

Core LOAD is the pinnacle in glucose disposal and nutrient partitioning. Key ingredients in Core LOAD were shown to:

- Effectively reduce measurements of plasma glucose.†
- Increase nutrient partitioning capacity of myocytes.†
- Help support healthy blood glucose metabolism.†

**WARNING:** This product is only intended for use in healthy adults 18 years of age or older. Pregnant or nursing women should not use this product. Consult your healthcare provider before using this product, especially if you are taking any prescription, over the counter medication, dietary supplement product, or if you have any pre-existing medical condition including but not limited to: high or low blood pressure, cardiac arrhythmia, stroke, heart, liver, kidney or thyroid disease, seizure disorder, psychiatric disease, diabetes, difficulty urinating due to prostate enlargement or if you are taking a MAOI (Monoamine Oxidase Inhibitor) or any other medication. Discontinue use and consult your health care professional if you experience adverse reaction to this product. Discontinue use 2 weeks prior to surgery. Do not exceed recommended serving. Do not use if safety seal is broken or missing. Keep out of reach of children.

**DIRECTIONS:** Core LOAD is a potent glucose disposal agent and should only be taken when ingesting a sufficient amount of carbohydrates. Take 1 serving (6 capsules) at least 30 minutes before or no more than 60 minutes after a meal containing 80 grams or more of carbohydrates. For meals containing less carbohydrates, take a half serving (3 capsules). Do not exceed 6 capsules in a 24 hour period. Do not use for longer than 8 continuous weeks without taking a 4 week break.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Crush It



# LOAD

## HIGH POTENCY GLUCOSE DISPOSAL AGENT

30 DAY SUPPLY

VEGETABLE  
CAPS

NO PROPRIETARY  
BLENDS

GLUTEN  
FREE

DIETARY SUPPLEMENT • 180 CAPSULES

## Supplement Facts

Serving Size: 6 Capsules  
Servings Per Container: 30

|  | Amount Per Serving | % DV |
|--|--------------------|------|
| Green Coffee Extract ( <i>Coffea robusta</i> ) (bean)<br>(50% chlorogenic acid)  | 2000mg             | **   |
| GS4 PLUS® <i>Gymnema sylvestre</i> Extract (leaves)<br>(25% gymnemic acids)      | 1000mg             | **   |
| <i>Berberis aristata</i> Extract (bark) (97% berberine)                          | 774mg              | **   |
| Banaba Extract ( <i>Lagerstroemia speciosa</i> ) (leaf)<br>(20% corosolic acids) | 125mg              | **   |

\*\*Daily Value not established.

**OTHER INGREDIENTS:** Microcrystalline Cellulose, Rice Flour, Magnesium Stearate, Hypromellose, Water.

Manufactured in a U.S. cGMP Facility.  
Distributed by: Core Nutritionals, LLC, Arlington, VA 22203.  
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