical condition including but not limited to: high or low blood pressure, cardiac arrhythmia, stroke, heart, liver, kidney or thyroid disease, seizure disorder, psychiatric disease, diabetes, difficulty urinating due to prostate enlargement or if you are taking a MAOI (Monoamine Oxidase Inhibitor) or any other medication. Discontinue use and consult your health care professional if you experience adverse reaction to this product. Discontinue use 2 weeks prior to surgery. Do not exceed recommended serving. Do not use if safety seal is broken or missing. Keep out of reach of children.

DIRECTIONS: Mix 1 scoop with 8-12 ounces of your favorite beverage. Use twice daily for added results.

 **Crush It!**[®] >> Protect from heat, light and moisture.
>> Store at 10-25°C (50-77°F)

[†]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

 **WARNING:** Consuming this product can expose you to chemicals including lead, which is known to the State of California to cause cancer. For more information, go to www.P65Warnings.ca.gov.



CORE NUTRITIONALS[®]

COLLAGEN

**GRASS FED BOVINE
COLLAGEN PEPTIDES**

JOINTS[†] | HAIR, SKIN, NAILS[†] | BONES[†]

**DIETARY SUPPLEMENT
NET WT. 1 LB (451 G)**

Supplement Facts

Serving Size: 1 Scoop (11g)
Servings Per Container: approx. 41

	Amount Per Serving	% DV
Calories	40	
Protein	10 g	20%**
Calcium	22 mg	1%**
Sodium	55 mg	2%**
Hydrolyzed Collagen Peptides (from bovine hide)	11 g	**

* Percent Daily Values are based on a 2,000 calorie diet.
** Daily Value not established.

INGREDIENTS: Hydrolyzed Bovine Collagen Peptides (From Grass-Fed Beef).

Typical Amino Acid Profile

	Amount Per Serving
Alanine	951 mg
Arginine	816 mg
Aspartic Acid	571 mg
Glutamic Acid	1076 mg
Glycine	2327 mg
Histidine †	112mg
Hydroxylysine	100 mg
Hydroxyproline	1326 mg
Isoleucine †	150 mg
Leucine †	300 mg
Lysine †	380 mg
Methionine †	76 mg
Ornithine	15 mg
Phenylalanine †	203 mg
Proline	1572 mg
Serine	355 mg
Threonine †	200 mg
Tyrosine	60 mg
Valine †	561 mg

† Essential Amino Acids
‡ BCAA's

Manufactured in a U.S. cGMP Facility.
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